

# NASHOBA Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

**Jeremy Roche, Principal**  
**Tracey Calo, Assistant Principal**  
**Brian Cote, Assistant Principal**

High School Office (978)779-2257

<http://nrhs.nrsd.net>

Guidance Office (978)779-0122

Volume 9 Issue 9

May 2008

## From the Principal's Desk



### Nashoba's Accreditation:

I wanted to share with our community that NRHS is now fully accredited without any warning status areas per the New England Association of Schools and Colleges. As we developed the most recent special progress report, NRHS remained on *Warning* status for the Leadership and Organization standard. As such, we reflected on the areas that we needed to address and sought methods to unify our curriculum and make the appropriate modifications to our master schedule. Though we have more work to accomplish for our five year report due in March 2009, this outcome is a validation of the outstanding faculty, students, and communities for which we serve. For more information on any or all of our reports and the subsequent responses, please access the materials posted within the Accreditation tab on the NRHS web site.

### Congratulations to the NRHS Math Team:

The Nashoba Varsity Math Team qualified for the New England Mathematics Championship by placing 4th in the State-wide championship meet. This is the first time that the team has been invited to the New England meet. Nashoba defeated Wayland, Wellesley, Weston, Deerfield, and St. John's (2005 New England champion) in the contest. Good luck to the Massachusetts winners as they seek to unseat Connecticut's Choate Rosemary Hall—the 2007 medium-size school champion on May 2<sup>nd</sup>. Nashoba's team includes Ian Stevenson (captain), Aaron Wassall, Jacob Kopczynski, Zachary Wassall, Thomas Granger, and Campbell Hewitt. Coaches Pat Clark and Sylvia Bullock have done a tremendous job leading the team these past four years and the entire group's efforts are impressive.

### Senior Exams:

The senior final exam schedule begins on Tuesday, May 27<sup>th</sup> and runs through Friday, May 30<sup>th</sup>. These dates culminate the completion of the seniors' academic experience here at Nashoba Regional High School and within our school district. There are, however, further dates of importance including the Senior Awards Ceremony (6/2), the Senior Banquet (6/5), and most importantly the graduation

ceremony (6/8 at 12:30). We at NRHS are very proud of the roles that we have played in contributing to the opportunities and successes that so many of our students will now apprise themselves; however, it is, has been, and will continue to be a true team effort between our faculty and staff, the students, and the families which support them and lay the groundwork. We sincerely congratulate you all on the graduation of your son or daughter and wish them the best in their future endeavors.

### MCAS Schedule:

The upcoming Mathematics MCAS tests are scheduled for May 21<sup>st</sup> and May 22<sup>nd</sup> for all sophomores. In addition, the science MCAS tests are scheduled for June 3<sup>rd</sup> and June 4<sup>th</sup>. Sophomores who have not completed a science during their freshmen year will take the Biology MCAS while all other students enrolled in the Engineering to the Future course will take the corresponding Technology/Engineering MCAS. Finally, a US History tryout test will be scheduled for May 27<sup>th</sup> and May 28<sup>th</sup> for all juniors. The full schedule can be accessed at the following link: <http://www.doe.mass.edu/mcas/cal.html>. If you have questions, please call the main office.

### Community Competition Complex Pledge Form:

Attached you will find a brochure that provides an opportunity for families within our school community to contribute to the turf field and track project. If you have questions, please do not hesitate to contact us at the high school or at the main district office or access the flyer at the following link: [http://www.nrsd.net/resources/editor/plugins/filemanager/turf\\_field\\_flyer.pdf](http://www.nrsd.net/resources/editor/plugins/filemanager/turf_field_flyer.pdf). We thank you for your anticipated report.

### Nashoba Football Golf Tournament:

The 8<sup>th</sup> annual Nashoba Football Golf Tournament is fast approaching and will be held at Holden Hills Country Club on Saturday, May 17 at 1:00. Proceeds support the football program which is just one of many excellent activities that benefit the students here at NRHS. Flyers are available on the counter in the main office.

(Continued on page 2)

## **PARENTS OF SENIORS:**

### **ONCE IN A LIFETIME OPPORTUNITY**

As Graduation approaches, please be aware that when the senior students pick up their cap and gowns they will also be taking their cumulative school records. These records include our *only* copy of the health/immunization records as well as accumulated educational material. Please keep these records in a safe place as you will need copies in the future for college and employment. Remember to keep the original record and make copies as needed.

The transcript is the only document the school keeps on file. It will be available for sixty years.

### **A GREAT TIME HAD BY ALL**

I recently returned from a trip to Rome, Florence, Pisa, Nice, Monaco, and Paris with a group of 42 Nashoba students, teachers, family, and friends. The 10 day trip was a great success. Highlights included visits to the Vatican, the Colosseum, the Leaning Tower of Pisa, the seaside resort city of Nice, the palace of Monaco, the Eiffel Tower, and Versailles Palace to name a few. We experienced the culture of each country, learned a lot of history of each country, and tasted many different dishes in each country. In spite of the little sleep we all got, we went non-stop all day, every day. By the end of the week Mrs. Offt (who wore a pedometer all week) reported that we walked 35 miles!



I would like to express a big thank you to everyone who came on this trip. They are the ones who made it the success that it was. I was very impressed with the group. Everyone got along well with each other, and everyone was very well behaved, polite, and appreciative at all times. The hotel staff praised our Nashoba students for their fantastic behavior as did strangers who had any contact with us either in hotels, restaurants, or on the streets. Nashoba people are friendly and welcoming and a pleasure to be with.

