

Nashoba Regional High School
<http://nrhs.nrsd.net>

John G. Smith, Principal
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NASHOBA Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

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From the Principal's Desk



Dear students and parents:

Welcome back to school. For those of you who are entering Nashoba Regional High School for the first time I want to extend a warm welcome to you and your families. You are about to embark on a four year journey of new challenges, new friends and exciting opportunities. I hope you all had a great summer. Our custodians have been working extremely hard both inside and outside of our building to prepare our high school for another great year. We have converted our teachers' room into a Family and Consumer science/Health classroom and we have also reconstructed our student store to allow students, faculty, parents and alumni to purchase Nashoba gear and supplies. The student store will be a joint venture involving Special Education as well as the Business department. Our track is in the process of being resurfaced so our student athletes can enjoy running on a safe and fast track. We have also ordered additional cafeteria tables to allow for a better eating arrangement at lunch.

In addition to the changes in our physical structure, we have also hired several new members to our faculty. We have hired Mrs. Tracey Calo as our new assistant principal. She will join Mr. Roche and me on our administrative team. Tom O'Brien is our new athletic director. As a full time athletic director, he will assume the responsibility of high school athletics and intramurals as well as the middle school athletic and intramural programs. Dr. David Form, formerly of Minuteman Regional Technical High School, joins us in science where he will teach biology along with Dr. Owen Murphy from St. Peter Marian who will teach chemistry, physics and freshman science. In special education, Katie Giannetti has been hired as an inclusion teacher. Katie comes to us after teaching several years at Florence Sawyer Middle School in Bolton. Dr. Glenn Williams has been reassigned to assume the role of special education department chair as well

as school psychologist for the high school. In English we have hired Jennifer Panarelli who comes to us from the University of Hawaii at Hilo. In social studies we have hired Melissa Snediker and Matthew Brown. Melissa is a recent graduate of Providence College while Matthew Brown comes from teaching history at Scituate High School. Elaine Beckett who was part time with us will be teaching additional courses in health. Carie Holman, a Spanish teacher from St. Mary's High School in Worcester, joins our world language department as a full time Spanish teacher. Finally in math we have hired Heather Riley who recently taught math at Waltham High School. All of these new hires will allow us to make our class sizes smaller, bring new ideas to the profession of teaching and expand our current offerings.

This year all of our students will arrive on Tuesday, September 5th. We will have a freshman orientation in the auditorium to begin the day while all the other classes will go to their respective homerooms. Teachers will be available to escort freshman to the auditorium to meet the administration and members of guidance. Our assistant principals, Jeremy Roche and Tracey Calo, will review the student handbook, outline how our schedule operates and answer any questions that students may have. After this orientation all freshman will be escorted to their homerooms for additional information including locker combinations, as well as necessary paper work for the main office. All students will participate in an abbreviated schedule the first day to become acclimated to their new schedule.

As always, I look forward to the start of a new school year. Please feel free to stop by and say hello.

Sincerely

John G. Smith
Principal

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Spotlight

Nashoba Educators Selected to Participate in 2006 Microsoft US Innovative Teachers Forum

Microsoft Education Program Recognizes and Rewards Exemplary Learning Teams

Mary Marotta and Leslie Carroll of the Nashoba Regional School District and Nicole Tomaselli of the Nashua, NH Public Schools were selected from a national pool of candidates to participate in the 2006 Microsoft US Innovative Teachers Forum. The US Innovative Teachers Forum is one of a series of regional events hosted by Microsoft around the world as part of the Microsoft Innovative Teachers Program. The forums are designed to recognize and reward outstanding examples of educators collaborating and sharing expertise to build collective knowledge.

Mary, Leslie, and Nicole were one of twenty-five learning teams invited to the US Forum. In recognition for their outstanding efforts Microsoft will pay for their travel to the Microsoft Corporate Campus in Redmond, Washington, to participate in the event on September 21st and 22nd. A subset of US Forum participants will be selected to represent the United States at the worldwide Microsoft Innovative Teachers Forum in Philadelphia, Pennsylvania, in November 2006.

Since 2002 the Microsoft Innovative Teachers program has connected a community of educators who share a common interest in enhancing teaching and learning through the use of technology. The program provides classroom learning and professional development resources, and recognizes and rewards teachers who demonstrate exemplary use of technology in the classroom, with their peers, and for their own professional development and productivity.

