

NASHOBA Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

Ralph Olsen, Interim Principal

Tracey Calo, Assistant Principal

Brian Cote, Assistant Principal

Tania Rich, Athletic Director

High School Office (978)779-2257

<http://nrhs.nrsd.net>

Guidance Office (978)779-0122

Volume 13 Issue 7

March 2012

FROM THE NURSES' OFFICE

SPRING SPORTS

Your child must have a current physical (within the past 13 months) on file with the school nurse to be eligible for participation. If you have any questions about this, please feel free to call your high school nurses @ 978-779-2257 x 6

PROM DRESS, ETC... COLLECTION...NURSES OFFICE

Does your daughter or a friend's daughter want to go to Prom but finds the cost is a stumbling block? Does your son need a good suit for Prom but can't afford one right now?

Each year during the months of February, March and early April, the high school nurses conduct a collection of gently used prom dresses, shoes, evening purses, accessories, and gift certificates to area hair and nail salons. We also collect good mens' suits or tuxes, and donations/discounts for the rental of a tux.



These lovely dresses and suits are taken to a little shop in Clinton called Hidden Treasures at 180 High Street. Here dresses, shoes, accessories, and suits can be tried on and purchased.

Store hours are:

Tuesday – Saturday, 10 am – 4 pm
(978) 365-3085

Last year, most, if not all of these kids, would have missed out on Prom. Please check your closets and consider donating gently used gowns, shoes, purses, good mens' suits or tuxes to this worthy cause. Your heart will thank you! You can bring them to the nurses' office at the high school. Please bring them cleaned if possible.

Sean & Betsie, A Story of Friendship and Loss

This powerful assembly, put on by the Middlesex District Attorney's Office, is the recent story of a local high school couple that was killed by a drunk driver. We will be hosting Mrs. LaPlante, Betsie's mother, and this moving story on

April 25, 2012 for the Junior and Senior classes, just in time for Prom and Graduation.

At this time of year, high school students are filled with the anticipation of celebrations and moving on. Stress about the unknown is common and so this can be a risky time for students.

Please remember to talk to you kids about drinking and driving over and over and especially on Prom night. A recent study showed that 65% of teens cite their parents as their leading influence for them not to drink. You can make the difference!

***If you do not want your child to participate in this assembly, please send a written note with your child on the day of the assembly, April 25. Students should submit the note to their teacher during that specific time period (assembly/program block).

If you have any questions, please call the nurses' office at 978-779-2257 ext.6

Thank you, Migdalia, Linda, and Rosemary, HS nurses

FRENCH 3 HONORS CLASS TAKES SECOND PLACE IN NATIONAL CONTEST

Congratulations to Mrs. McHale's French 3 Honors class for their second place finish in a national contest sponsored by the American Council on the Teaching of Foreign Languages. The class was hoping to make it two in a row as they won it last year, but second place is still pretty impressive for a national contest. The contest theme was Discover Languages, Discover the World. The class went on a scavenger hunt to discover various countries and then they put them all together to create one world. Throughout their search, a song titled "Discovering Languages, Discovering the World" was sung by Nashoba's Andrea DeLisle.



(Continued on page 2)

With the prize money that the class received for second place, they plan to go to a French restaurant for lunch. Good job Nashoba!



On Saturday, March 17, eleven NRHS students are hoping for the luck of the Irish as they head to Ayer, MA to compete in the State Regional Destination ImagiNation Tournament. The 11 students comprise two teams who will each perform their team's unique solution to a theatrical challenge that involves a four minute movie trailer that must include a team created sound track, technical spectacle and an interaction between two characters from two different cultures of a nation that exists on a current map!

These two teams have been working for months to solve the challenge. While they will be competing against one another, they are looking forward to seeing how each team distinctly solves the same challenge. The team members coached by Nicole Caliguri are: Katerina Agretelis, Abbie McCaffrey, Caroline Szcesuil, Catherine Tully, Adam Vigneaux and Alison Zak. The team members coached by Wendy Enzmann are: Magen Cook, DJ Enzmann, Jojo Enzmann (Hale), Zach Honig, Rob Pulgarin and Colin Willoughby.

Good luck to these NRHS students and much appreciation to the volunteer coaches for all their efforts!