I am of the belief that travel is the best education. I offer a trip every year for students, and adults are always welcome to come along. I have been doing this since my arrival at Nashoba in 1986. One year I offer a big trip to another continent either for the April vacation or for a longer time in June depending on the destination. On the other year I offer a long weekend trip to Quebec during the Martin Luther King weekend in January. The Quebec trip will be my next one, next January. (Read the article on Quebec included in this newsletter) There may be other trips being planned by teachers for next school year. Consider going on one of them. The one place that I really want to visit is Alaska, but that will not be a student trip. I'd like to go with a group of adults who may, of course, bring along their kids. It will be in late June of 2009. Send me an email at [kmchale@nrsd.net](mailto:kmchale@nrsd.net) if you think you may be interested in coming. I have begun doing the research on it.

I want to take this opportunity to express a big thank you to everyone who came to Europe with me and especially for the gifts you bought me. I absolutely love the pillow case tapestry of the sights of Paris and the 4 paintings of Paris. These are gifts I can keep forever and ever. If you are a parent of one of my travelers, you should be proud that you raised such a great kid. Don't ever lose the desire to travel! *s/Kathy McHale*

### **ROBOTICS TEAM COMPETES IN BOSTON REGIONAL**

On March 28-29, the Nashoba Robotics Team competed at the FIRST Robotics Boston regional competition. One of the 41 regional competitions which took place all over the country, this event was held at Boston University's Agganis Arena and featured robots built by 51 high school teams.

This year's challenge involved two competing alliances of three robots each racing around a 54 ft. playing field while manipulating "trackballs" (40 in. diameter inflated balls weighing about 7 lbs.). Across the center of the field was a 6.5 ft. tall overpass holding four trackballs. Once the game began, the robots would rush to take the trackballs down from the overpass and push them counterclockwise around the track. Points were awarded for each lap around the track, for passing a trackball above or below the overpass, and for placing the trackball securely on top of the overpass at the end of each match. Each match of the competition was divided into two segments. The first segment, "Hybrid Mode," lasted for 15 seconds in which the robot operators could only pass four different signals to the robot using a television remote. Following hybrid mode was a two-minute teleoperated period where robots were controlled remotely.

*(Continued on page 3)*

By the end of the first day of competition, the Nashoba robot was ranked in the top 10. However, after facing some of the competition's best robots on the second day, it placed 14<sup>th</sup> overall. This year the team learned and improved a lot on sophistication of design, team organization, and strategy. In particular, the robot proved especially effective at scoring points during hybrid mode and at preventing other teams from putting trackballs on the overpass. Overall, it was a successful season and the team is looking forward to another great year.

The team would like to give a special thanks to all of its sponsors without whom participating in FIRST would be impossible. Some of the team's largest sponsors include Cisco Systems, Intel, IBM, BOSE Corp., ET&L Corp., Cobham Defense Electronic Systems, and the Nashoba Regional School District. The team would also like to thank Mr. Fordiani, Mr. Stickler, Mr. Lidstone, and a number of parent mentors who invested large amounts of time allow us to be successful. To learn more about the Nashoba Robotics Team or see pictures of the competition, please visit [www.nashobarobotics.org](http://www.nashobarobotics.org).

## UPCOMING TRIPS FOR 2009

### Quebec City Trip: January 2009

Bonjour! I am French teacher Kathy McHale at Nashoba Regional High School and I am in the process of planning my next trip. It will be to Quebec City during the long Martin Luther King weekend next year. The dates are Thursday, January 15<sup>th</sup> to Sunday, January 18<sup>th</sup>. We will leave Nashoba by coach bus after school on Thursday. Friday will be a missed day of school but will count as an excused absence as a field trip.



Our itinerary includes a tour of Quebec City where we will see the Plains of Abraham, Parliament, Chateau Frontenac, Place Royale and more. We have lots of activities planned. On Friday we will go ice fishing, partake in a 17<sup>th</sup> century meal at a sugar shack which includes dancing, a taffy pull, and making maple butter. The evening concludes with a dog sled ride through the maple grove.

Saturday we participate in an Improv Game Show, visit Saint Anne's shrine, and walk across the suspended bridge over Montmorency Falls. The evening concludes with inner tubing at the Village des Sports.

Sunday morning we visit the Village of the Huron Indians where we'll learn more about their traditional way of life. Lunch is at a shopping center with an indoor amusement park before we head home. We should be home at about 10:00 pm.

Monday is Martin Luther King Day so the students should have time to complete their assignments for Tuesday. Please keep in mind that mid-terms may be that Tuesday. The cost of the trip is approximately \$600 (if we have a full bus) which includes: roundtrip transportation on a coach bus, hotel for 3 nights, breakfasts and dinners, admission to all services, tips to the bus driver and tour guide, and a private night time security guard on our hotel floor. Medical and/or cancellation insurance is optional. Of course depending on the price of gas next January, this price may have to increase some.

Let me know by email if you'd like an itinerary. I am in room 164. My email is [kmchale@nrsd.net](mailto:kmchale@nrsd.net). I hope you can come!

## Rome and Sicily April 2009

Announcing the first ever Nashoba Regional High School trip to Sicily!

April vacation 2009 trip to Rome and Sicily

See Mr. Becker (in room 165) or Ms. Sutton (in the art room) for an information packet and an application

### Highlights:

- The Sistine Chapel, the Colosseum, and the Trevi fountain in Rome
- Shopping in Italy
- Resort towns, Greek temples, Norman Castles, baroque cathedrals, hilltop villages, Palazzos, Piazzas, and **One Big Volcano** in Sicily
- Sicilian and Italian food; and, of course, gelato
- A rarely traveled but very interesting region of Italy
- A once-in-a-lifetime experience; perhaps learn about your cultural heritage



### Itinerary:

#### DAY 1-2 FLY TO ITALY.

Arrive in Palermo and proceed to the beautiful Trapani area to begin exploring.