For more information on the Microsoft Innovative Teachers Program please visit: www.microsoft.com/education/innovativeteachers.mspx

It's Not Too Late....



Winners of the "Kick Back and Read" summer reading program will be announced on Friday, September 15. If your student has not yet entered, there is still plenty of time to read at least one book, complete the form and enter it in the Media Center. The brochure and reading list for this program is still on the NRHS home page, in the Media Center, the Principal's Office and in the local public li-

braries. Five lucky students from each class will win a \$20 gift certificate to Borders Books. Many thanks to the NRHS Endowment Fund for sponsoring this program.

From the Media Center

This new school year will bring several changes to the NRHS Media Center.

First, I am sad to report that Mrs. Mary Hamblin, Media Center Aide has retired after 23 years of devoted service. To say this is a huge loss to the Media Center and to students and teachers alike would be an understatement. We will miss her good cheer, her good advice and her terrific baking skills.

Other changes in the Media Center this year are apparent on the Media Center home page (<http://nrhs.nrsd.net/mediacenter.php>). Students and teachers can now access the Media Center's catalog from anywhere in the school via a link from this page. As always, anyone can access our MassCat catalog from home via an Internet connection. If you have a moment, check out the rest of the Media Center home page. This page is designed to assist students with their school work and research both in school and at home.

Thanks to Mrs. Hoover and the ASC tutors, freshmen and new students will receive their Media Center Orientation and Welcome through their Directed Studies within the first week of classes.

Finally, there have been some rule changes in the Media Center. These are spelled out in the link "Expectations for Behavior in the Media Center." These rules will be shared with all students who use the Media Center for campus study and for classes.

I hope that you will take a few minutes to visit the Media Center when you attend the Parents' Open House on September 20. You might just win an apple pie from Bolton Orchards!

As always, I welcome your comments, concerns and suggestions.

Patricia J. Fontes, Library/ Media Director

Notes from the Nurses:

Immunizations and Physical Exams:

All students entering the High School must be up to date on all state mandated immunizations. Failure to meet

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state requirements will result in the student being excluded from school until requirements are met.

Student(s) **will not be allowed to start school on September 5, 2006.

In addition, a physical exam, performed by a physician, is required for all students to try-out/play competitive sports. Remember to forward a copy of the exam to the Nurse's Office. (The appropriate information will be directed to the Athletic Director).

A new physical exam is required for all students in 10th grade whether or not they play sports.

See the attached letter in regard to the dangers of meningococcal disease (meningitis).

Medications:

ALL MEDICATIONS (including over-the-counter) require a written physician's order. No medication will be administered to your child without an order on file. Obtain the medication order at the time you visit your child's physician. Medication forms were mailed out with June's newsletter or the doctor may use one from his or her practice.



Health Issues:

Chronic health issues such as seasonal allergies, asthma, diabetes, serious allergies which require Epi-pen, and others may require an *individual health care plan*. If your child falls into any of the above mentioned categories, please make an appointment to see the school nurse if you have not done so already. *Our phone number at the high school is (978) 779-2257 ext. 1 or ask your child's physician to write a Health Care Plan and mail us a copy.

Vision and Hearing Screening:

The Nurses' office will be conducting the annual state mandated *Hearing and Vision Screening on October 3-5, 2006*. The purpose of these screenings is to detect early signs of possible hearing and/or vision problems in students in grades 9-12. It is not a diagnostic service but a screening to identify young people who require further medical evaluation. If your child has any unusual findings, you will be contacted and asked to take the child to a physician as a precaution. If your child was prescribed glasses or contact lenses, *please make sure that your child comes to school with them and especially on the screening dates*.

** Update on Absence Reporting:

If your child will be absent for **five consecutive days** it is required that you submit a note from the physician detailing the illness. Please feel free to contact the nurse if you would like to discuss any medical issues concerning your child.

We will be back in our office on 8/30/06.

Migdalia, Marilyn, and Linda, High School Nurses

Student Council News

Welcome back Nashoba! Student Council will be holding meetings every other Wednesday at 6 PM in room 151. September meetings are the 13th and 27th. Any student interested in joining Council should listen for announcements mid-September or see Mrs. Peer in room 151. We have elected a new executive board for the 2006-2007 school year: President Liz Pane, VP Chelsea Newton, Secretary Sarah Harvey, Treasurer Kerin Murphy, PR Betsy Hagermoser, Webmaster Laura O'Neil, and Events Calendar Emily Jacobs. We are looking forward to an exciting year!