VARSITY vs. FACULTY/ALUMNI HOCKEY GAME

The 2nd annual NRHS Varsity vs. NRSD Faculty & Alumni hockey game will be held on **Friday, March 16, 2012 at 7:20 pm**, at New England Sports Center in Marlborough (Rink #1).

Last year, the game was a lot of fun for both players and spectators alike. We hope this year will be an even bigger success! So grab a friend and come for fun night of hockey. Cheer on your favorite player, faculty member or alumni. Current faculty roster includes: Coach Kendall, Coach Short, Mr. Cote, Mr. Ettinger, Doc Murphy, Mr. Tinschert and Coach Vaughan. Admission is \$5 for adults; \$3 for students and seniors. All proceeds support the NRHS hockey team. For more information please contact Mark Douglas at mdoug-las89@comcast.net.



NASHOBA ATHLETICS BOOSTER CLUB

"Ask the AD!" (Tania Rich, NRSD Athletic Director) is just one of the topics for the next Nashoba Athletics Booster Club open meeting on Monday, March 12, 2012 at 7:00 pm (in the high school cafe). Other topics include team fundraising, the role of the new "Team Representative" and where we are with the scholarship process for our 2012 senior athletes. We will also discuss the upcoming May Annual Meeting and the positions on the board that need to be filled for next year." Please plan to join us to learn more about what this new organization is doing! We ask that questions for the "Ask the AD" portion be sent to Nashoba-Boosters@nrds.net by March 7, 2012.



STAFF APPRECIATION LUNCHEON

Once again, the PTSA, with the support of the Nashoba community, provided a wonderful Staff Appreciation luncheon for the high school staff. On February 17, we were treated to calzones, salads, soups, and desserts prepared and served by wonderful volunteers. The Nashoba High School faculty and staff cannot thank enough everyone involved in the delicious event!



FRIENDS OF MUSIC NEWS

Lots of news and activities for March and early April !

NRHS Class of 2003 and Chorus Alumni, Su (Homicile) Charles, formerly from Lancaster, was a contestant on this year's "American Idol". She made it to Hollywood through to the group and final solo auditions in Hollywood. Su distinguished herself at Nashoba by being one of 12 students chosen nationwide to sing with the Grammy Awards High School Jazz Choir for three years: 2001, 2002, and 2003. Su was the only student participating in 2001 not chosen from a Performing Arts High School. The 12 students performed at Jazz Clubs in LA, sang for the Grammy pre-performance dinner, and attended the Grammy Awards.

Mark your calendars for Sunday, March 4, at 2:00 pm at Cary Hall in Lexington when you can hear Mr. O'Toole (and Mrs. O'Toole) perform with the Metropolitan Wind Symphony. The concert will be conducted by Lewis Buckley, retired conductor of the U.S. Coast Guard Band. The program includes Gershwin's *American in Paris*, Granger's *Lincolnshire Posy*, Ticheli's *Blue Shades*. More information is available at www.mws-boston.org.



MMEA All-State Music Festival: March 3

The All-State Concert takes place on March 3 at 1:00 pm at Symphony Hall in Boston. Angie DeSocio will sing

(Continued on page 3)

alto in the Chorus, Kerry Anne Conlin will play trombone in the Concert Band and Connie Jiang will play piccolo in the Orchestra.

Berklee Jazz Festival: March 10

The Advanced Jazz Ensemble and Jazz Sextet will participate in the 42nd annual Berklee High School Jazz Festival at the Berklee College of Music in Boston. The AJE will perform at 10:45 am and their program will include *Dragon Blues*, *Samatha*, and *Defibrillator*. The Sextet will perform at 1:30 pm, and will perform *Softly*, *As In a Morning Sunrise*, *Everthing Happens to Me*, and *Proclamation*.



MAJE Festival: March 14

Both the Advanced and Intermediate Jazz Ensembles will participate in the Massachusetts Association for Jazz Education (MAJE) Festival at Algonquin on March 14. Please visit www.nashobamusic.com for more information. Gold Medal winners will continue on to the state finals on March 24th.

MICCA Band Festival: March 30

The Concert Band will perform at the annual MICCA festival on March 30 at 4:00 pm at Lexington High School. If they earn a Gold Medal they will be invited to perform at Symphony Hall on April 14.

MICCA Chorus Festival: April 1

The Nashoba Concert Choir, Madrigal Choir, and Women's Ensemble will perform at the MICCA Festival held in Norwood on April 1. As this is Palm Sunday, the bus will not be leaving NRHS until 12:15 pm.