#### DAY 3 SEGESTA-ERICE.

Travel to the hillside town of Segesta to visit the elegant temple of Segesta. This large archeological zone, with its magnificent Doric temple, ranks as one of the best-preserved Greek architectural sites to be found anywhere. Continue on to the ancient Phoenician and Greek city of Erice, where you will visit the Castello di Venere. This Norman-built castle crowns an isolated rock and was built on the ruins of the ancient temple of Venus.

(Continued on page 4)

**DAY 4 PALERMO-MONREALE-ENNA.**

Head to the capital and chief seaport of Sicily--Palermo. Here a local guide will show you the sights, including Palazzo dei Normanni, the royal palace built by the Normans. Discover the dazzling mosaics covering the Capella Palatina. Stop in Monreale on the green plain known as the Golden Basin to see the spectacular cathedral with its beautiful bronze doors, mosaics, and treasury. Continue on to Enna, where you will visit the medieval Castello di Lombardi and enjoy views from the tallest tower of the neighboring hilltop village, Mount Etna, and the Sicilian mountain peaks.

**DAY 5 PIAZZA ARMERINA-AGRIGENTO.** Begin today with a visit to Piazza Armerina, known for its beautiful mosaics at Villa Romana "del Casale." You will also visit its beautiful baroque cathedral. Continue on to Agrigento and the famous Valley of Temples. With a local guide, explore the Hellenistic temples that dot the hilltops from the oldest, Tempio d'Ercole, to the largest, Tempio di Giove Olimpico. The venerable Tempio della Concordia, with its 34 columns, is considered one of the world's best-preserved Greek temples. Experience what it is like to

**DAY 6 SIRACUSA-TAORMINA AREA.**

Visit ancient Siracusa, once the most powerful Greek city in Italy, and see the archeological park. Continue on to the beautiful resort town of Taormina, nestled at the base of Mount Etna.

**DAY 7 TAORMINA-MOUNT ETNA.**

Begin exploring Taormina today with a visit to the lovely Greek theater that dates from the 3rd century B.C. Performances are still given here in the summer, and the upper tiers offer a spectacular view of the coastline and Mount Etna. Later, ride partway up Mount Etna to take in the views of this still-active volcano.

**DAY 8 ROME.**

Fly across to the Italian capital, Rome, and begin exploring. This evening, enjoy a walking tour of the Piazza Navona, the Trevi Fountain, and the Spanish Steps.

**DAY 9 ANCIENT ROME-VATICAN.**

With a local guide, recapture the splendor of the "Eternal City" at the Roman Forum and see the Arch of Constantine and Trajan's Column. Discover the artistic legacy of Catholicism at the Vatican. Marvel at the ceiling in the Sistine Chapel before moving up the broad steps of the world's largest Christian church, St. Peter's Basilica. Later, visit one of the most recognizable structures on earth, the Colosseum.

**DAY 10 RETURN HOME TO THE UNITED STATES.**

Do you or your student have a favorite teacher? someone who inspires students to learn and strive to be the best they can be?

You have the opportunity to recognize a Nashoba educator who has made a difference for Nashoba students. You can honor that educator with a nomination for the

**Mary Ann Sessions  
 Excellence in Education Award**

The award honors a staff member who

- Is a role model to his or her students and colleagues
- Enjoys being a mentor
- Exhibits a positive attitude
- Has passion and enthusiasm for education
- Goes above and beyond his or her commitment to NRHS
- Is a team player
- Shows school spirit inside and outside of the classroom
- Has not recently received this award

Please e-mail your nomination to [nrhsendowment@nrsd.net](mailto:nrhsendowment@nrsd.net) before Wednesday, May 21, 2008.

Nominations must include:

- The nominee's name
- The reason for the nomination and how the nominee meets the criteria
- Your name and contact information

This award, donated by the NRHS Endowment Fund Board, will be presented at the Undergraduate Awards ceremony on June 11, 2007. Recent recipients Susan Bigelow, Loretta Williams, Leo Sakellarios, Robert Griffith, Diane Haarmann, Carol Constantino, Joan Fallon, Tom O'Toole and Jeremy Roche are not eligible for this year's award.

**Friends of Drama News**

Our grateful thanks once again to Family and Business sponsors of the Friends of the Arts Ad Campaign. Without your generosity we would not be able to support this dynamic drama program for Nashoba students!

With many Friends of Drama parents "graduating" in June, we have plenty of opportunities for volunteers open. If you can lend a hand, please join us in keeping Nashoba Drama running smoothly. Contact Robin

*(Continued on page 5)*

Rogers-Browne with questions ([Robinrb@comcast.net](mailto:Robinrb@comcast.net)) or attend our next meeting on May 7.

The 2008-2009 Ad Campaign will begin in August. New accounts are needed every year, with people to follow up during the early fall. The campaign lasts only about 8 weeks, but is the major source of revenue for Friends of Drama and Friends of Music for the school year. The Ad Campaign is an opportunity for **everyone** to help raise funds and awareness of the high quality of performing arts at Nashoba. Students help as the year begins at Freshman Orientation night and by face painting with the Drama Society at the Bolton Fair.

The annual **Thespian Banquet** is the final event of the season for Nashoba Drama. The Banquet will be held on Sunday, May 4, at the Nashoba Winery in Bolton, from 1 - 6 pm. All students who have participated in a drama production (cast or crew) and their parents are invited to attend this fun-filled event. Dinner, dancing, International Thespian Society induction, and the Denny awards will be enhanced by the apple blossoms and outdoor ambiance at the site. Don't miss it!

