

Nashoba Regional High School

NEWS FROM GUIDANCE

May, 2009

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Senior Awards & Scholarship Evening

The Award & Scholarship Evening is planned for Monday, June 1st from 7 – 9 pm in the high school auditorium. You will receive an invitation to the evening if you are the recipient of an award or scholarship.

Course Selection Update

A list of course selections was distributed to all students in April for verification. Building of the master schedule is underway. We hope to have schedules available in early June and to be able to resolve any conflicts prior to the close of school.

Career Day Fall 2009 Needs You!

Would you be interested in participating in Nashoba's Career Day, Fall 2009? We are looking for professionals interested in sharing their careers with our students. If interested, please contact, Sue Allaire, Career Counselor at 978-779-0122; sallaire@nrsd.net

Senior Reminders!!!

The "Waitlist"

Due to the increased number of students placed on college waitlists nationwide, we remind you that if you know for sure that you are not interested in staying on the waitlist, please let the college know as soon as possible. You will free up a potential spot for someone who has chosen to stay on the waitlist.

What are your plans for next Fall?

As of May 1st, you should have deposited at one school and one school only for next fall! Double depositing is not ethical! Remember to write a short note to each school that you are not attending but that accepted you. Thank them for their consideration and tell them where you are going next year. Please also remember to thank teachers, coaches, employers and others who helped you with this process.

We will soon be asking you to complete a form to tell us what your plans are for next fall. **Year-end grades will automatically be sent ONLY to the college where you have sent your deposit.**

Once you have decided where you are attending college please come and make a pennant for our window display. Seniors are displaying their colorful pennants outside the guidance office. Come and check out all the fabulous colleges seniors will be attending next year!

Seniors, if you have not already, this would be a great time to write a thank you note to the teachers who took the time to write recommendations for you. Make sure to update them about your college plans. They love hearing about your successes.

Attention Student-Athletes

Reminder to any senior student who may participate in athletics at a Division I or Division II school that you must be registered at the NCAA Eligibility Center. <https://web1.ncaa.org/eligibilitycenter>

Fall 2009 enrollees need to request final amateur certification by signing the 10.1 statement on or after April 1, 2009. Official test scores must be sent from the testing agency. Test scores that appear on a high school transcript will not be accepted. Please use code "9999" when requesting test scores from ACT or SAT. A final transcript will be sent from the high school after graduation.

AMTRAK Discount Coupons

If you are a junior or senior planning to travel to visit colleges this spring, AMTRAK offers a discount on train travel for the student and parent for travel in the Northeast corridor. Information is available at: www.campusvisit.com/amtrak.htm

Fee Waivers for SAT and ACT Testing, some Test Prep and College Applications

Any student who qualifies for Free or Reduced Price lunch with the Nashoba District will qualify for fee waivers to reduce the financial burden of the college application process. A fee waiver can be provided to cover the cost of the PSAT, SAT, ACT and/or AP testing, the cost of sending scores to colleges, often the cost of test prep, and can also cover the cost of your college application fees. Eligible students are encouraged to see Mr. Glover in Guidance.

SAT Prep Resources

Many of you have called requesting information about SAT Prep classes or tutors. There is a list of resources available in guidance. Have your student stop by and pick one up.

Kaplan offers SAT Prep courses here at Nashoba and thus our students are entitled to a discount. In addition, students eligible for free/reduced lunch prices may receive further discounts.

Important Test Dates to Remember

Students need to register for the SAT and ACT exams by mail, phone or on-line at www.collegeboard.com or www.actstudent.org. Register now to get your preferred test site. SAT Exams will be offered at Nashoba on May 2. Our test center number is #22-176 and our school code (for the purpose of score reporting) is 220162. If you have any other questions regarding registration, please call the guidance office.

<u>SAT Test Dates</u>	<u>Registration Deadline</u>	<u>Late Reg. Deadline</u>
June 6	May 5	May 19

<u>ACT Test Dates</u>	<u>Registration Deadline</u>	<u>Late Reg. Deadline</u>
June 13	May 8	May 22

New this Spring – “Score Choice”

College Board has implemented Score Choice, an important change to the current SAT score-reporting policy. This new policy will give students the option to choose the [SAT Reasoning scores by sitting](#) (test date) and [SAT Subject Test scores by individual test](#) that they send to colleges. Score Choice is optional, and if students choose not to use it, all scores will be sent automatically. The new score-reporting feature will launch in spring 2009, and will be first available to students in the class of 2010 participating in the March 2009 test administration.

Note: Colleges which require SAT scores will specify whether you can utilize score choice, or if they require the complete test score report. Students must pay close attention to the requirements of each college to which they apply.

MCAS Based Scholarships

Stanley Koplik Certificate of Mastery

Students who are eligible to apply for the Stanley Koplik Certificate of Mastery based on their MCAS scores have until **May 27, 2009** to turn in their application to guidance. The application requires two additional achievements (e.g., qualifying AP scores or qualifying SAT II scores) which can be submitted through the end of July. If all requirements are met, the student receives free tuition at any public Massachusetts University or state college.