John Lively Foundation Scholarship Applications: Due on April 1

The John Lively Foundation will again provide three or more summer music scholarships for students that are in grades 9, 10, and 11, who are 15 years of age or older. The scholarship provides up to \$700 toward the tuition for a summer program at Berklee School of Music or other local music programs of your choice. The application forms are available in the Guidance Office.

Spring Band Concert: April 3

All of the bands will be performing right here at Nashoba on Tuesday, April 3, for the Spring Concert (yes, it is on the 3rd not the 6th). All of the groups will be performing their competition programs and a few other numbers, too. Admission is \$5. Students and Senior Citizens are free.

Spring Choral Concert: April 12

The Spring Choral Concert will be held on Thursday, April 12, at 7:00 pm. Please note the earlier start time. Admission is \$5. Students and Senior Citizens are free.

Friends of Music Meeting: March 12

Parents, please join us at our next meeting on Monday, March 12, at 6:30 pm in the chorus room.

APRIL 2013: FRANCE: Paris, Lyon, and Nice

The plans for next year's trip to Europe have been finalized! The trip is to France and will take place during the April school vacation of 2013. The dates are Friday, April 12 to Saturday, April 20. Let me tell you a little about me and the trip, then hopefully you will decide to join me on this exciting adventure.



My name is Kathy McHale and I have been teaching French (and this year Spanish too) at Nashoba for 26 years. I offer trips to students every year, although some years the trip was canceled due to lack of interest. Sometimes the trips are to Quebec City, and other times they are to another continent, mostly Europe; although I have taken groups to Australia. I'm sure that if you ask those who have traveled with me, they will say I am a very organized and responsible person. You need not worry if you send your child on a trip with me. I will be happy to provide references.

This is my last trip to Europe with students as I will be leaving Nashoba in June of 2013. I always tell my students that travel is the best education, so if they have an opportunity to travel, they should work hard to make it a reality.

Nashoba students, parents, relatives, friends, and staff are always welcome to come on these trips. The 2013 price of the France trip is \$3189. It is based on a minimum group size of 25. A deposit of \$295 is due with the application.

Prior to making any deposit on this trip, you must read the "Terms and Conditions" which explain all the rules. This is on the back of the application form. The most important part of joining me on any trip is the ability to be flexible. It will be well organized, and you will receive monthly newsletters from me to update trip information, however, sometimes things beyond my control happen, and flexibility is required. For example, travel dates may change by a day or two, a hotel change may happen, the itinerary may be reversed, or luggage may be lost for a day. C'est la vie!

(Continued on page 4)

The price includes just about everything except lunches. It includes roundtrip airfare from Boston, hotel accommodations in Paris (2), Lyon (2), Avignon (1), Nice (2), transportation to all sightseeing as per the itinerary, 7 breakfasts and dinners, and transportation via bus and TGV from Paris to Nice. Highlights include a city tour of Paris, Lyon, Avignon, and Nice plus a visit to the Louvre Museum, wine tasting, the Roman Aqueduct Pont du Gard, the former residence of the Popes, the workshop of impressionist painter Cezanne, visits to Monaco, and a perfume factory in Eze.



A full-time Tour Director is with us throughout the trip. There are no hidden add-on fees such as weekend supplements, air tax/security fees, etc. The tour company I am using is Teach by Travel. I have traveled with them many times and have not been disappointed. If you would like to check them out before signing on, the web site is www.teachbytravel.com. My tour consultant is Sue Scanlon if you have any questions for her about the company.

What is not included in the price are lunches/beverages, free-time activities, tips to our tour director and bus driver, optional trip insurance, spending money, and of course a passport if you don't already have one. Also if you are an adult and not staying in a triple room, there is a double room supplement and a single room supplement. Otherwise, rooming is in triples.

There are two payment options.

1. Make your initial deposit of \$295 before school ends in June; then you will need to make another payment of \$200 by September 15. Final payment is due in full by December 15, 2012. There are no scheduled payments; pay as you like. The trip insurance is optional.
2. You may join the Easy Payment Plan. You still need to make the initial deposit of \$295 but then you make scheduled monthly payments and your final payment is due in February. If you opt for this, you are automatically charged for the trip insurance.

