

# NASHOBA Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

**Jeremy Roche, Principal**  
**Tracey Calo, Assistant Principal**  
**Brian Cote, Assistant Principal**

High School Office (978)779-2257

<http://nrhs.nrsd.net>

Guidance Office (978)779-0122

Volume 10 Issue 9

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## From the Principal's Desk

### End of the School Year:

The end of the school year is fast approaching. With all of the inclement weather day cancellations that we had this school year, we are required to make those lost days up in order to satisfy the Commonwealth's requirement of 180 days. As in past years, our final four days of the school year will consist of final exams. This year we will conduct three Late Start days which will begin on Monday, June 22<sup>nd</sup> and run through Wednesday, June 24<sup>th</sup>. The Late Start schedule will begin at 9:40 and release at 2:20. Buses will be provided both to and from school. There will be two exams scheduled on each of the Late Start days. The final day of school is scheduled for Thursday, June 25<sup>th</sup>. This day will be an Early Release scheduled where students arrive at school at 7:40 and are released at 10:40. There will be one final exam scheduled for the E/R schedule. The exam will begin at 7:40 and run until 9:10. There will then be a make-up exam opportunity at 9:15 for any students who need it. Again, buses will be provided both to and from school; however, there will not be a bus run in between the final exam and make-up period. Students may leave at the end of their exams on 6/25, but they must have their own transportation unless they wait until 10:40.

### Prom, May 8<sup>th</sup> at the International in Bolton:

The Prom and many end-of-year events are fast approaching. It goes without saying that these are great activities that connect our students and faculty in meaningful ways. As a faculty, and I am sure as parents, our greatest fear is that one or some of our students make decisions that ultimately impact them for the rest of their lives. As a school, we cannot condone or tolerate the use of alcohol or drugs by our student population. We closely monitor students at any of our contained school functions like dances and will utilize our breathalyzer system if we are suspicious of inappropriate activity. We also hope to promote activities like the After Prom Party at Orchard Hills as a great alternative to the other parties that can be unsupervised and potentially dangerous. Ultimately, we are confident that our students will make good decisions for themselves and their friends. This is simply a reminder that we will be there to



support them in this process in order to have a safe, positive close to our school year.

### Teaching American History Grant:

Over 150 students and community members turned out on Wednesday, April 8, to hear our jazz band and a number of educators and students discuss insights on "Perspectives on Race and Politics in American History." The evening's events, which were coordinated by the Assabet Valley Collaborative through a grant from the U.S. Department of Education, highlighted the critical components of our past that require continuous analysis and discussion; i.e., race and racial injustice and the course of United States history. Teachers Tim Caster, Leo Sakellarian, and student Jessica Pires (senior) joined colleagues from Westboro, Hudson, Algonquin, amongst others, in delivering presentations on this tremendously important topic. The evening was an outstanding example of the intellectual curiosity that exists within NRHS. We look forward to hosting more.

### Survey Opportunities:

In late May and early June, several important surveys will be presented to various members of our community.

First, a Senior Exit Survey is currently being developed in conjunction with the guidance department for the purpose of gathering key feedback from the class of 2009. The Senior Exit Survey will consist of a variety of questions in various formats on topics ranging from academics, social experience, extra-curricular opportunities, and a host of other questions. In addition, we are attempting to gather contact information from this current class so we will be better able to communicate with the entire group in upcoming years. The survey will likely be released in mid-May and will help our faculty shape the continued direction of our school.

Next, a Parent Satisfaction Survey is being developed by the NRHS School Community Council in conjunction with the high school administration. This survey will likely launch in late May/early June via our website with notification from

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our Connect-Ed phone messaging service. Again, the purpose of this survey will be to gather important feedback with respect to how we at NRHS are doing and where we can improve. There will be a variety of questions ranging from academics to communication to Standards Based Reporting to opportunities for participation (to name a few). It is our goal to keep the survey brief; however, we desire honest, complete insights so there will certainly be open ended written response formats in addition to 1-5 scale based questions. We encourage all of our parents to participate.