John and Abigail Adams Scholarship

Similar to the Koplik, this scholarship provides a tuition waiver at Massachusetts public schools. Each recipient of the class of 2009 was sent a letter in November detailing the steps required for utilization.

Current Annual Tuition

U-Mass (avg at all campuses)	\$1,618
State Colleges (avg)	\$961
Community Colleges (avg)	\$740

Save Time. Save Money. Take CLEP.

(reprinted from College Board www.collegeboard.com)

The College-Level Examination Program® (CLEP) gives you the opportunity to receive college credit for what you already know by earning qualifying scores on any of 34 examinations. Earn credit for knowledge you've acquired through independent study, prior course work, on-the-job training, professional development, cultural pursuits, or internships.

How CLEP Helps You

Save time. Depending on your college's CLEP policy, a satisfactory score on a CLEP exam can earn you from 3 to 12 college credits.

Save money. The cost of a CLEP exam is \$70 (\$72, effective July 1, 2009), a fraction of the tuition and fees for the corresponding course.

Make college more interesting. Skip general introductory courses and move on to more advanced classes, or explore new and challenging academic areas.

Satisfy a proficiency requirement. Demonstrate your ability in college math or a foreign language.

Getting Credit

Did you know that doing well on a CLEP exam can earn you the same amount of credit that you'd get if you took — and did well in — a semester- or year-long college course covering the same material?

Before you take a CLEP exam, learn about your college's CLEP policy

Most colleges and universities grant credit for CLEP exams, but not all. There are 2,900 institutions that grant credit for CLEP and each of them sets its own CLEP policy; in other words, each institution determines for which exams credit is awarded, the scores required and how much credit will be granted. **Therefore, before you take a CLEP exam, check directly with the college or university you plan to attend to make sure that grants credit for CLEP and review the specifics of its policy.**

Where to find a college's CLEP policy

Typically, a college lists all its academic policies, including CLEP policies, in its general catalog. You'll probably find the CLEP policy statement under a heading such as Credit-by-Examination, Advanced Standing, Advanced Placement, or External Degree Program. If you can't find this information, ask the admission or registrar's office for a copy of the college's credit-by-examination policy.

How much credit can you earn?

Not all colleges award the same amount of CLEP credit for individual tests. Furthermore, some colleges place a limit on the total amount of credit you can earn through CLEP or other exams. Other colleges may grant you exemption but no credit toward your degree. Knowing several colleges' policies concerning these issues may help you decide which college to attend. If you think you can pass a number of CLEP exams, you may want to attend a college that will allow you to earn credit for all or most of them.

Minimum qualifying score

Most colleges publish the required scores for earning CLEP credit in their general catalog or in a brochure. The required score for earning CLEP credit may vary from exam to exam, so find out the minimum qualifying score for each exam you're considering.

Getting credit for general requirements

At some colleges, you may be able to apply your CLEP credit to the college's core curriculum requirements. For example, all students may be required to take at least six hours of humanities, six hours of English, three hours of mathematics, six hours of natural science, and six hours of social science, with no particular courses in these disciplines specified. In these instances, CLEP credit may be given as "6 hrs. English Credit" or "3 hrs. Math Credit" without specifying for which English or mathematics courses credit has been awarded. Find out before you take a CLEP exam what type of credit you can receive or whether you will be exempted from a required course but receive no credit.

Additional stipulations

Important Note: The College-Level Examination Program has a policy that candidates may not repeat a CLEP exam of the same title within six months.

Colleges usually award CLEP credit only to their enrolled students. There are other stipulations, however, that vary from college to college. Here are some additional questions to keep in mind:

- Do you need to formally apply for CLEP credit by completing and signing a form?
- Do you have to "validate" your CLEP score by successfully completing a more advanced course in the subject?
- Does the college require the optional free-response (essay) section for the examinations in Composition and Literature as well as the multiple-choice portion of the CLEP exam you're considering?
- Will you be required to pass a departmental test such as an essay, laboratory, or oral exam in addition to the CLEP multiple-choice exam?

Knowing the answers to these questions ahead of time will permit you to schedule the optional free-response or departmental exam when you register to take your CLEP exam.

For complete details:

<http://www.collegeboard.com/student/testing/clep/about.html>

What can High School Students do over the summer?

- 1. Make a difference:** Community Service is a way to make a lasting impression on your community while exploring your own interests.
- 2. Explore a career:** Enroll in a summer course or workshop in an area of interest as a way to explore possible career areas. Network with local community members for possible internship opportunities.
- 3. Try Something New:** Take a risk and try something you've always wanted to explore and discover new talents and interests.
- 4. Achieve a Goal:** Catch up on your reading, write your college essay, or learn a new skill.

Upcoming College and Career Programs

Colleges That Change Lives Fair

Holiday Inn Boxborough Woods
242 Adams Place
Boxborough, MA 01719
May 19, 7:00 pm

Summer Programs

(Additional Summer Program Listings are available in the Career Center & on Naviance)

Physical Therapy Internship

Internship opportunity in the field of Physical Therapy is available for a junior or senior student for Summer 2009. This opportunity is unpaid, hours are flexible. If you are interested, please see Mrs. Allaire for more details.