If you would like an application, an itinerary, or more information, please contact me as soon as possible. I can be reached by email at kmchale@nrsd.net. I hope you can join me!

ORDER YOUR NASHOBA MOISTURE MANAGEMENT T-SHIRTS

Show your Nashoba spirit this spring with a short sleeve moisture management t-shirt in either Vegas Gold or Forest Green. The Badger t-shirts will be silk screened with the Nashoba "N" on the front left chest and "Nashoba" on the back. It is available in both ladies and men's cuts

for only \$18 (add \$2 for 2XL). Ordering must be done on-line at www.Kcboosters.com beginning March 1 — March 15. Don't delay placing your order as the end date cannot be extended since we want the t-shirts to be available for distribution before April vacation. These t-shirts are great for everyone — students, players, parents, coaches etc. Your purchase supports the Nashoba Regional High School Boys Lacrosse team. *Thank you for your participation!* If you have any questions please contact Gigi Lengieza by email to glengieza@comcast.net or phone at 617-763-9457.

SPED PAC

New Date — March 21st

"How To Succeed with Asperger's Syndrome: Strategies, Personal Experiences and Resources"



The date of the March SPED PAC meeting has been changed to Wednesday, March 21st at 7:15 pm (at Nashoba Regional High School, room 216, the ASC) so that we may host Carol Ann Edscorn, adjunct instructor at Granite State College. Ms. Edscorn's topic will be "[How To Succeed with Asperger's Syndrome: Strategies, Personal Experiences and Resources.](#)" Ms. Edscorn will offer profound, articulate, and very humorous insights of what it is like to have Asperger's Syndrome. She makes sense of the sensory sensitivities and social relatedness that makes parenting and working with people on the autism spectrum so intriguing and challenging. Family adaptations along with general accommodations and interventions will be discussed. She brings her perspective of living with Asperger's herself as well as parenting two young adults on the spectrum. Anyone interested in the topic is welcome to attend. JOIN US! Refreshments will be served.

The district-wide SPED PAC offers presentations on a variety of subjects and provides a forum for interaction with other parents, professionals and community members who have experience with children with special needs. The remaining meeting for this year will be held on Tuesday, April 24th.

For more information, other meetings, or to be added to the monthly email distribution, please contact Joan Finger (978)-337-5132, Joan@ZooterGroupTutoring.com or visit the SPED PAC page at www.nrsd.net.



Disney's BEAUTY AND THE BEAST

FRIENDS OF DRAMA MARCH NEWS

“Be Our Guest” March 23rd and 24th at 7:30PM and March 24th and 25th at 2:00 PM

Join us as we bring this timeless classic to the High School stage! Light up roses will be sold at each performance so the audience can help the beast be transformed back into a handsome prince and a “children’s tea” will immediately follow the Sunday matinee. Bring your camera to capture these special moments as your children meet-and-greet their favorite characters!

Our dedicated parent volunteers are hard at work creating the intricate sets, costumes and props necessary to bring this show to life! The talented actors have put in additional rehearsal time to fine tune their performances as they bring our creative team’s vision alive!

Tickets are \$14 for adults and \$10 for students / seniors and can be ordered in advance using the attached form or on-line through our website: www.NashobaDrama.com. Please contact Lynn Dischler (978) 779-6225 with inquiries regarding tickets.

If you would like more information on how you can become a part of our production crew, please contact Audrey MacLean: samjackaud@yahoo.com or call (978) 568-8733.

CHALLENGER BASEBALL LEAGUE

"The Challenger Baseball League returns and seeks participants and volunteers. This program is for physically and mentally challenged children ages 5 through 18. Games will be played Saturday mornings from 10 to 11 am, May 5 through June 16 at Thayer Field in Lancaster. No practices, just games! Due to growing number of players, we need more helpers! Any local Little Leaguer, Middle School, JV, or Varsity athletes, and anyone else who would like to help are encouraged to come and be a Buddy for our Challenger players. No special baseball experience required, just a caring, positive attitude! Players should register online at www.lancasterlittleleague.com, Buddies/Helpers should contact Joe Kennedy at kennedy2004@comcast.net for more information and get put on the Buddy list. "



FORUM ON VIOLENCE IN TEEN RELATIONSHIPS

The Bolton Police Department and the Bolton Domestic Violence Educational Program organization are planning a forum for 10 am, Saturday, March 10, at the Bolton Public Safety Building on violence in teen relationships. The forum will have four main presenters and will provide the opportunity for attendees to meet the presenters and to ask questions.

