

ATHLETICS

WASHO



2014
Winter
Athletics
Update



SOME OF NRHS WINTER 2014 HIGHLIGHTS

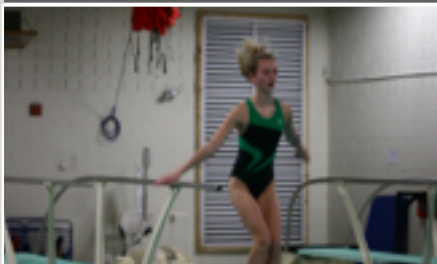
- 10 out of 10 teams qualified for playoffs
- 3 league titles (Girls' Basketball, Wrestling, Girls' Indoor Track)
- Girls' Basketball D2 Sectional Championship
- 22 Total Mid-Wach League All-Stars
- 11 T&G All-Stars
- 260+ student athletes and 72% of them made the Q2 honor roll
- Marissa Kelberman was honored by the MIAA for her third place essay for Women in Sports Day. She represented Nashoba at Faneuil Hall in February.

BOYS' BASKETBALL: 12-9

- Qualified for playoffs for the second year in a row; first home playoff game in 20 years
- Qualified for the Clark Tournament for the first time since 2004
- League All-Stars (3): Nick Campana, Kevin Connelly, Justin Pelletier



SWIM/DIVE TEAM: 1-10



Team is continuing to improve

League All-Star (1) – Haley Doyle

Haley Doyle placed 5th in the Sectional and State meet

GIRLS' ICE HOCKEY: 10-8-4

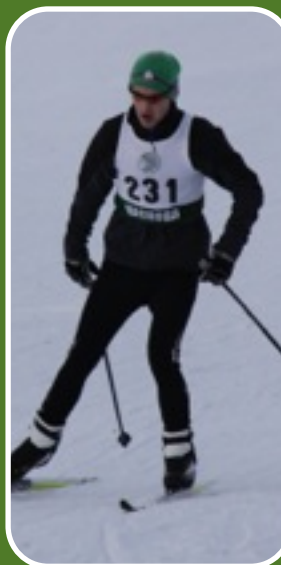


Cooperative team with Algonquin, Hudson, and Marlboro

2 Nashoba students – Janice Bolton and Caitlyn Almy

Qualified for playoffs

NORDIC SKI TEAM



Girls team finished 6th in the league and 14th in the state

Olivia Hurd finished best overall from Nashoba

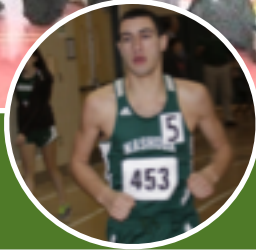
Gareth Carey finished best overall from Nashoba

WRESTLING: 18-3-1 (MW 7-0)

- Mid-Wach B League Champions (second year in a row)
- D2 Sectional Finalists
- James Kilgo, Ronan Ball, and Ed Quill Sectional Champions
- 10th place at D2 State Tournament
- 36th place at the All-State Tournament
- T&G All-Stars: James Kilgo, Richie Stamos, Ronan Ball, Ed Quill, and Jake Kennedy



BOYS' INDOOR TRACK: 2-2



2-2; 3rd place in the league

League All-Stars (3):
Mark Puleo, Matt Boelens, John Militano

D4 State Championship

- Matt Boelens placed 11th in the 1000M
- Mark Puleo placed 4th in the 2 mile

**Congratulations
Tania Rich!**

**Awarded the State
Ted Damko
Award!**



Tania Rich received the 2013-2014 State Ted Damko Award. The MSSADA Executive Board, on the recommendation of the District Representatives, will recognize one individual as recipient of the Ted Damko Award. The recipient of this award will be an athletic administrator having five or less years of experience in the field and will have made significant contributions to the school, league, district and State.

ALPINE SKI TEAM



Jenna Peabody placed 20th in Giant Slalom and 21st in Slalom

**T&G Super Team:
Jenna Peabody**

GIRLS' INDOOR TRACK: 4-0

Midwach B League Champions

MIAA District E Championship – 4th Place

MIAA State Division 4 Championship – 2nd Place

Mid-Wach B All Stars:
Kelsey Horowitz, Sara Militano and Kristina MacLure

T&G All-Stars:
MacLure and Militano



SARAH MILITANO

- Midwach B – 55M Dash Champion, 300M -2nd place
- District E – 55M Dash Champion
- MIAA State Div.4 – 55M Dash Champion, 4x200M Relay – 2nd Place
- MIAA All-state Meet: 55M Dash 2nd Place, 4x200M Relay – 8th Place
- New England Championship – 55M Dash 5th Place

KRISTINA MACLURE

- Midwach B – 300M Dash Champion, 55M Dash -2nd place
- District E – 300M Dash 2nd Place
- MIAA State Div.4 – 300M Dash Champion, Long Jump Champion, 4x200M Relay – 2nd Place
- MIAA All-state Meet: 300M Dash -10th Place, Long Jump – 5th Place, 4x200M Relay – 8th Place

KELSEY HOROWITZ

- Midwach B: Two-Mile Champion, One-Mile - 2nd
- District E: Two-Mile 3rd Place
- MIAA State Div.4: Two-Mile – 2nd Place
- MIAA All-state Meet: Two-Mile – 10th Place

GIRLS' BASKETBALL: 22-1



Undefeated
regular season
20-0

First time in
Nashoba
history!