The final Friends of Drama meeting for this year will be on **Wednesday, May 7, at 7 pm** in the auditorium lobby. Please be sure to attend so that we can get a good start for the 2008-2009 season! Don't forget to check our website: [www.nashobadrama.com](http://www.nashobadrama.com).

## FRIENDS OF MUSIC NEWS

### Next Meeting Tuesday, May 13th -- Prospective Members Invited

The next Friends of Music meeting will be held on Tuesday, May 13th, at 6:30 pm in the chorus room. Since many Friends of Music parents are "graduating" in June, we need to bring some new parents on board. If you have even a small amount of time, we hope that you will consider lending a hand in support of Nashoba's outstanding music program. Please join us May 13th to learn more about our organization and see how you can help!

### Artus Quintet Concert a Big Success

The New England Conservatory's Artus Quintet played to a large and very appreciative audience at NRHS on April 4th. At the conclusion of their impressive performance they received a lengthy standing ovation. These personable and accomplished college students held master classes for Nashoba band members prior to the concert.

The Friends of Music would like to thank Arthur and Brenda Magazu for making this event possible. In addition we would like to thank the many Nashoba parents who prepared food and volunteered their time, NRHS administration and custodians, Plantasia, and Michelle Hoover.

## Both Jazz Bands Awarded Silver at IAJE!

The International Association for Jazz Education's Central District Senior Festival was held on March 5th. Both Nashoba's Intermediate and Advanced Jazz Bands earned silver medals.

Several musicians were recognized for outstanding individual performances. They included PJ Gjeltema, Max Doucette, and Michael Flaherty from the Intermediate Band and Giulia Rizzo, Ellen Hartford, and Travis Johnson from the Advanced Band.

## Concert Band and Choral Groups Earn Bronze at MICCA

The Massachusetts Instrumental and Choral Conductors' Association held its annual concert festival in early April. Nashoba's Concert Band performed on Saturday, April 5th. The NRHS Concert Choir, Madrigal Choir, and Women's Ensemble performed on Sunday, April 6th. The band and all of the choral groups earned bronze medals.

## Pops Concerts Scheduled for May

Mark your calendars. An "Evening of Magic" featuring the Concert Band, the Intermediate Jazz Band, and the Advanced Jazz Band, is scheduled for Friday night, May 16th. Mr. Tom O'Toole will direct the bands in a program which will feature magic-themed musical selections along with a few surprises.

Ms. Susan Mianulli will present a Choral Pops Concert the following Thursday evening, May 22nd. The Women's Pops Choir, the Concert Choir, the Madrigal Choir, and the Women's Ensemble will perform. In keeping with tradition, graduating seniors will be featured soloists.

Both concerts will begin at 7:30 pm. Refreshments will be served. Tickets may be purchased at the door for \$5. There is no admission charge for seniors or students.

## Concert Band to March in Memorial Day Parades

On Monday, May 26th, the Concert Band will march in Memorial Day Parades in Lancaster (morning) and in Stow (afternoon). In between parades, the Friends of Music will host a cook-out for the musicians at Camp Lowe in Lancaster.



## "Yelling Doesn't Work"

Presentation at SPED PAC meeting

The workshop "Yelling Doesn't Work!" will be the featured event at the **SPED PAC (Special Education Parent Advisory Council) meeting on Wednesday, May 21, 2008, 7:15 pm at Nashoba Regional High School.** Pre-

(Continued on page 6)

sented by Rebecca Goniwich of the Federation for Children with Special Needs, the workshop will explain what you can do to help a child with special needs comply at home and in the classroom using Positive Behavior Supports. Yelling does not teach the necessary skills the child needs to learn in order to comply. Reduce frustration while communicating with your child. This workshop provides insight into why a child with special needs misbehaves and how changing your behavior will in turn change theirs. Learn to recognize the function of behavior and how a front-end approach will show results. Functional Assessments, which are at the heart of a Positive Behavior Support Plan, are discussed at length and sample plans are provided. Anyone interested in the topic is welcome to attend this last meeting of the year.

Meeting topics for next year are being solicited and needs assessment surveys will be distributed at the meeting. Let us know what you'd like to see for future meetings.

The **SpED PAC** meets monthly through May. Meetings include presentations on a variety of subjects and provide a forum for interaction with other parents, professionals and community members who have experience with children with special needs. Additional events which may be of interest are posted on the group's NEW website: <http://nashobaspedpac.googlepages.com/home>.

Meetings are also listed on the NRSD website on the SPED PAC page. For more information or to be added to the monthly email distribution, please contact Joan Finger at [zootergroup@rcn.com](mailto:zootergroup@rcn.com) or (978)337 5132. or (978)779-6046.



### To All the Parents of NRSD

It's that time of year again to bid farewell and good luck to our retiring staff of the NRSD. The annual Retirement Gala will be held on Thursday, May 22nd, 5:30-7:30 pm in the Nashoba Regional High School Cafeteria and Courtyard. Please come and wish your favorite staff member farewell. Also the PTSA is requesting donations of desserts for the event. No time to bake or shop? You can also send a monetary donation to Nashoba PTSA. Mail to: Jane Lively, PTSA Treasurer, 71 Pompositticut Rd, Stow, Ma 01775-1136.