With respect to the various surveys that we utilize at NRHS, it is critical to note how important they are to our faculty here. For example, we provided students two recent survey opportunities during the past school year. The first on our new master schedule informed us that students overall found the rotation of periods to be beneficial to their learning (over 60 percent of 254 respondents). This coincided well with our faculty's responses to a similar survey. With respect to our longer instructional period; however, students were not as satisfied. As such, this has given our faculty some key insight into how we are working on professional development specific to teaching in the longer instructional period. In fact, much of our recent professional development time has been spent focusing on that topic. In addition, another survey that was widely completed by our students (over 250 respondents) indicated that they were overwhelmingly in favor of the Late Start schedule for the mid-term exams (over 80 percent). Students indicated that they felt more prepared and overwhelmingly reported that they actually performed better on the mid-year exams. This has helped us to commit to the schedule for another year as the results were studied prior to the district calendar committee making its decision for 2009-2010. Students also indicated that they would like to explore a later start to school in general (nearly 60 percent of the respondents), so this will certainly be a topic that we listen to and continue to explore.

We at NRHS are committed to collaborating with all members of our school community as we continue to chart a course for "developing the gifts and talents of all students." Surveys are one way that we use data to inform our practice. We look forward to the responses on both of these upcoming surveys.

**Possible summer work opportunity for students on Free and Reduced Lunch:**

There may be a summer work project hosted in our school district for students who qualify for and receive free and reduced lunch. The project which is specific to Worcester County is being funded through federal stimulus money. If you have interest, please contact Jeremy Roche (978)-779-2257 (x: 3101) or [jroche@nrzd.net](mailto:jroche@nrzd.net) for

more information.

**Relay for Life:**

Nashoba will again be a host for the American Cancer Society's Relay for Life. Our site coordinator (and NRHS custodian) Tommy McGown has helped transform this event into one of the area's highest donation producing events. In fact, Tommy was recently recognized by the American Cancer Society for his diligence and commitment to helping find a cure for this insidious disease. For any and all who are interested, the Relay for Life at Nashoba will be held May 29<sup>th</sup> and 30<sup>th</sup>. For information about how to put a team together, please call the main office.

**Community Service Opportunity in Stow:**

There is a town-wide litter cleanup scheduled for the May 9-10th weekend. Please note the informational message if interested in helping out.



Winter has finally drawn to a close, and under all those snow banks is ... trash! The Stow Cleanup Group asks all citizens to pitch in and help clean up the roads and neighborhoods of our town during the May 9-10th weekend.

On Saturday, May 9<sup>th</sup>, from 8:00 to noon, residents can register for the event and pick up free garbage bags and gloves. Come to the Stow Plaza and look for the table in the parking area by Papa Gino's. Registering for the event is optional, but it will facilitate the pickup up of bags that have been left along side the road by the Town Highway Department on Monday.

Please wear gloves and bright/reflective clothes for safety purposes. Long pants and sleeves are also recommended. Full trash bags can be discarded in individuals' trash cans or they can be left by the side of road. Send an email to [StowCleanup@gmail.com](mailto:StowCleanup@gmail.com) with your street name, the number of bags you collected, and any stories or pictures of your hard work. The best stories and photos will be printed in the *Stow Independent*.

The Stow Cleanup Group is also looking for Road Captains to coordinate cleanup efforts with other families on their street and get the word out. If you would like to serve as a Road Captain or just agree to pick up litter, please contact us at [StowCleanup@gmail.com](mailto:StowCleanup@gmail.com). The Cleanup Coordinator for this event is Sandy Taft and Chris Spear is handling all press relations. Thanks in advance.

*s/Jeremy Roche*

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## Sportsmanship Award

Junior hockey player Joe McGillicuddy was named a recipient of the Boston Bruins/Sportsmanship Alliance of Massachusetts sportsmanship award. Joe, along with other recipients from across the state, was honored between periods of the March 31<sup>st</sup> Boston Bruins-Tampa Bay Lightning game. A Nashoba player has won this award since its inception six years ago.