Volunteers are needed to assist the day of the forum and to help distribute publicity prior to the forum. We welcome students to help on the day of the forum.

The goal of Bolton Domestic Violence Educational Program is to promote awareness of domestic violence in the community and to provide information resources available to victims, families and friends. We hope that both parents and students in the community will be able to attend this forum.

To volunteer or if you have questions contact Pat Ben-setler at 978-779-5026 or patbensetler@comcast.net.

LANCASTER PTO SPONSORED NASHOBA SUMMER THEATRE CAMP

Students who have completed grades 3rd through 9th may join us at the Nashoba Regional High School Auditorium at 12 Green Road in Bolton, MA, Mondays through Thursdays, July 2 – July 26, 2012, from 9:00 am to 12:00 pm, for an opportunity to experience drama, music, and dance. (There will be NO camp on Wed, July 4, and Thurs, July 5.) Public performances of the chosen musical will occur at the end of the camp on the evenings of Wednesday, July 25, and Thursday, July 26. Students interested in being a part of the summer theatre camp need to fill out and return the forms which can be accessed at the following link: <http://www.nrsd.net/index.php?id=252> Early registration by Friday, March 26, 2012 is \$200 per first child. Additional siblings are \$75 each. Registration AFTER March 26 will be \$240 per first child. Additional siblings will be \$95 each. Questions may be directed to Paula Castner at creat-ed4joy@comcast.net

RAISING BACKYARD CHICKENS

Have you wondered what it would take to raise chickens for eggs or meat in your backyard? Where do you get the chicks and can you only get hens? What would you do with them in the winter? How many eggs do they lay? How can you keep them healthy and safe from predation? The Stow Conservation Trust will sponsor a family program to discuss the ins and outs of raising backyard chickens. Then we will offer a chicken coop tour to see a variety of coops in Stow. For more information contact us at SCTchickencoop@gmail.com The program location and exact dates will be posted on the Stow Conservation Trust web site and in the Stow Independent. www.stowconservationtrust.org



FROM THE NRSN NUTRITION ADVISORY GROUP,
a professional development-based committee formed to analyze and address nutritional needs of the school community:

Breakfast: Fast and Healthy – is this possible?

We've been told our whole lives that breakfast is "the most important meal of the day". Is there really any evidence that supports this? In fact, there is! The American Dietetic Association (ADA) sites numerous studies that found children who ate a healthy breakfast 'met their daily nutritional needs, kept their weight under control, had lower blood cholesterol levels, and attended school more frequently, had a general increase in math grades and reading scores, increased attention, reduced nurse visits and improved student behaviors.'" Conversely, children who skip breakfast are less likely to consume foods with adequate levels of minerals such as calcium, phosphorus and magnesium, and vitamins such as A, C, B12 and folate.*

Getting kids to eat a healthy breakfast is often a challenge when hectic morning schedules and sleepy bodies are at odds with each other. Kids' cereals, pastries, doughnuts and pre-made breakfast bars and drinks are convenient, but are usually loaded with calories, sugars and fats. Remember, however, that a healthy breakfast doesn't need to be time-consuming and complicated. A good rule of thumb to follow: include one item from at least three different food groups and you're sure to be starting off well. Use your imagination - the possibilities are endless! Try the following:

- whole-grain cereal with milk and an orange
- low fat yogurt with granola and fresh fruit
- a toasted bagel with egg and cheese
- oatmeal topped with raisins and nuts
- a banana dog (peanut butter and a banana on whole-grain bun or bread)
- breakfast taco (shredded cheese on a tortilla, folded in half and heated in the microwave, served with salsa)
- morning pizza (toasted english muffin with pizza sauce and melted cheese)
- cream cheese and fruit sandwich on whole-grain bread
- yogurt and berry smoothie with a muffin
- French toast with sliced apple or banana topping
- cottage cheese warmed in a wheat pita with chopped veggies

Here are some other ways to make morning meal preparation easier:

- set the breakfast table the night before, even if it is only for cereal and juice;
- keep pancake or waffle batter in the refrigerator, ready to pour on the griddle;
- make homemade muffins or breakfast bars on the weekends, store them in the freezer ready to warm in the microwave;
- reheat leftovers – they're not just for dinner anymore!