If you are feeling really motivated the Nashoba PTSA always appreciates a helping hand with set up and cleaning up after the event. If you can donate your time, call Anne Gradeski, Nashoba PTSA chairperson at 978-201-6229 or email [AnneGradeski1@comcast.net](mailto:AnneGradeski1@comcast.net). If you are planning on attending please notify Anne so we can have an accurate headcount for refreshments. Thank you, Anne Gradeski, Nashoba PTSA Chairperson

### Thanks from DeMeo Cut-a-Thon

Starz Salon in Sudbury wants to thank everyone for coming out on Saturday, April 12, for the Salon's Cut-A-Thon to benefit the Frankie DeMeo Memorial Scholarship Fund. The Salon raised more than \$1,600 for the Fund, which is set up to support children in need of special assistance, tutoring, and financial aid so they can better their lives. It is named for the Stow resident and Nashoba Regional High School senior who died February 5 after being struck by a car while jogging near the school.



We send out a special thanks to Startz Salon owner and senior stylist Brian Hendrix, along with stylists Heather French, Leanne Lombardo, Diane Ovian, Katie Campbell, and Jenna Shapiro, for working almost non-stop all day to keep up with the steady stream of donors stopping by for washes and cuts. An entire soccer team came through the Salon for trims, families brought their children, and others wandered in from the local area just to be able to do something for a terrific cause.

In addition, it's wonderful to mention that some of these generous customers also donated their trims to Locks of Love, a non-profit organization that provides hairpieces to financially disadvantaged children under age 18 suffering from long-term medical hair loss from any diagnosis. This is a project dear to Heather French, and we're delighted that she, too, could assist another organization.

If you couldn't make it to the Salon, you can still make a donation to the Fund. Make checks payable to Nashoba Regional Scholarship Foundation (NRSF), with "Frankie DeMeo Fund" in the memo line. Donations can be sent in care of the Nashoba Regional Scholarship Foundation, P.O. Box 523, Bolton, MA, 01740.

Again, thank you for making this day such a success for so many deserving people. *s/Vanessa Hurley*

# NASHOBA REGIONAL HIGH SCHOOL

# NEWS FROM GUIDANCE

MAY, 2008

Jodi Specht, Director of Guidance [jspecht@nrds.net](mailto:jspecht@nrds.net)  
Ellin Tsiaras [etsiaras@nrds.net](mailto:etsiaras@nrds.net)  
Trevor Short [tshort@nrds.net](mailto:tshort@nrds.net)  
Dan Glover [dgllover@nrds.net](mailto:dgllover@nrds.net)  
Sue Allaire, Career Counselor [sallaire@nrds.net](mailto:sallaire@nrds.net)

#### \*\*\*\*\* Course Selection Update \*\*\*\*\*

A list of course selections was distributed to all students on 4/15 for verification (this was attached to the report card). Building of the master schedule is underway. We hope to have schedules available in early June and to be able to resolve any conflicts prior to the close of school.

#### Senior Awards & Scholarship Evening

The Award & Scholarship Evening is planned for Monday, June 2nd from 7 – 9 pm in the high school auditorium. You will receive an invitation to the evening if you are the recipient of an award or scholarship.

#### Attention Student-Athletes

Reminder to any senior student who may participate in athletics at a Division I or Division II school that you must be registered at the NCAA Eligibility Center. <https://web1.ncaa.org/eligibilitycenter>

Fall 2008 enrollees need to request final amateur certification by signing the 10.1 statement on or after April 1, 2008. Official test scores must be sent from the testing agency. Test scores that appear on a high school transcript will not be accepted. Please use code "9999" when requesting test scores from ACT or SAT. A final transcript will be sent from the high school after graduation.

#### AMTRAK Discount Coupons

If you are a junior or senior planning to travel to visit colleges this spring, AMTRAK offers a discount on train travel for the student and parent for travel in the Northeast corridor. Information is available at: [www.campusvisit.com/amtrak.htm](http://www.campusvisit.com/amtrak.htm)

#### "Colleges That Change Lives" Tour

This college fair features the colleges from Loren Pope's popular book which covers 40 schools you should know about even if you're not a straight-A student. ([www.ctcl.com](http://www.ctcl.com)) May 22<sup>nd</sup> at the Hynes Convention Center in Boston, 7:00 pm to 9:30 pm.

## Senior Reminders!!!

#### The "Waitlist"

Due to the increased number of students placed on college waitlists nationwide, we remind you that if you know for sure that you are not interested in staying on the waitlist, please let the college know as soon as possible. You will free up a potential spot for someone who has chosen to stay on the waitlist.

#### What are your plans for next Fall?

As of May 1<sup>st</sup>, you should have deposited at one school and one school only for next fall! Double depositing is not ethical! Remember to write a short note to each school that you are not attending but that accepted you. Thank them for their consideration and tell them where you are going next year. Please also remember to thank teachers, coaches, employers and others who helped you with this process.

We will soon be asking you to complete a form to tell us what your plans are for next fall. If you are college bound, the information on this form lets Guidance know where to send your year-end grades. **Year-end grades will automatically be sent ONLY to the college where you have sent your deposit.**

Once you have decided where you are attending college, please come and make a pennant for our window display. Seniors are displaying their colorful pennants outside the guidance office. Come and check out all the fabulous colleges seniors will be attending next year!

Seniors, if you have not already, this would be a great time to write a thank you note to the teachers who took the time to write recommendations for you. Make sure to update them about your college plans. They love hearing about your successes.

(Continued on page 8)

## SCHOLARSHIP SCOOP

Reminder to all students who qualified to apply for the Stanley P. Koplic MCAS scholarship. You must submit to guidance a completed application by May 20<sup>th</sup> and you have until August 1<sup>st</sup> to submit the qualifying test scores. If you have any questions, please see Ms. Bouvier in Guidance.