England, Ireland, and Wales: April 2007



Plans are in progress for this school year's European trip. It is a 10 day excursion to England, Ireland, and Wales. This trip is offered for adults, but any students may come if accompanied by an adult. The trip is during the April school vacation. We plan to leave after school on Friday, April 13th for an overnight flight and we'll return on Sunday, April 22nd. The itinerary is quite detailed and available for anyone to pick up now. In England, we will spend two nights in London and one night in Chester. In Ireland, we will spend one night in Tramore, one night in Killarney, one night in Limerick, and one night in Dublin. In Wales, we will spend one night in Cardiff. You will notice the itinerary mentions some free time during which you are on your own to explore.

The cost of the trip is approximately \$2000. The 2007 prices will not be available until October at which time I will know for sure the exact price. The program price includes: roundtrip air transportation from Boston, overseas airport transfers, hotels, 2 buffet breakfasts, 6 full English breakfasts, 4 three-course dinners, ground transportation (bus and ferry), tour guide, and sightseeing/activities as per the itinerary. The only other added expense is tip money for our tour guide and bus driver, optional excursions, lunches, and spending money. There

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is also an optional insurance you may choose to purchase. Hotel accommodations are in double rooms.

The tour company I am using is Cosmos. I have traveled with them many times and have not been disappointed. They are very good, but not luxurious.

If you want more information and/or an itinerary, please come see me in room 157 or 164, email me at kmchale@nrsd.net, or call me at 978-779-2257 #4164. Thank you! Mrs. Kathy McHale

Quebec City Educational Tour

A trip to Quebec City is planned for all Nashoba students who currently study or have studied French with Mrs. Winter or with me, Mrs. McHale. The date for this trip is the Martin Luther King long weekend in January. We will leave by coach after school on Friday, January 12th and we will return to Nashoba on Monday night, January 16th. The cost of this trip is approximately \$600 based on 40 travelers. It includes roundtrip transportation via a luxury motorcoach, three nights in a hotel, three breakfasts, two dinners, admission to all services as per the itinerary, a tour guide trained in first aid and CPR, a nighttime hotel security guard, and liability insurance.

It does not include the two supper stops to and from Nashoba Friday and Monday, lunches, medical and/or cancellation optional insurance, tips for the tour guide and bus driver, and of course, spending money. Rooming is in quads in 2 double beds. A double and/or single room is available for an additional supplement.

Some of the highlights of the trip are visits to the: Plains of Abraham, Parliament Building, Chateau Frontenac, Musee de la Civilisation, Sainte Anne de Beaupre Shrine, and Montmorency Falls. Some activities include dinner at the Huron Village where Native American Indians explain how their tribe survived, and the "piece de resistance" is an afternoon of innertubing at the Village des Sports.

The tour company used is Jumpstreet Tours from Montreal. I have traveled with Jumpstreet since my arrival to Nashoba 20 years ago. They treat each client as family and I trust them implicitly to give us the most educational, fun, safe, and economic trip possible.

In addition to present and former French students, their family and friends are also invited to come on this trip. Payment is due in October/November, so if you are interested in coming please contact me as soon as possible for complete information. I will be handing out a complete itinerary very soon. You can reach me at 978 779-

2257 # 4164 or email at kmchale@nrsd.net. We will have a "fantastique" time!

Kathy McHale, French teacher

Trip to Northern Italy and Switzerland

Harold Becker, Latin teacher at NRHS, will be leading a tour to Northern Italy and Switzerland during April vacation (the third week in April). The ten day trip will include stops in Florence, Venice, Verona, Cinque Terre, the lake district of Italy, Pisa, and Lugano in Southern Switzerland. We will be traveling with the travel company ACIS.



Please contact Mr. Becker, in room 165 (or email hbecker@nrsd.net) for registration information.

OVERNIGHTS: Versilia 4, Abano 2, Lake Maggiore 2

HIGHLIGHTS: Florence • Michelangelo's *David* • Lucca • Pisa • Boat Ride along the Cinque Terre • Carrara's Marble • Ravenna • Venice • St. Mark's Square • Padua • Verona • Lugano

DAY 1: —Depart from the USA.