Let your children know why breakfast is so important and how it will make a difference in how they do in school. Make eating a healthy breakfast every day a family goal, and enlist your children in meeting it. Even young children can take responsibility for feeding themselves a simple meal each morning. They'll feel and perform better and establish a healthy habit that will last a lifetime. Breakfast really is the most important meal of the day!

*The American Dietetic Association website is www.eatright.org.

Join the Nashoba Drama Society's production of



Disney's BEAUTY AND THE BEAST

Music by: Alan Menken

Lyrics by: Howard Ashman and Tim Rice Book by: Linda Woolverton

Directed on Broadway by Robert Jess Roth

Originally Produced by
Disney Theatrical Productions

Step into the enchanted world of Broadway's modern classic, Disney's BEAUTY AND THE BEAST. Based on the Academy Award winning animated feature, the stage version of Disney's BEAUTY AND THE BEAST includes all of the wonderful songs from the film, written by Alan Menken and the late Howard Ashman, plus new songs written especially for the Broadway version by Mr. Menken and Tim Rice, including "Belle", "Gaston", "Human Again", *Beauty & the Beast*, "If I Can't Love Her", and "Be Our Guest".

You will be transported to a lovely French provincial town where the beautiful Belle lives with her father – a dotty inventor. When her father doesn't return from a trip to the local fair, Belle rushes off to find him. To her dismay, she discovers he is being held captive in an old castle by a horrible beast. She trades her freedom for his and the "tale as old as time" begins.

How Belle tames the unfortunate Beast and his ultimate transformation into a handsome prince continues to enthrall audiences. Filled with spectacular costumes and sets, Disney's *BEAUTY AND THE BEAST* offers a great opportunity to bring our entire community together for family theatre at its best.

Production dates are March 23 and 24 at 7:30 pm and March 24 and 25 at 2:00 pm. All performances will be held at the Nashoba Regional High School Auditorium, 12 Green Road, Bolton, MA.

Light-up roses will be sold at each performance so the audience can help the beast be transformed back into a handsome prince. A special "children's tea" will immediately follow the Sunday matinee allowing the children in the audience to meet-and-greet the characters. Bring your cameras if you want pictures. Autographs by the characters are also encouraged.

Tickets can be purchased in advance by using the ticket form on the back or next page or on-line through our website: www.NashobaDrama.com. Tickets may be available at the door.

For more information, go to www.NashobaDrama.com,
email us at NashobaDrama@comcast.net or call Lynn at 978-779-6225

DISNEY'S BEAUTY AND THE BEAST

Is presented through special arrangement with Music Theatre International (MTI).

All authorized performance materials are also supplied by MTI.

421 West 54th Street, New York, NY 10019

Phone: 212-541-4684 Fax: 212-397-4684

www.MTIShows.com



Disney's BEAUTY AND THE BEAST

Music by: Alan Menken
Lyrics by: Howard Ashman and Tim Rice Book by: Linda Woolverton
Directed on Broadway by Robert Jess Roth
Originally Produced by Disney Theatrical Productions

Performances dates are: Friday, March 23rd at 7:30pm; Saturday, March 24th at 2 and 7:30pm; Sunday, March 25th at 2pm. A special "children's tea" will immediately follow the Sunday matinee allowing the children in the audience to meet the characters.

Tickets can be ordered in advance by using this form or our on-line box office at www.NashobaDrama.com. Tickets ordered on-line will be held at the door. When using this form, simply return the completed order form below with payment. Be sure to indicate the performance date(s) and the number of adult and children/student/senior tickets on the order form. The performances are general seating, so come early to get a good seat. Theater doors open one-half hour before show time, and the box office opens one hour prior. Nashoba Regional High School (NRHS) is located at 12 Green Road, in Bolton, Massachusetts.