There are still a limited number of scholarship applications with due dates after May 1. Check out the scholarship notebook in the guidance office – including the following:

SWE Scholarship for women in engineering  
Mass Flower Growers' Association  
Lancaster PTO – 1 male/1 female from Lancaster  
Future Engineers Scholarship  
Clinton Rotary Club  
Clinton Exchange Club  
Central Mass Track & Field Association  
Catherine E Philbin – for students in nursing  
BigSun Scholarship – for athletes

### Scholarships Just In:

MCCA Hospitality Industry Scholarship for students going into this field. Four awards of \$2,500 each.

Leominster Art Association will award \$500 to an art student. Deadline May 7<sup>th</sup>.

### For Juniors:

#### 2008 Verizon Future Leaders Scholarship

The Verizon Future Leaders Scholarship awards six \$2000 scholarships to Bay State Games participants who are identified as tomorrow's leaders--applications available in guidance. *Nashoba students have received this scholarship in recent years.*

## Junior Reminders!!!

### Standardized Testing

All Juniors should take the SAT once this Spring and give serious consideration to also taking the ACT this Spring. Statistically students have higher scores when taking the test for the 2nd time during the Fall of senior year – having scores from both the SAT and the ACT will help you determine the best test for you.

There are only a small number of schools which require SAT Subject tests for admission, but those that do will not waiver in this requirement. If you might be applying to a school looking for subject test scores, this June is the best testing date to use. If you discover you need a subject test score over the summer, you can generally use the October and/or November test dates.

A quick look at schools requiring SAT Subject Tests can be found at [www.compassprep.com](http://www.compassprep.com) but check the website of each college for the most accurate and up to date information.

A list of schools that do not require standardized test scores can be found at [www.fairtest.org](http://www.fairtest.org)

### SAT Reasoning & Subject Tests

Test date - June 7

Registration deadline is May 6

Late registration deadline is May 15

### ACT

Test Date – June 14

Registration deadline is May 9

Late Registration until May 23

*See Guidance for fee waiver eligibility.*

### Summer SAT Prep Classes

Summer SAT prep classes in the area include:

[www.4satprep.com](http://www.4satprep.com) (Jantzi Test Prep)

[www.kaptest.com/college](http://www.kaptest.com/college) (Kaplan)

Minuteman Regional High School

781-861-6500 x412 or x240

Acton-Boxborough Community Ed

978-264-4700

Hudson High School

[www.hudson.k12.ma.us](http://www.hudson.k12.ma.us)

### SAT Registration Notes

When you register for the SAT online, remember to save all passwords that you create. You should also save the registration tickets that you receive in the mail. You may need these later when checking for scores and sending scores. We also advise that students fill in their social security number on the registration form. Many colleges use the social security number to pick up scores when applications are sent in.

### Registration for Naviance Family Connection

If you are a junior and have not yet registered for Naviance Family Connection (a web-based college planning software tool used in guidance), please do so immediately. The documents section houses much valuable information and the email with which you register will be used by guidance.

### College Planning Workshops for Juniors

Post Secondary planning for juniors continues with a series of topic specific workshops. Juniors must sign up through their Naviance account – they can be found under “College Visits”. (Reminder that all Juniors must attend a Naviance workshop to familiarize themselves with this all important tool.)

May workshops include: The Common Application; Testing Options; Admission Plans; Writing the Essay, Career Cruising; Visiting and Interviewing; Teacher Recommendations; and Mass State Colleges and Universities.

### **The Potential College List**

Did you have a chance to visit colleges during spring break? If you did make college visits, make sure you took notes. Keep working on your list of potential colleges. Add your potential colleges to Family Connection! Create a list of questions to ask when you research colleges or visit colleges – what do you like?, what don't you like?, what do you need to know more about?

### **Important Note to Juniors and their Parents:**

The number of student applications to college has increased nationwide due to use of the common application, a small demographic bubble and other factors. Many colleges who have offered rolling admissions in the past are moving to competitive deadlines as a way of handling their increased applications. **Make sure you double check rolling admission dates.** You may want to consider applying early to increase your chances for admittance.

In this increasingly competitive environment you should also consider adding **more safety schools** to your college lists. This means that you need to do your college research sooner rather than later. The guidance counselors are available to help you with your questions. The guidance office also has many books and resources to help you with this important process.

## **Career Center News**

Nashoba's School to Career program is designed to assist students across the academic spectrum in a process of career exploration and development through introspectively assessing their strengths and interests, envisioning their goals and examining the tools and opportunities available in the community to realize their futures.

### **What is Career Cruising?**

Career Cruising is an online career guidance resource developed to be a user-friendly program that combines comprehensive career information with a personal perspective by profiling individuals in every occupation. Additional features include career assessment tools, a comprehensive post-secondary schools database, a financial aid section and a career portfolio tool. Career Cruising is available for use by the entire Nashoba community.

To access, go to [www.careercruising.com](http://www.careercruising.com), Username: Nashoba Password: Chieftains

### **Junior Achievement Academy/Fall 2008** **For students interested in Business and Entrepreneurship**

The Junior Achievement Academy is a 12-week after school program that meets once per week (3:30 pm-5:30 pm) for students to explore the world of business through forming and managing their own company. During the 12-week curriculum, students are guided by a mentor team of college students and business professionals to develop and execute a business plan, sell stock to fund growth, and drive production and sales. The Fall semester sessions will be held at Babson College, Boston University, UMass Boston and Northern Essex Community College in Lawrence. Students are responsible for their own transportation to and from the meeting sites and will list their location preference on the application. *For more information, please see Mrs. Allaire in the Career Center*

### **WPI Materials Camp**

A one day program for sophomores and juniors interested in materials science and/or applied science and engineering disciplines. May 12, 2008; 8:30 am—3:30 pm. For more information, visit [www.asminternational.org/foundation](http://www.asminternational.org/foundation).