## Teaching French at Florence Sawyer School

Some of my French 3 students will soon be starting a new adventure. They will be going to the Florence Sawyer School in Bolton to teach French to some of the elementary school students. This is a program I began several years ago. My students will teach every long A block during their scheduled French class time in May and June. Topics they may teach include the alphabet, numbers, colors, sports, family members, body parts, animals, classroom objects, clothing, and the house. For successful teaching, props are always needed. So if you find yourself cleaning out the garage, attic, or messy closets, please keep in mind that your trash may very well be my gold. We can use dolls, clothing (doll and/or human), doll houses, doll furniture, stuffed animals, sports equipment, books that include any of the teaching topics, yarn, construction paper, colored sharpies, and anything else you think may be useful to elementary school children.



Please contact me at school at (978) 779-2257 #4164 or send me an email at [kmchale@nrsd.net](mailto:kmchale@nrsd.net) if you can help me with any of these needed supplies. There is no deadline; I will accept anything anytime. Merci beaucoup! s/Kathy MCHale

## End of year messages from the Nurses' Office:

### Parents of Seniors:

**Once in a lifetime opportunity:** As graduation approaches, please be aware that when the senior students pick up their cap and gowns they will also be taking their cumulative school records. These records include our **only copy of the health and immunization records** as well as the accumulated educational materials. Please keep these records in a safe place, as you will need copies in the future for college and employment. **\*\*Remember to keep the original record and make copies as needed.**

### Attention Parents:

**\*\* ALL MEDICATION**, in the nurses' office, **must be picked up by 10 am on the last day of school, June 25**, a half day. All medication not picked up will be destroyed.

## Updates for the upcoming school year!!!

### Medication Administration Orders/Consents for 2009-2010:

If your child will be receiving prescription meds in school, please note the **pink** medication form that will be sent to your home via mail with report cards at the end of June. Please have this form completed and signed by you and your physician over the summer and return it to the high school "Attention: School Nurse" by the start of school in the fall.

Should you misplace the form, you can find it on our district website @ <http://www.nrsd.net/healthwellness.php>

The **Student Emergency and Health Record** (blue form): will also be sent home with report cards in June. In order to streamline the required data for our students, we have developed a new Emergency form which includes your **pre-printed** demographics (this form also available from the district website). Please read over this, make any necessary corrections and return it to the high school via mail or with your child on the first day of school. Students missing blue Emergency forms will not be allowed to attend field trips for safety reasons.

**Physical Examinations and Immunizations:** Please schedule your appointments now with your child's physician to be sure that all needed immunizations have been received prior to the start of school in September.

### Massachusetts School Immunization Requirements

updated for 2009  
Grades 7-12 required:

Hepatitis B	3 doses
DTaP/DTP/DT/Td	4 doses, or 3 doses Td plus 1 Td booster
Polio	3 or more doses
MMR	2 doses
Varicella (Chicken Pox).	1 dose or documented history of chicken pox

**Sports:** A current physical exam is required prior to starting practice for any sport at the High School, and suggested upon entering 10<sup>th</sup> grade. You may use the exam form provided by your physician (make copies), on our website @ <http://www.nrsd.net/healthwellness.php>, or **EXAM** forms that are available in the nurse's office. Practices for some fall sports begin in August, before school starts, and a current physical is required to participate. Physicals are good for 13 months.

**Health Issues:** Chronic health issues such as seasonal allergies, asthma, diabetes, serious allergies which require **Epi-pen**, and others may require an *Individual Health Care*

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*Plan.* If your child falls into any of the above mentioned categories, please make an appointment to see the school Nurse if you have not done so already. \*Our phone number at the high school is (978)779-2257 ext. 1 or ask your child's physician to write a Health Care Plan and mail us a copy. These forms also available from the district website.

Do not hesitate to call the nurses' office if you have any questions or concerns.

Have a safe and healthy summer, from your nurses, Mrs. Driscoll, Mrs. Tennyson, and Mrs. Sullender

### **High School Safety: Head Injury News for Students Who Play Contact Sports.**

Many parents and students feel that it's OK to play through a "ding" or hit that leaves the student dazed, but the newest research has shown otherwise.

With safety and the player's health in mind, our high school has purchased a new program to assist in recognizing and treating concussion. The program is called ImPACT.