Tickets ordered using this form can be returned to you via mail, if you **include a self-addressed stamped envelope**. Drop off or send completed form to: **Nashoba Friends of Drama, P.O. Box 492, Bolton, MA 01740**; or drop off in the Drama mailbox located in the NRHS main office. If you have any questions, call Lynn at 978-779-6225. **All advanced ticket reservation forms must be received no later than Friday, March 16.**

DISNEY'S BEAUTY AND THE BEAST Is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI.
421 West 54th Street, New York, NY 10019 Phone: 212-541-4684 www.MTIShows.com Fax: 212-397-4684

*******Ticket Order Form*******

Name: _____ Phone: _____ Email: _____

Beauty and the Beast - 2012 Show Dates	# of Adults	# of Children/Students/Seniors	# of Total Tickets
Friday, March 23 at 7:30pm			
Saturday, March 24 at 2pm matinee			
Saturday, March 24 at 7:30pm			
Sunday, March 25 at 2pm matinee and tea			

Total Adult Tickets:..... _____ x \$14 each = \$ _____
Total Student / Senior Tickets: _____ x \$10 each = \$ _____
Additional (tax deductible) donation = \$ _____
Total Dollar Amount of Order:..... \$ _____

Checks made out to: "Nashoba Friends of Drama"

Self-addressed stamped envelope enclosed: _____ - or - Pick up at door: _____

Drop off or send completed form to: Nashoba Friends of Drama, P.O. Box 492, Bolton, MA 01740

More information can be found at www.NashobaDrama.com or email NashobaDrama@comcast.net

DONATIONS TODAY HELP THE TROOPS TOMORROW

Toiletries Collection for Our Troops

Donate today! Donate to the troops and help support them as they support our country. Our Girl Scout Troop, 72521, is collecting items for the organization Give2TheTroops. Give2TheTroops is a non-profit organization that will send the donations overseas. We are collecting the following items for the troops:

TOILETRIES: NO HOTEL SAMPLES!

Hair Gel (for female troops to pull hair back)

Combs / Brushes, Bobby Pins

Deodorant (travel size) Razors (disposable: "Intuition" or "Mach 3" type)

Shaving Cream / Shaving Soap (in boxes or tubes; NO CANS of Shaving Cream, please!)

Band-Aids, Gauze Pads, First Aid Kits

Sunblock, SPF 45, Zinc, Vitamin E, Aloe Vera Gel

Bug Spray / DEET / Skin-So-Soft

Hand & Body Lotion / Moisturizer (travel size)

VITAMINS (multi-vitamins are always needed!)

Breath Mints / Breath Strips

Lozenges / Cough Drops

Feminine Hygiene Products

Moleskin

Shoe Insole Cushions (gel kind is best)

Donation boxes will be located at: Nashoba Regional High School, Hale Middle School, the Stow Post Office, the Stow Fire Station, and Shaw's. The donation will run through the month of March.

Thank you for your donations! We appreciate the help from everyone!

Girl Scout Troop 72521

Donations will be held through the month of March.

3/1/12 - 3/31/12

For any further questions e-mail:

candc4soldiers@yahoo.com

SAVE THE DATE

DASH FOR A DIFFERENCE

Are You Ready to Run?

Dash for a Difference is inspired by *The Amazing Race* television show. This event pits teams of 5 dashers in a friendly competition, traveling through North Central Massachusetts neighborhoods on a quest to complete service projects and other community issues/educational tasks. To participate, you raise funds for United Way Community Builders volunteer center prior to the event; prizes are given for top finishers and fundraisers. It's an amazing five-hour adventure in volunteerism and teamwork.

Details/Sign-up a Team

This event is open to the public, with prizes for top finishers and top fundraisers.

Contact: Brandon Jeffery

Facebook:

<https://www.facebook.com/#!/profile.php?id=9124570>

Email: Brandon@uwncm.org

Tel: 978-345-1577 ext.28

Here's how it works:

Teams will start at 9 am sharp, when each team will receive the first of the 8-10 destinations they will visit.

At each destination, teams must complete tasks in order to have their passport stamped and receive their clue to the next destination. Most tasks will be mini volunteer projects, while a few will be learning-oriented, where teams must piece together clues to get to their destination; and some will be "just for fun" assignments.

Team starts will be staggered across the route to minimize bottlenecks at agencies.

Each individual is responsible for raising a minimum of \$100 in pledges. All funds raised benefit United Way Community Builders, the regions volunteer center that annually organizes thousands of volunteers in service to North Central Massachusetts.



Saturday
April 14, 2012
8:00 – 9:00 am: Registration
9:00 – 3:00 pm: Dash
Start/Finish Location: TBA

What Now?

- Recruit a team of friends to participate on your team.
- Each team member raises \$100.00 in pledges to register in the Dash for a Difference.
- Name your team.
- Get Ready to Run!