## **Career Oriented Summer Programs**

### **Career Explorations Summer Internships**

Residential and Day Career Internship Program for high school students, ages 16-18, in Boston. 4 week and 5 week sessions available ranging in cost from \$3,995-\$6,995. For more information, go to [www.ceinternships.com](http://www.ceinternships.com)

### **Athletic Training Student Workshop**

Springfield College offers a one week workshop, July 13-17, for high school students interested in athletic training and sports medicine. Program Cost: \$625. For more information, call 413-748-3188.

### **Marine Biology**

Roger Williams University in Bristol, RI offers a one week program for high school students in coastal ecosystems. Program Cost: \$925; For more information, email [ppimental@rwi.edu](mailto:ppimental@rwi.edu) or call (401) 254-3108.

### **Adventures in Veterinary Medicine**

Two-week sessions are offered in July and August at Tuft's University Cummings School of Veterinary Medicine in Grafton, MA. Applications are accepted until the program is full. For more information visit the website at : [WWW.TUFTS.EDU/VET/AVM](http://WWW.TUFTS.EDU/VET/AVM)

### **Boston Architectural College** **High School Summer Program**

July 7<sup>th</sup>—August 1<sup>st</sup>, Monday-Friday, 9 am-12:30 pm  
For more information contact the Continuing Ed Dept. at 617-585-0101 or [summer@the-bac.edu](mailto:summer@the-bac.edu)

### **Harvard University Graduate School of Design Career Discovery Program**

Open to anyone graduating high school in 2008 who is planning to study design or planning. Applications are due on May 1, 2008. For more information, call 617-495-5453 or [discovery@gsd.harvard.edu](mailto:discovery@gsd.harvard.edu)

### **Wall Street 101**

High School juniors or seniors can learn about financial investments, develop leadership and teamwork skills and explore college life through a residential campus experience at Bentley College. Participate in simulations and role-playing in a high-tech financial Trading Room. July 27-August 2 Tuition: \$1000. For more information, call 781-891-2598 or [www.bentley.edu/camp](http://www.bentley.edu/camp)

### **WPI Collaborative for Entrepreneurship & Innovation Teen Business Camp**

Entrepreneurship Day Camp is a highly interactive week of workshops, games, exercises and talks focused on the task of getting to know your own strengths, passions, interests and abilities to create a Summer Business or Social Venture based on your ideas. June 23-27, 2008, 8:00 am-4:30 pm, Cost: \$295 (scholarships available) Contact: Gina M. Betti at 508-831-5761 or [gbetti@wpi.edu](mailto:gbetti@wpi.edu)

Web site: [www.wpi.edu/+CEI](http://www.wpi.edu/+CEI) click on programs, then Teen Venture Camp

### **WPI Frontiers**

#### **Are you a junior or senior interested in science, math and engineering?**

The WPI Frontiers program is a two-week residential program during the week of July 13-25, 2008. For more information, email [frontiers@wpi.edu](mailto:frontiers@wpi.edu) or call 508-831-5286.

### **WPI Launch**

#### **Are you a freshman or sophomore interested in biology, computer science, and robotics?**

The Launch program is a 5 day program during the week of August 4-8, 2008 from 9:00-4:30. For more information, email [launch@wpi.edu](mailto:launch@wpi.edu), or call 508-831-5286

### **Student Trooper Program**

This program provides first-hand experience into the role of our police in promoting and safeguarding American freedoms and rights. Youth will learn vehicle law, investigation techniques and firearm demonstrations. Also, youths will learn about special units such as special tactics, K-9, mounted units, helicopters, and computer capabilities. The program consists of a one week, live-in class, at the police academy in New Braintree, MA. Two classes are scheduled for 7/14-7/18 and 7/28-8/1. Cost is \$225. Applications are available in the Career Center. Deadline is June 1, 2008

### **Johnson & Wales Career Explorations**

Summer program offerings in Culinary Arts, Technology, and Business for students entering their junior or senior year of high school. Registration Forms available in the Career Center. Deadlines begin early June.

### **Minuteman Regional High School Career Exploratory**

Variety of Career oriented courses available in areas such as Carpentry, Auto Body and Auto Mechanics, Electrical Wiring, HVAC/R, Landscaping, Robotics, CAD, Architectural Drawing, Digital Video Production, and Metal Working and Welding. July 7-August 1, [www.minuteman.org](http://www.minuteman.org) Brochures available in the Career Center.

### **Brass Weekend**

Berklee College of Music  
June 20-22

The Brass Weekend is designed for brass players, age 15 and older, who want to focus on their playing skills. Tuition: \$530, Housing: \$310; Application Fee: \$25 Applications are available in the Career Center

**Other Summer Opportunities are available in the Career Center including adventure programs, summer study, leadership programs and volunteer/community service opportunities and by searching Peterson's Summer Opportunities at [www.petersons.com](http://www.petersons.com), click on Summer Camps and Programs under K-12 Schools and Programs.**

### **Nashoba's School to Career Business Partnership Program**

#### **Do you have Summer Opportunities for students?**

Can you help Nashoba students make the connection between classroom learning and the workplace? For students, career exploration can be a vital link to understanding the connection between classroom learning and the world of work and what opportunities are available for them. If interested, please contact, Sue Allaire, Career Counselor at 978-779-2257 (press 0 and ask for x4508), or email at [sal-laure@nrsd.net](mailto:sal-laure@nrsd.net)





Attention Parents, Students, and Staff

*You get to Choose!!!*

Now is your chance to recognize a staff member who has had a positive influence on our students.