ImPACT is a cutting edge, neurocognitive test. It measures and records a student's baseline response to a series of words and pictures that measure memory, attention, processing speed and reaction time. It is taken online at school under supervision.

If a concussion occurs, the test is retaken and the results show the deviation from the student's baseline test. This information will be used by the Athletic Trainer or Nurse and can also be transmitted to the student's physician as a diagnostic tool.

As healing occurs and symptoms subside, the ImPACT test is taken again to track recovery until the results have come back to baseline. Along with a medical release from the student's physician and the trainer's OK, ImPACT will be an invaluable tool helping to make that very difficult "safe return to play" decision that protects our student's developing brain from further injury.

Only athletes who have not been baseline tested this year will be tested next Fall at the start, or before the start of school. All incoming Freshman athletes playing contact sports will be tested.

If you have any questions please contact:  
[Mdriscoll@nrsd.net](mailto:Mdriscoll@nrsd.net)  
Marilyn Driscoll, School Nurse

## **Senior Year: A Time of Nostalgia and Temptation**

### ***There Are Many Ways to Help Keep Teens Safe and Healthy Without Spoiling Their Fun.***

1. **Reinforce Your Expectations.** *Throughout their high school years, you've set rules and established the consequences for breaking them. Perhaps you've loosened up on a few rules, like curfew. But be clear about your expectations with regard to drinking and drug use. Being an upperclassman has privileges, but with these come responsibilities.*
2. **Encourage Your Teen to Make Each Moment Count.** *Your teens only get one senior year. Let them know that you don't want them to miss out on opportunities because of bad choices, like drinking and drug use. One bad choice could change their lives forever.*
3. **Provide Safe Alternatives.** *Parties abound during senior year. Plan chaperoned alcohol-free parties around graduation.*

**Set a Good Example.** *Don't let anyone convince you that it is a good idea for teens to drink or use marijuana under your supervision. It sends the wrong message and may lead your teen to make other bad choices.*

### **Sean & Betsie, A Story of Friendship and Loss**

This powerful assembly, put out by the Middlesex District Attorneys Office, is the recent story of a local high school couple that was killed by a drunk driver. We will be hosting Mrs. LaPlante, Betsie's mother, and this moving story on May 4<sup>th</sup>, just in time for Prom and Graduation.

At this time of year, high school students are filled with the anticipation of celebrations and moving on. Stress about the unknown is common and so this can be a risky time for students.

Please remember to talk to you kids about drinking and driving over and over and especially on Prom night. A recent study showed that 65% of teens cite their parents as their leading influence for them not to drink. You can make the difference!

### **Destination Imagination Update:**

This year NRHS Destination Imagination program has come to a close and was a great success. We had two NRHS teams with a total of 14 students competing. The teams consisted of Meghan Ryan, Rebecca Krantz, Molly Porcher, Nick Lawrence, Jeff Bagdigian, Nick Papanastassiou, Alex Papanastassiou, Kaitie Ryan, Audrey Mazzola, Claire Lavina, Megan Fournier, Brian Yentz, Brandon Steff and Nathan Weber.



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At the Regional tournament held in Ayer on March 21<sup>st</sup>, both teams finished in first place allowing them to move onto the State Tournament. At the Regional Tournament, our seven seniors, Meg, Molly, Jeff, Nick, Nick and Alex were recognized along with the other Regional Seniors, who participated in the DI program over the years. Each senior was presented with a tassel for their cap at graduation. Congratulations!

Both NRHS teams moved on to represent our region at the Mass State tournament held at WPI on April 11<sup>th</sup>. Both teams performed well and we are proud of what they accomplished. During the closing ceremonies, scholarships were presented to 10 seniors who over the years, represented the spirit of the DI program with their outstanding contribution to the DI program as well as to their communities. We are very proud as one of our seniors, Meghan Ryan, was awarded one of the scholarships for her hard work and dedication to her community and the DI program. Congratulations Meg!

On behalf of the NRHS DI program, I want to wish our seven seniors well as they venture off to college in September. I want to personally thank them for their involvement with the DI program as they have been together and competed as a team in each of their four high school years.