BOLTON CONSERVATION TRUST

Walk, Talk, & Annual Meeting

Sunday, March 18, 2012

We invite you to:



- Come to the walk and talk
 - ***Walk Rattlesnake Hill Conservation Area***
(meet at 2:00pm at the end of Old Sugar Road)
 - ***Talk by Dr. Tom French on Bats***
“The Unexpected and Sudden Decline of Massachusetts Bats”
(at 3:15pm proceed to Davis Hall in First Parish Church on Main Street)
- Drink hot cocoa/coffee/tea to warm up
- Meet Tom Denney Nature Camp counselors & do crafts and games
- Enjoy a delicious dinner provided by *J's at the Winery*

Attendance is free!

Kids are invited to this fun family event!

ALL ARE WELCOME!



Dr. Tom French has been an Assistant Director of the Massachusetts Division of Fisheries and Wildlife since 1984 where he serves as Director of the Natural Heritage and Endangered Species Program. French's educational background includes a B.S. in Biology from Georgia State University, an M.S. in Zoology from Auburn University, a Ph.D. in Ecology and Systematics from Indiana State University and a post doctoral position at Cornell University. He was formerly a zoologist with The Nature Conservancy and an instructor-naturalist and field biologist with the National Audubon Society. French has served on numerous committees of scientific societies and conservation organizations, graduate student committees, and endangered species recovery teams. He has written over forty papers on small mammals, birds and herptiles, and works frequently with the media to foster greater public interest in conservation.

The Bolton Conservation Trust assists in and promotes the preservation of the rural character of the Town of Bolton. The Trust also sponsors the Tom Denney Nature Camp in the summer and the Four Winds Environmental Learning Program in Bolton's schools which helps Bolton's children to respect and appreciate our environment.

RSVP Please let us know how many children and adults will be attending so we can plan for food.
Contact us at info@boltonconservationtrust.org or 978-429-3004.



Tom Denney Nature Camp

Calling all High Schoolers!!!

Do you want a fun summer experience? Come to nature camp and be a Counselor in Training! You will have fun playing games outdoors and also gain valuable work experience for future jobs. CITs attend 3 days of Orientation and then work for 2 weeks. Do it with your friends - you'll have a blast!

Registration for the Tom Denney Nature Camp Summer 2012 CIT program will be open on February 1 at tdnc.boltonconservationtrust.org.

About the camp:

The Bolton Conservation Trust's co-educational summer day camp is a unique camp experience that offers six one week sessions of fun and learning in the beautiful natural setting of Bolton's Bower Springs conservation area. The Tom Denney Nature Camp was founded in 1976 and is sponsored by the Trust. Our dedicated and enthusiastic staff supports Bolton's commitment to environmental education and to kids. The goal of our camp is to create a safe, enjoyable outdoor learning experience that provides opportunities for children to learn about themselves and develop understanding, respect and responsibility for the environment while making new friends, taking on new challenges and most of all having fun!

TDNC Campers Program: CITs work with staff and campers in this program

Campers must be entering the 2nd through 8th grades for the 2012/2013 school year. The cost per session is \$250. Activities include swimming, group games in the field and woods, Mystery Animal, Predator and Prey, The Amazing Race, arts & crafts, songs, stories, tracking, scavenger hunt, hiking, exploring, campfires, building a shelter & more.

ECO ADVENTURES Older Campers: CITs work with staff and campers in this program

This program is for campers who are entering middle school (grades 6-8). Campers this age may choose this program or the regular TDNC program. Activities include kayaking with Still River Outfitters, rock climbing at Central Rock Climbing Gym with harnesses & ropes, an overnight with campfire dinner, sunset swim & sleeping in the big tent, team building activities, obstacle courses, a conservation project & more. The cost per session is \$370.

2012 Schedule (camp runs from 9am to 3pm):

Mandatory Attendance at Orientation for Staff Training: June 25-27

Session 1: July 2-6 (note the 4th is a holiday but there will be camp) Session 2: July 9-13

Session 3: July 16-20 Session 4: July 23-27 Session 5: July 30-Aug 3 Session 6: Aug 6-10

CITs pay a fee of \$50 for administrative costs. Scholarships for campers for week 1 are available for any camper in need and no camper will be turned away for financial reasons. Activities vary between sessions however more than two sessions may be repetitive. See the website for more details.

Questions: bcttdnc@gmail.com (best means of communication) or 978-429-3004.

