

**Nashoba Regional High School Athletics Department
ONLINE STUDENT ATHLETE PARTICIPATION REGISTRATION**

Nashoba Winter Sign Up Instructions

**In order to participate in a Winter Sport at Nashoba Regional High School
the following steps must be completed by 11/21/14.**

1. Parents and student athletes must read the [Nashoba Student Athlete/Parent Athletic Handbook](#).
2. Parents and student athletes must take part in concussion education. [Click here for more information](#).
3. **Parents and student athlete must register online on the Nashoba Athletics website by 11/21/14.** By registering online, parents and students provide your consent to participate in athletics, your acknowledgement of our Nashoba Student Athlete/Parent Athletics Handbook, your acknowledgement that you have been provided concussion education materials, and transportation permission. [Click here for a link to the Winter Athletic Online Registration](#).
 - Click on the link for the registration form. Scroll to bottom of page and click on Sign Up as a Family or Individual.
 - Sign Up for your secure FamilyID account by entering your family name, email address and password. You will receive an email with a link to confirm your new account. (If you don't see the email, check your spam or junk folders)
 - Click on the link in your email confirmation and then fill out the information requested on the registration form.
4. Submit a valid **physical** to the Nashoba Regional nurses' office. Physicals are valid for 13 months to the day – students with expired physicals will be ineligible to participate until a current physical is submitted. Do not assume a copy is on file. It is the student's responsibility to make sure one is handed in. [Click here for a memo regarding physical exam requirements](#).
5. Complete the **Student Emergency and Health Record**. Students must submit the required Nashoba Regional School District Student Emergency and Health Record form to the school nurse prior to participation in interscholastic athletics. This form is a blue form that is mailed to all students over the summer, is located on the athletics website & school website, and only needs to be submitted once per academic year.
6. **Athletic User Fee** - The Nashoba Regional School Committee has authorized the Department of Athletics to collect an Athletic Fee from each student-athlete. The fee for the 2014-2015 academic year is **\$150.00** per participant per season. There will be an additional fee for ice hockey, girls' ice hockey, swimming, gymnastics, and ski participants. Financial assistance guidelines can be found on the high school athletics web page.

Please pay through the district ONLINE PAYMENT SYSTEM at <http://www.nrsd.net/index.php?id=212>
OR make checks payable to **NASHOBA REGIONAL HS ATHLETIC DEPARTMENT**. Please include your child's name and sport on the memo part of the check.

All winter user fee payments are due by December 12, 2014. The user fee is not collected until after tryouts are complete and teams are selected. Student-athletes, who do not pay the user fee by the due date, will not be allowed to participate in interscholastic competition (games) until the user fee is paid.

If you have any questions regarding the online registration process, please feel free to contact me.

Thanks,
Tania Rich
Director of Athletics