I look forward to next year's DI program which will begin in September. As the new information becomes available, I will be sure to let everyone know. If anyone has any questions regarding the NRHS DI program, please let me know as I can be reached at [dwoods453@aol.com](mailto:dwoods453@aol.com). Thanks again.  
s/Debbie Woods, DI Site Coordinator for NRHS.

### **NRHS Endowment Fund Parent Volunteers Needed!**

New members are invited to join the NRHS Endowment Fund Board. We are a non-profit group established in 1999 for the purpose of raising money and fulfilling grants submitted by teachers to fund various enrichment programs and pilot programs as well as equipment and materials that are outside the regular school budget. Each year in September, donations are solicited via a general mailing to the Nashoba Regional High community. Twice yearly, applications for funds are submitted to us by teachers. We are currently in the spring grant cycle. Please support us and consider joining us!

Being a member of the Endowment Fund Board is an excellent way to become involved at Nashoba. The time commitment is modest, however, the returns to the students and teachers are great. Please contact Christel Conlin at [christelc@comcast.net](mailto:christelc@comcast.net) or Beth Colon at [bcolon@comcast.net](mailto:bcolon@comcast.net) if you would like more information.

All are welcome to our next meeting on Thursday, May 28<sup>th</sup> at 7:00pm in the Academic Support Center in NRHS.

### **Recognize a Nashoba Educator**

Do you or your students have a favorite teacher? One who inspires students to learn and strive to be the best they can be?

Recognize a Nashoba educator who has made a difference for Nashoba students. Until May 15, parents, students and staff can nominate a staff member of Nashoba Regional High School for the **Mary Ann Sessions Excellence in Education Award**.

The **Mary Ann Sessions Excellence in Education Award** honors a staff member who meets the following criteria:

- Is a role model to his or her students and colleagues
- Enjoys being a mentor
- Exhibits a positive attitude
- Has passion and enthusiasm for education
- Goes above and beyond his or her commitment to NRHS
- Is a team player
- Shows school spirit inside and outside of the classroom
- Has not recently received this award

Please e-mail your nomination to [nrhsendowment@nrhsd.net](mailto:nrhsendowment@nrhsd.net) before Friday, May 15, 2009. Nominations must include:

- The nominee's name
- The reason for the nomination and how the nominee meets the criteria
- Your name and contact information

This award, donated by the NRHS Endowment Fund Board, will be presented at the Underclassmen Awards Night on June 8, 2009.

Past recipients Susan Bigelow, Loretta Williams, Leo Sakellarian, Robert Griffith, Diane Haarmann, Carol Constantino, Joan Fallon, Tom O'Toole, Jeremy Roche and Tim Castner are not eligible for this year's award.

### **Friends of Music News**

**Concert Band and Choral Groups perform at MICCA**  
The Massachusetts Instrumental and Choral Conductors' Association held its annual concert festival in early April. Congratulations to all of the students in Nashoba's con-

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cert band and choral groups who participated in the event!

### POPS Concerts Scheduled for May

Mark your calendars for the upcoming POPS concerts! The NRHS Band POPS Concert will be held on *Friday, May 15<sup>th</sup>*. The Concert Band, Intermediate Jazz Ensemble, and Advanced Jazz Ensemble will perform under the direction of Mr. Tom O'Toole. Ms. Susan Mianulli will present a Choral POPS Concert Thursday evening, **May 21<sup>st</sup>**. The Women's Pops Choir, the Concert Choir, the Madrigal Choir, and the Women's Ensemble will perform.



Both concerts will begin at 7:30 pm in the Nashoba Regional High School Auditorium. Refreshments will be served. Tickets may be purchased at the door for \$5, but there is *no charge for students or senior citizens*.

### Next Friends of Music Meeting - Prospective Members Invited

The next Friends of Music meeting will be held on Tuesday, May 12th in the chorus room at 6:30 pm. Each year, some Friends of Music parents "graduate" and we need to bring new parents on board. If you have even a small amount of time, we hope that you will consider lending a hand in support of Nashoba's outstanding music program. Please join us May 12th to learn more about our organization and see how you can help!

