



NASHOBA TRACK CLINIC



**Open to all NRSD Middle Schoolers
at Nashoba Regional High School
11:30 AM - 1:30 PM**

Tuesday, April 17

Jumping Events

High Jump

Long Jump

Wednesday, April 18

Throwing Events

Shot Put

Discus

Turbo Javelin

Thursday, April 19

Running Events

Hurdles

Sprints

Distance Events

Relays

Pre-Registration Cost: \$20 per Athlete per Day
Pre-Registration Ends Friday, April 13

Day-Of Cost: \$25 per Athlete per Day

Register via Google form:

<https://goo.gl/forms/LVt3BQfriTKFqJOx2>

Pre-registration is strongly suggested.

Access additional forms at <http://nrhs.nrsd.net/athletics>.

All checks should be made payable to Nashoba Athletic Booster Club.

Please put Nashoba Track Clinic in the memo line.

Send check to:

Tania Rich, Nashoba Regional High School, 12 Green Rd, Bolton, MA 01740

Questions?

Contact Ben Langelo (blangelo@nrsd.net)