

Nashoba Regional High School Athletics Department

ONLINE STUDENT ATHLETE PARTICIPATION REGISTRATION

Nashoba Sign Up Instructions

In order to participate in a sport at Nashoba Regional High School the following steps must be completed to be eligible.

1. Parents and student athletes must read the [Nashoba Student Athlete/Parent Athletic Handbook](#).
2. Parents and student athletes must take part in concussion and substance-abuse education. [Click here for more information](#).
3. **Parents and student athlete must register online on the Nashoba Athletics website by the deadline set by the athletic department.** By registering online, parents and students provide your consent to participate in athletics, your acknowledgement of our Nashoba Student Athlete/Parent Athletics Handbook, your acknowledgement that you have been provided concussion and substance-abuse education materials, and transportation permission. [Click here to find the link to the Athletic Online Registration](#).
 - Click on the link for the registration form. Scroll to bottom of page and click on Sign Up as a Family or Individual.
 - Sign Up for your secure FamilyID account by entering your family name, email address and password. You will receive an email with a link to confirm your new account. (If you don't see the email, check your spam or junk folders)
 - Click on the link in your email confirmation and then fill out the information requested on the registration form.
4. Submit a valid **physical** to the Nashoba Regional nurses' office. Physicals are valid for 13 months to the day – students with expired physicals will be ineligible to participate until a current physical is submitted. Do not assume a copy is on file. It is the student's responsibility to make sure one is handed in. [Click here for a memo regarding physical exam requirements](#).
5. Complete the **Student Emergency and Health Record (Online System)**. This form will now be included in an online system. NRHS will be using an online student registration/data validation system. This online form will replace the old "blue form." All families will receive a letter/email from the high school during the summer with instructions on how to access the system for your student. The online form only needs to be updated once per academic year.
6. **Athletic User Fee** - The Nashoba Regional School Committee authorizes the Department of Athletics to collect an athletic fee from each student-athlete participating in interscholastic sports. The NRSD School Committee has approved and adopted a new fee structure for the 2019-2020 school year for Nashoba Regional High School athletics. [New Fee Structure](#) per Student-Athlete: First Sport - \$175.00, Second Sport - \$150.00, Third Sport - \$125.00. A family cap of \$900.00 per school year will be instituted for high school student-athletes. The cap will exclude the additional fees associated with skiing, swimming, and hockey. However, high school and middle school fees cannot be combined for the family cap.

Please pay through the district ONLINE PAYMENT SYSTEM at http://www.nrsd.net/families/online_payment_center OR make checks payable to **NASHOBA REGIONAL HS ATHLETIC DEPARTMENT**. Please include your child's name and sport on the memo part of the check.

The user fee is not collected until after tryouts are complete and teams are selected. Student-athletes, who do not pay the user fee by the due date, will not be allowed to participate in interscholastic competition (games) until the user fee is paid. User fee due dates can be found on the athletics website or in the athletics handbook.

If you have any questions regarding the online registration process, please feel free to contact the athletic office.