If you are unable to attend the meeting, but would be willing to help or would like more information, please let us know at [info@nashobamusic.com](mailto:info@nashobamusic.com) or by calling (978) 897-2461.

### Friends of Drama News

People are still talking about *My Fair Lady!* Congratulations and thank you again to all who helped with the outstanding production of this musical favorite. Our grateful thanks once again to Family and Business sponsors of the Friends of the Arts Ad Campaign. Without your generosity we would not be able to support this dynamic drama program for Nashoba students!



The annual *Thespian Banquet* is the final event of the season for Nashoba Drama. The Banquet will be held on Sunday, May 3, at the Wedgewood Pines Country Club in Stow, from 1 - 5 pm. All students who have participated in a drama production (cast or crew) and their parents are invited to attend this fun-filled event. Dinner, dancing, International Thespian Society induction, and the Denny awards will be part of the celebration.

Nominations for the third annual TAMY Awards will be announced in mid-May. Theatre at the Mount together

with Mount Wachusett Community College hosts the High School Musical Theatre Awards (The TAMYS) to recognize exceptional accomplishments in the production and performance of musical theatre in area high schools. This program publicly acknowledges the outstanding effort our schools make to strive for excellence in the performing arts and celebrates the casts, crews, directors and designers who make outstanding musical theater happen. This year 17 high schools entered the competition. Best of luck to Nashoba drama's *My Fair Lady!*

Please take a moment to consider how you can help to keep the performing arts vibrant at Nashoba. The 2009-2010 Ad Campaign will begin in August. The campaign lasts only about eight weeks, but is the major source of revenue for Friends of Drama and Friends of Music for the school year. New accounts are needed every year, with people to follow up during the early fall. The Ad Campaign is an opportunity for **everyone** to help raise funds and awareness of the high quality of performing arts at Nashoba. Students help with an annual face-painting booth at the Bolton Fair – note, the Fair dates have been moved to August for 2009.

Join us for our next Friends of Drama meeting on **Wednesday, May 6, at 7 pm** in the **cafeteria**. Please be sure to attend so that we can get a good start for the 2009-2010 season! Don't forget to check our website: [www.nashobadrama.com](http://www.nashobadrama.com).

## Getting it Done & Organizational Skills Implementing Strategies into the Classroom and Home

**Getting it Done: Implementing Strategies into the Classroom and Home to Build Executive Function Skills** with Sarah Ward, M.S., CCC/SLP. Join us at **SAW-YER SCHOOL** on Wednesday, May 20<sup>th</sup> at 7:15 pm to learn how to help students by attending a presentation by Sarah Ward, M.S., CCC/SLP who will present comprehensive and specific strategies to promote the development of executive function skills in students. These strategies for organization will empower you to increase your child's independent ability to manage and organize their time, space and materials.

### Who Should Attend?

**Parents** of bright students who can achieve but need additional strategies to be organized and effectively manage their time, tasks and materials as well as parents of students who have learning challenges.

**Teachers:** Who want to learn how to implement functional strategies into their classrooms which will foster the development of the executive function skills in their students.

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**Professionals:** Who work with children and adolescents who struggle to initiate, to be flexible in their thinking, to execute and complete tasks successfully and need to provide their patients and families with practical strategies.

**Our speaker,** Sarah Ward, has over 14 years experience in diagnostic evaluations, treatment and case management of children, adolescents and adults with a wide range of brain based learning difficulties and behavioral problems. An award winning, popular speaker, Sarah regularly presents on the topic of executive functions to a variety of professional and parent organizations. In addition to working directly with students in her private practice, she has presented to audiences throughout the country.

Please note the special **SAWYER SCHOOL** location for this meeting sponsored by the Nashoba District SPED PAC. (Moved from a previously announced location.) For more information about this or other SPED PAC events, please contact Joan Finger [zootergroup@rcn.com](mailto:zootergroup@rcn.com) or (978) 337 5132. or ( 978) 779-6046.