Mid-Wach B League Champions 10-0

Undefeated regular season 20-0 (first time in school history!)

Division 2 Central Mass Sectional Champions (second year in a row!)

Division 2 State Semi-Finalists Stars (4) – Erin Cressman, Cecilia Burke, Emmalie Keenan, Kelly Poole

League All-Stars (4) – Erin Cressman, Cecilia Burke, Emmalie Keenan, Kelly Poole

T&G All-Stars: Erin Cressman and Cecilia Burke

Officials Sportsmanship Award

ICE HOCKEY: 10-8-4



- Qualified for playoffs and made it to the district semi-finals for the third straight year
- Qualified for playoffs and made it to the district semi-finals for the third straight year
- Coughlin Conference All-Stars (3): Brad Colvin, Steven Lengieza, Devyn Levesque

- Steven Lengieza – 2014 Boston Bruins-MIAA Sportsmanship Award, which is given annually to one individual from each high school ice hockey league in the state who best exemplifies the highest standards of fair play and sportsmanship.
- Alex Tepper - High School Hobey Baker Character Award; finalists for the State All-Scholastic Team

NASHOBA ATHLETICS BOOSTER CLUB

JUST ARRIVED!

A limited supply of "Nashoba" Stadium blankets are available for purchase for \$28 each. These Timberline heavy weight picnic blankets (50x60), are green fleece on one side with black nylon on the other. They fold up, have carrying straps and a closure strap with Velcro and are embroidered with Nashoba "N" logo. Send an email to NashobaBoosters@nrsd.net if you are interested in purchasing a blanket.

LIMITED SUPPLY \$28 each



LIMITED
SUPPLY
\$28

Congratulations to the Wrestling team. They were the Winter Membership Team Bonding contest winner! Girls Basketball was a close second with Boys Basketball right behind them. Thank you to everyone who participated.

Thank you for all of the support!

About the NABC

The NABC is the parent volunteer organization that supports all interscholastic athletic programs at NRHS and the Athletic Director (much like Bolton's FSSPAC, Stow's PSG & PTO and Lancaster's PTO support their school and its principal). We support the Athletic Director as requested. We act as a bank for teams. We stock and maintain the concession stand. We fundraise to help fulfill coach wish list items. We provided scholarships to graduating seniors.

Mission Statement

The NABC has been established to support, encourage, and advance the athletic program and related activities at the Nashoba Regional High School in Bolton, MA. The Booster Club is dedicated to the enrichment of the NRHS student-athletes and to the full development of the NRHS athletic program. To this end, the Booster Club will: assist in the purchase of athletic team equipment and supplies; promote and support fundraising projects and events; provide scholarships to worthy students; and otherwise assist in the athletic program at the NRHS as part of the educational experience of its students.



VOLUNTEERS NEEDED.

The Nashoba Athletics Booster Club (NABC) is in need of parent volunteers. At the end of this year, several positions (including President and Vice President) will be vacant. The Booster Club meets 4 times during the school year (three open seasonal meetings and one annual meetings). There are many manageable opportunities for parent volunteers so please consider joining us. All are welcome to just stop in and join us at any of our meetings. Contact Gigi Lengieza at gigilengieza@gmail.com if you are interested or have any questions.

Executive Board

President – Gigi Lengieza
Vice President – Tricia Thorogood
Secretary – Leigh Sarnoski
Treasurer – Amy Kunst

**Athletic
Director
Tania Rich**

Committees Board

Concessions – Linda Gothie
Publicity Coordinator/Webmaster – Open
Volunteer Coordinator – Open
Membership - YJ Kim Luke and Catherine Hammill
Spirit Apparel – Rosanna Chiodo
Scholarships/Awards – Diane Statkus
Fundraising – Helene Demmer

Nashoba Athletic Booster Club

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www.NashobaBoosters.com

This press release was provided by the Nashoba Athletics Booster Club. Graphic design by Jean Caviness. Content from Athletic Director, Tania Rich. We did our best to include as many of the season high lights as possible and want to congratulate ALL our student athletes for a terrific season!