Minuteman Career Exploratory Summer Program

Weeklong workshops in many career areas including Automotive, Electrical, Robotics, Cosmetology, CAD, Architectural Drawing, Video Production and more. Booklets are available in Guidance or register online at www.minuteman.org, or call 888-441-5749

Actors Workshop

Offers a summer teen acting workshop. For more information, <http://66.51.115.11/aw/teen/html>

Aviation Career Education (ACE) Camp 2009

Overnight camp for any junior or senior who has an interest in a career in aviation. \$895 tuition. August 3-7, 2009. For more information, call Paul LaBarre at 603-566-7586 or labarre@dwc.edu; www.dwc.edu/academics/aviation/acecamp/ace_cam_p.shtml

Athletic Training Workshop, Springfield College

July 12-16, 2009; call 413-748-5287 for details

Culinary Arts

Johnson and Wales University
July 12-17, 2009
Deadline: June 1, 2009, **For more information call, 401-598-1000**

Adventures in Veterinary Medicine

Two week sessions are offered at Tuft's University Cummings School of Veterinary Medicine in Grafton, MA. Applications are accepted until the program is full. For more information, visit www.tufts.edu/vet/avm

Mathematics for Young Scientists (PROMYS)

Six-week summer program at Boston University designed to encourage motivated high school students to explore the creative world of mathematics. PROMYS 2009 is from June 28-August 8. Applications will be available soon. www.promys.org

WPI Engineering, Science, Business and Technology Programs

WPI offers a variety of both residential and commuter summer sessions. For more information, visit www.wpi.edu/Academics/Summer. Topics include: TeenVenture Camp-learn to create your own business; Wunders- hands-on exploration of engineering, math and science for young women; Frontiers-science, mathematics and engineering; Launch- biology, chemistry/biochemistry, interactive media and game development and robotics

STEM Discovery Summer 2009

Wentworth Institute of Technology offers a 3-week course of study in Science, Technology, Engineering, and Mathematics to rising sophomores, juniors and seniors. Two summer sessions will be offered. For more information, or to apply online, please visit www.wit.edu/STEM or email STEM@wit.edu

Rensselaer Polytechnic Institute: Summer Rensselaer

A summer leadership experience of engineering design and marketing for young women who are rising seniors. July 5th-July 17th. For more information contact: Mike Gunther, 518-276-8351, gunthm@rpi.edu

The Television News Institute, Quinnipiac University

For high school juniors and seniors interested in broadcast journalism. July 6-10, 2009. For more information, contact Michael Calia, 203-582-3414, Michael.calia@quinnipiac.edu

Children's Hospital Summer Internship Program

For high school sophomores through juniors to work 25 hours/wk in various patient service areas. Application deadline is March 6, 2009. Contact: Eva Gomez at 617-355-8524 or eva.gomez@childrens.harvard.edu

Emerson Hospital Student Summer Volunteer Program

Students must be at least 14 years of age and volunteer 8-10 hours/wk. Students perform a wide variety of duties in the areas of transport, gift shop, coffee shop, book cart, reception cart and office support. This program often has a waiting list. If interested, call 978-287-3207.

Boston Architectural College Summer Academy

July 6-31, 2009, M-F 9:00am – 12:30pm
Tuition: \$1550
www.the-bac.edu/x352.xml

School of Fashion Design High School Prep Program

Four week course on Mondays and Wednesdays from 9am-2:30pm designed to familiarize students with the principals of fashion sketching, construction and patternmaking. For more information, call 617-536-9343 or SFDBoston@aol.com

Art Institute of Boston Young Artist in Residency Program

Program for high school juniors and seniors. For more information, contact Diana Arcadipone at darcadip@aiboston.edu; or call 617-585-6729. Deadline to apply is May 15, 2009.

Summer Studios: Museum of Fine Arts

Explore painting, drawing, printmaking, sculpture, video, digital photography and sound art. For more information call 617-369-3644 or visit www.smfa.edu/precollege

Wall Street 101

Learn about the financial industry at Bentley. Tuition: \$1000
July 19-July 25, 2009, Deadline: April 6, 2009
For more information, please contact: Jennifer Ehalt, 781-891-2598; jehalt@bentley.edu

Summer Trooper Program

MA State Police Academy, New Braintree, MA

This program provides insight into the role of our police in promoting and safeguarding American freedoms and rights. High School students ages 15-17 in good academic standing. July 13-17 and July 27-31. Cost: \$250, deadline 5/15/2009, space is limited. For further information call Bill McCarthy at 781-316-3166 or wmccarthy@town.arlington.ma.us.

Career Explorations: Summer Internships

Explore a career field through internships. Fee varies. For more information, contact Career Explorations Boston at 857-753-4570 or visit their website at www.ceinternships.com

TEC Summer Internships

Summer internships available in a variety of career areas for rising high school juniors and seniors. Summer internship applications are due by March 20th. Fee is \$600, Late applications are \$650. For more information contact: tec@tec-coop.org or www.tec-coop.org