DAY 2: VERSILIA—Arrive in Milan and drive to Versilia. Marvel at the glorious Mediterranean coast with its endless beaches.

DAY 3: VERSILIA—Drive to **Florence**, the Cradle of the Renaissance, for sightseeing with headsets. See the impressive **Duomo**, Ghiberti's *Baptistry Doors*, **Santa Croce** and Michelangelo's *David*. The afternoon is free to shop for fine leather or gold. Return to Versilia in the evening.

DAY 4: VERSILIA —Journey to the walled town of **Lucca**. Its Romanesque and Gothic cathedral is considered to be one of the most spectacular in Tuscany. Continue to **Pisa** to see the famed **Leaning Tower**.

DAY 5: VERSILIA—View the breathtaking Mediterranean coast from a different perspective: by boat. Cruise by the **Cinque Terre**, a group of five coastal towns built along cliffs, amongst olive groves, and connected by a winding trail. See glorious red and pink hued villages that overlook dramatic cliffs on this spectacular excursion.

DAY 6: ABANO—Today drive to **Carrara** to view the marble quarry from which Michelangelo found the stone for *David*. Continue across breathtaking scenery to **Ra-**

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venna to see its famous mosaics. Travel to the spa town of Abano, set in the Euganean Hills.

DAY 7: ABANO—Travel this morning to **Venice**. Ride along the Grand Canal under the **Rialto Bridge** to incredible **St. Mark's Square**. Use your ACIS Walking Tour to learn about Europe's Gateway to the East.

DAY 8: LAKE MAGGIORE—Journey to historic **Padua**, where you see the **Basilica of St. Anthony**. Stop next in **Verona**, Romeo and Juliet's delightful home, to see the famous **Roman Arena**. Continue to Lake Maggiore for the evening.

DAY 9: LAKE MAGGIORE—Today's Alpine scenery is the highlight of your full day excursion. Drive around Lake Maggiore and stop in the Swiss town of **Lugano** for a visit.

DAY 10:—Depart for the USA

Nashoba Friends of Music

The Friends of Music will hold their first meeting of the year on Thursday, September 7th at 6:45 PM in the band room. Topics will include a possible Music Department trip in the spring, UMass Band Day, Concert planning, and fundraising. For detailed information about the Friends of Music and Nashoba Music Department activities, please visit the FOM webpage at www.nashobamusic.com. Please note – all remaining FOM meetings will be held on the second Tuesday of each month.



The Pep Band begins another exciting season of outdoor musical performances with the opening of football season versus Clinton on Friday night, September 8th. In preparation for the season, rehearsals will be held for the percussion section only on Monday, August 28th from 6:00-9:00 PM in the band room and for the full band on Tuesday, August 29th from 6:00-9:00 PM. Come on out and show your Nashoba Spirit!

September 2006 Friends of Drama News

Nashoba Drama is looking forward to another great year! All students and parents are welcome to join us by participating in the Drama Society and the Friends of Drama. Our first meetings will be on **Wednesday, September 6** outside the NRHS auditorium. Drama Society will meet at 6:00 PM; Friends of Drama meets at 7:00 PM

Drama activities begin as the school year starts. The annual **Friends of the Arts Ad Campaign**, done in partner-

ship with the Friends of Music, actually begins in August. Each year parents and supporters of Nashoba High School's musicians and thespians unite to raise funds for the Performing Arts and the many Nashoba students who participate during the academic year. Businesses, families, and community members show support for our young adults by purchasing ads that appear 10 times throughout the year in program booklets for each concert or drama production. Audience members are reminded of these Arts supporters every performance, and encouraged to patronize the businesses and services advertised. Performers are grateful for the support that allows them to provide high quality productions. It's win-win all the way around. This is our major fundraiser – help is needed in soliciting and following up on ads! The work is completed by mid-October in time for printing programs for the first show of the year. *Please join us in this effort.* Contact Trisha McNally (trishaamcn@aol.com) for more information.

As of press time, we do not know the identity of the **Fall Play**. Be on the look-out for posters at the school! Auditions are scheduled for Sept. 11th and 12th from 6:30 - 8:30 PM in the auditorium. (Note: students attend only **one** night.) Play rehearsals will be 6:30 - 8:30 Mondays and Wednesdays with an occasional weekend (mostly for the leads). The Fall Play will be performed on November 17th and 18th at 7:30 PM.