The NRHS Endowment Fund Board is seeking your nomination for:

*The Mary Ann Sessions Excellence in Education Award*

*Choose Someone who ...*

- ★ Is a role model to their students, as well as to their colleagues
- ★ Enjoys being a mentor to the student
- ★ Exhibits a positive attitude
- ★ Exhibits a passion and enthusiasm for education
- ★ Goes "above and beyond" in their commitment to Nashoba Regional High School
- ★ Is a team player
- ★ Shows school spirit inside and outside the classroom
- ★ Has not recently received this award\*



**Email your nomination to: [NRHSendowment@nrsd.net](mailto:NRHSendowment@nrsd.net)**

**★ no later than Wednesday, May 21, 2008 ★**

*Nominations must include...*

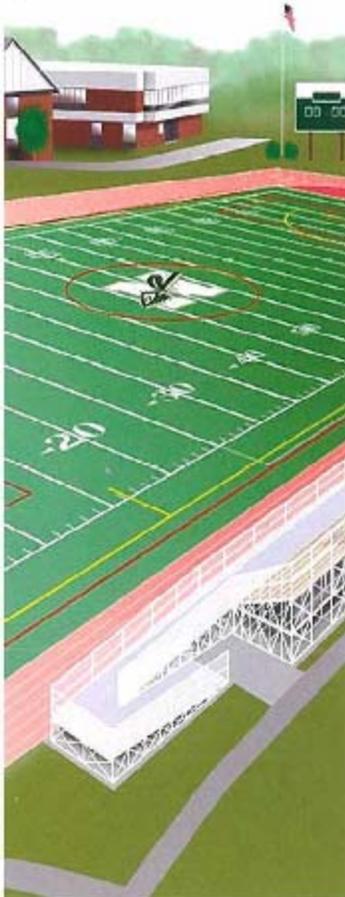
- ★ The nominee's name
- ★ The reason for the nomination and how the nominee meets the criteria
- ★ Your name and contact information

*This award, donated by the NRHS Endowment Fund Board, will be presented at the Undergraduate Awards ceremony on June 11, 2007. Recent recipients Susan Bigelow, Loretta Williams, Leo Sakdjarion, Robert Griffith, Diane Haarmann, Carol Constantino, Joan Fallon, Jeremy Roche, and Tom O'Toole are not eligible for this year's award.*

# IMAGINE



This is what it could look like . . . Beginning Fall 2008!



Nashoba Regional District  
Office of the Superintendent  
50 Mechanic Street  
Bolton, MA 01740

Phone: 978.779.0539.

E-mail:  
superintendent@nrtd.net

## Community Competition Complex

Dear Family and Friends,

NASHOBA Regional School District is embarking on an exciting capital campaign to make our high school a premiere destination for all community competitions in the area. Over the next eighteen months we are seeking your involvement in the renovation of our athletic complex at NASHOBA Regional High School located at 12 Green Road in Bolton, Massachusetts. This renovation will include the installation of a turf playing field large enough for all varsity level playing events, a retrofit of the track for all varsity level track and field events and lighting/sound system upgrades that will allow for outdoor fine arts events. The estimate for this project is \$1.4 million dollars.

Our goal is to raise \$1.4 million dollars with \$500,000 raised by April 1, 2008. The remaining cost of the project will be bonded by the Regional School District and paid for annually through appropriations from the operations budget, annual revenue from rental of the facility, and annual fund raising from this drive.

We are asking for your help. Please consider giving a tax deductible donation to the NASHOBA Regional School District. Our school system works very hard to provide you with outstanding academic and extracurricular opportunities every year. Don't you want to be able to see outdoor competitions and performances become part of our offerings? We hope we can count on you for a donation of \$1000 or more in the coming months. We only need five hundred families to give this amount to reach our first goal. Of course, any amount that you wish to donate will be most appreciated.

We want to thank you for taking the time to read about our campaign. If you are interested in helping us in other ways please check for matching funds through your employer. Many companies have matching programs of which you may not be aware.

If you require additional information about our efforts please go online to [www.nrtd.net](http://www.nrtd.net) and click on "Fundraising". You may also call Mr. Tom O'Brien or Mr. Michael Wood for further information about our project or how you may organize a fundraising event.



**NASHOBA**

**Community Competition Complex Renovation Pledge Form**

As my/our contribution to the NASHOBA Regional School District and in consideration of a gift from others,

I/We pledge the sum of \_\_\_\_\_

(Suggested Gifts: Platinum \$10,000 or more; Gold \$5000 to \$9,999; Silver \$ 1000 to \$4,999; Bronze \$500 to \$999 and Sponsor \$100 to \$499; Other \_\_\_\_\_)

on which payments will be made: \_\_\_\_ annually; \_\_\_\_ semi annually

over a period of  2 years to  3 years beginning \_\_\_\_/\_\_\_\_/\_\_\_\_

Your Name \_\_\_\_\_ Telephone \_\_\_\_\_

Email \_\_\_\_\_

Address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

*Please make checks payable to NASHOBA Regional School District.*

*All donations are tax deductible to the full extent provided by law.*

MC  VISA  American Express  Card Number \_\_\_\_\_

Expiration Date \_\_\_\_/\_\_\_\_ (Month/Year)

Signature \_\_\_\_\_



*\* Naming rights are available \**