### **Pick up a Pizza to Support Special Education Programs**

Beginning Sunday, pick up a pizza at the Stow Shopping Center **PAPA GINO's** and have 20% of your sale (if accompanied by a promotional coupon) contributed to the Nashoba SpED PAC and Nashoba Unified Sports Program. Coupons valid Sunday, May 3<sup>rd</sup> through Tuesday, May 5<sup>th</sup> from 4-9 pm and at lunch on Tuesday the 5<sup>th</sup>. Coupons are available at school offices and online at [WWW.nrsd.net](http://WWW.nrsd.net) on the SPED PAC page. <http://www.nrsd.net/index.php?id=108>. For more info or coupons, contact Joan Finger [zooter-group@rcn.com](mailto:zooter-group@rcn.com) .



### **Stow Spring Fest**

Join us for Stow's annual, action-packed celebration of all things Stow! The festivities begin Friday night, May 15, with an ice cream social at Center School and a silent movie with live piano accompaniment at the Town Hall. Saturday starts with a pancake breakfast and the Grand Parade which kicks off at 10 am. The festival continues until 3 pm at Center School and ends with cartoons under the stars Saturday night. Sunday, the 17<sup>th</sup>, bring the Sounds of Stow Festival Chorus and the 11<sup>th</sup> Annual Run for the Woods. Details can be found at [www.stowspringfest.com](http://www.stowspringfest.com).



Organizers are also looking for high school students that would like to earn community service hours to help out in a number of capacities on Saturday. Please email Ellen Sturgis at [e.sturgis@comcast.net](mailto:e.sturgis@comcast.net) or call (978)897-6831 if you are interested. You don't have to be from Stow to come have some fun!!"



Do you or your student have a favorite teacher? Someone who inspires students to learn and strive to be the best they can be?

You have the opportunity to recognize a Nashoba educator who has made a difference for Nashoba students. You can honor that educator with a nomination for the

***Mary Ann Sessions  
Excellence in Education Award***

*The award honors a staff member who:*

- *Is a role model to his or her students and colleagues*
- *Enjoys being a mentor*
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- *Goes above and beyond his or her commitment to NRHS*
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## Bolton's 2009 "Earth Day" Events ...because every day is Earth day!

### **Green-Up**

"Green-Up" festival at the Nashoba Valley Winery  
Saturday, May 2, 2009 from 1 to 4 p.m.

Local community groups, artists, musicians, kids' activities,  
and energy and sustainability vendors.

The event will be held rain or shine. Food and drink available.  
For more information go to [www.BoltonLocal.org](http://www.BoltonLocal.org) or call 978-779-6225.

Sponsored by Bolton Local, Bolton's Energy Committee,  
and the Nashoba Valley Winery.

### **Bolton's annual Clean-Up**

From Sat, May 2 – Sat, May 9 (DPW will pick up bags on Monday, May 11.)

Do what you can to help clean up Bolton - pick up litter along the road in front  
of their homes, as well as various locations around town. Please put  
recyclables in clear or white bags.

For more information or to volunteer to assist in a special area,  
contact Mary Boyd at 978-779-2740.

### **Mother Earth PotLuck**

Bolton Local will end the week with a potluck dinner  
to celebrate Mother Earth on Saturday, May 9.

All invited to attend and bring a dish to share.

Begins at 6 p.m. in Davis Hall at the First Parish of Bolton.

Participants are asked to bring their own place setting and utensils,  
to help keep this event "green."

For more information go to [www.BoltonLocal.org](http://www.BoltonLocal.org) or call 978-365-3314.

# Papa Gino's Community Fundraiser

Our organizations will earn 20% of the sales made by our families and friends during this time.

Be sure to submit this flyer when ordering.

Carry-out counts too!

Nashoba SPED PAC & Nashoba Unified Sports

Sun, Mon, Tue

**When:** 3 4 5 May, 2009

**Time:** 4 pm-9 pm and lunch on Tuesday <sup>the</sup> 5th

**Where:** Stow Shopping Center, Great Road  
Stow, MA 01775

**Phone:** 978-897-9101



- Any guest bringing in one of your flyers may not redeem coupons with their order.
- Papa Gino's Pizzeria will donate 20% of the total pre-tax sales from all the guests that come in with the flyer during your fundraiser.
- This is valid for all dine-in and carry-out orders. (Sorry, not valid on delivery orders).