The Drama Society handles the face-painting booth at the **Bolton Fair**. This is a popular booth and a fun way for students to raise funds to support Nashoba Drama. Mark your calendars for the weekend of September 22.

We're looking forward to seeing you at the **FOD meeting on September 6**. For more information, contact FOD co-presidents Trisha McNally (trishaamcn@aol.com) or Donna Capone (GoToLindsay@aol.com); or contact Drama Society presidents Lindsay Capone (gotolindsay@aol.com) or Drew Arvin (MooseFather89@aol.com).

Endowment Board Awards Grants

In May the NRHS Endowment Board voted to award four grants totaling \$1550. Each grant application was submitted by a Nashoba staff member and was determined to clearly benefit the educational experiences of students at Nashoba Regional High School. The Endowment Board reviews applications and awards grants twice yearly, once in December and again in the spring. In the past, the board has helped fund circulation software for

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the library, a public address system, multi-media computer carts, and various educational programs and supplies. The most recent grants include:

- A digital camera for the photography club
- Supplies and material needed for student murals
- Cash prizes for the school library summer reading program
- Funds to launch the Environmental Science Club.

The NRHS Endowment board is appreciative of all staff members who have submitted grant applications in their efforts to continually enrich Nashoba Regional High School, and grateful to all generous donors who help make the grants possible. The board raises funds through select fundraising activities, and with an annual appeal letter which is mailed to Nashoba families every fall. Thanks for your past and ongoing support!



Nashoba Regional Scholarship Foundation is Looking for New Members!!!

Freshmen parents, as well as returning parents, the Nashoba Regional Scholarship Foundation (NRSF) is looking for new members to join this very important organization. All parents/guardians and community members are welcome to join. The NRSF is a non-profit, tax-exempt organization and a chapter of Dollars for Scholars that provides scholarships for Nashoba Regional High School students. Throughout the year, the NRSF works hard to raise money that is later awarded to students. The foundation is also responsible for maintaining, as well as selecting recipients of the many community based scholarships throughout Bolton, Lancaster and Stow.

We ask that you consider donating some time to this worthwhile cause. Join the NRSF and help "strengthen the world one student at a time." Our officers for the upcoming year are, Julie DeSisto - President; Pete Masters - Vice-President; Pam Allison - Treasurer; and Karen Lawrence - Secretary. If you have any questions or would like more information about NRSF, please contact Bonnie Amos at 978-568-8541.

Destination Imagination (DI) at Nashoba 2006 – 2007



Can you believe it the new school year is ready to begin, and so is DI. For those who may not be familiar with the DI program, Destination ImagiNation, Inc. is a non-profit organization offering a global, youth-centered, creative problem-solving program. Destination ImagiNation emphasizes creativity, problem solving and teamwork. DI Challenges have open-ended answers, empowering participants to create solutions that are imaginative, original, divergent and ingenious! Students work together in teams to tackle these challenges under the direction of a team manager.

If you would like to join a team of up to 7 members and solve one of the interesting and fun challenges this year, that would be great. I have attached a copy of the 2006-2007 challenge summary. In addition, you can go to the Massachusetts DI site at www.madikids.org and you will find additional information about the DI program as well as the challenge summaries.

I will have a DI mail box in the main office with registration forms and informational table at the High School's open house in September. I will also hold an informational meeting on Monday, October 16th, at 7 PM at Papa Gino's in Stow. Please join me for a short meeting (1 hour) where I will answer any questions you may have. I will have copies of the full challenges for you to review as well as sign up for a team. Please bring money for any food you may want during the meeting.

We look forward to a great year as the challenges look to be fun, interesting and of course challenging. If you have any questions or if anyone would like to coach a team or be an appraiser for a team, please feel free to contact Debbie Woods at dwoods453@aol.com or 978-897-1779.

PTSA News Second Chance for Student Directory

As you know, the PTSA sells the student directory every year. This is a major fund-raiser for us. We are trying to increase participation this year, and we need your help. Since we cannot publish any child's name in the directory without parental permission, it is important that you indicate on your registration verification form that it is OK for your child to be included. If you did not, please write your child's name here: _____ and return this page to the main office. If you have any questions, please call Carol Kallander, 978-779-0757 or Jane Lively, 978-897-9462.