

Nashoba Regional High School
<http://nrhs.nrsd.net>

John G. Smith, Principal
Jeremy Roche, Assistant Principal
Peter Richards, Dean of Students

High School Office (978)779-2257

Guidance Office (978)779-0122

Nashoba Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

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From the Principal's Desk



Dear students and parents:

Recent local and national stories have been directed to concerns about online chat rooms such as MySpace.com. While the intention for such sites was to allow people 18 and over to chat online and share general interests, what it has become in many circumstances is a place that sexual predators use as a way to target individual people. In my investigation of our own high school students, I have found that a number of our students have registered and do post information to such sites. I am concerned for a couple of reasons. The information that is often posted on these sites has inappropriate pictures, personal information such as where they live and where they attend school, and it also has links to other students. I am concerned about the safety of our students. I have spoken to several students about my concern and I will be holding small group assemblies to inform students of the dangers of online chat rooms and sites. Many students do not believe that their posting is any cause for concern. If you have not already done so please talk to your son or daughters about MySpace.com and other chat lines. A partnership between parents and schools is an effective way to keep our kids safe. I have attached a link to recent stories concerning this topic, [Schools, Parents Cracking Down on Web Socializing](#), which can be found on the high school web site <http://nrhs.nrsd.net>.

Sincerely

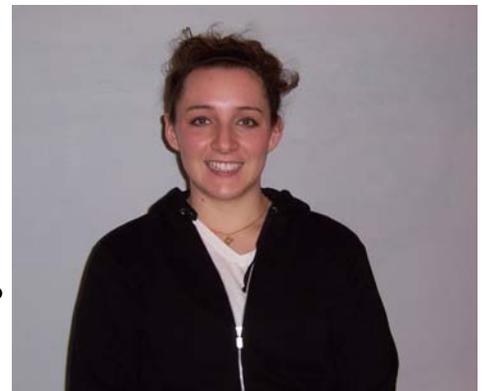
John G. Smith
Principal

Student Spotlight

Nashoba Regional High School Student Wins Several Rounds of a Speech Contest

Congratulations to Alysse Staake for winning yet another round of the Lions Club speech contest. Alysse, a senior at Nashoba Regional High School, is enrolled in the Speech and Communication elective through the English department and became interested in competing in the club's competition when Stow's division of the club announced that the topic was to be, "What Family Means to Me."

The first level of the competition was held at Stow's library. Alysse presented her speech in full manuscript to the members of the club and other members of the Nashoba community, including Mrs. Roche, her speech teacher, and fellow students. Because Alysse was the only competitor, she was able to practice and present her speech to the audience with little to no pressure; afterwards, she received one-on-one commendations and recommendations from the panel of judges. Alysse was awarded a \$50. Savings Bond for the Club division and automatically won another \$100. Savings Bond for the Zone division.<http://nrhs.nrsd.net/>



The real challenge came January 21st when Alysse had to transpose her speech onto only three index cards and pre-

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sent her speech at the Region competition. The contest was held at the Sherborn Community Center, and Alysse competed against a young man from Ashland. The judges evaluated the students on timing, delivery, effectiveness, and text. Alysse was able to demonstrate her gift of public speaking, taking home first place and another \$100. Savings Bond!

Alysse moved on this weekend to the District level of the competition at the Braintree Sheraton, where she took home a large, framed award for placing as a "runner up" against several other students. Nashoba Regional High School prides itself on the quality of its students; Alysse Staake is one such student. Kudos to her!

From the Nurse's Office

A friendly *reminder* to parents and guardians:

SPRING SPORTS (Sign-ups starting the week of March 6)

If your high school son or daughter is interested in participating in spring sports, he or she must have a current physical (within the past year) on file with the school nurse. If you have any questions about this, please feel free to call our office (978) 779-2257 x1.

Daffodil Day's Reminder



The nurse's office will be coordinating the purchase of Daffodils to raise money to help fight cancer. This event is sponsored by the American Cancer Society.

Bouquet of Daffodils (10 stems)	\$7.00
Bear & a Bunch – includes 12" special edition Boyds Bear and 10 daffodils	\$25.00
Gifts of Hope A gift of hope is a donation of \$20	\$20.00

Order Prepaid: Now thru March 1
Where: Nurse's Office 978-779-2257x1
Delivered: March 20 — 22 (picked up in HS nurse's office)

PENNIES FOR PATIENTS (New to Nashoba High School this Year!!!)

Starting **March 6 until March 24**, your child's school will be participating in The Leukemia & Lymphoma Society's **Pennies for Patients** program. The Foreign Language Club members will be helping the nurses with this wonderful program.



Pennies for Patients provides an opportunity for children to raise funds to support The Leukemia & Lymphoma Society's effort to find cures for blood cancers – leukemia, lymphoma and myeloma. Children experience the satisfaction that comes from helping others by collecting *spare change* in honor of local, school-aged patients battling blood cancers. This cause has special relevance for children and their families as **leukemia causes more deaths than any other cancer among children under the age of 20.**

When you receive this letter, please take the opportunity to speak with your child about the value of making a difference in the lives of people battling cancer. We also invite **you** to contribute to the program. Funds raised will help support the Society's efforts to find cures and improve the quality of life of patients and their families.

*** Our goal for this year is to try to raise \$1500. Example.... If each student could donate \$1.70 in pennies we would meet our goal this year.

Thanking you in advance for all your support.

Migdalia, Linda, and Marilyn
 High School Nurses

A Special Thanks

The PTSA generously provided a luncheon for faculty and staff on February 10th. The delicious pizza, salads, desserts, and drinks helped re-energize the group before heading out to afternoon staff development workshops. Our thanks extend to the entire PTSA, especially Carol Kallander, who acted as the point person in organizing the event.

Senior Class News

Graduation is fast approaching! All seniors are required to pay class dues (\$25 a year) in order to participate in Senior Banquet and receive a yearbook. Many seniors still owe class dues. If you owe dues you will NOT be able to attend Senior Banquet and will NOT receive a copy of the yearbook. Please pay dues ASAP to either Miss Siciliano or Miss McAuliffe. See them or a class officer with any questions.

Important Events for Seniors:

- Seniors will be measured for caps and gowns for graduation on Friday, March 10, 2006 with Jostens.
- Senior Banquet will be Thursday, June 8 at Wedgewood Pines Country Club in Stow.

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- Graduation is Sunday, June 11th
More information will be coming on all of these events, so stay tuned!

Yearbook News:

A limited number of copies of the 2005-2006 yearbook are still available to be reserved. A check for \$70 written out to NRHS and given to Miss Siciliano in Room 258 will reserve a copy today. Don't be left out!"

Calling All Students



On Sunday, March 19, the Nashoba Regional Scholarship Foundation will be holding their Annual Scholarship Phonathon. Students from all grades are invited to help out with this activity. The Phonathon will be held from 10:30 AM to 5:00 PM at the Florence Sawyer School in Bolton. Students will work in half-day shifts, contacting residents in the towns of Bolton, Lancaster and Stow for donations. When the students are not manning the phones, they are welcome to enjoy the available snacks, pizza and goodies. **The Scholarship Phonathon will not only be a fun time, but it will also count as community service.** All interested students, please contact one of the NRSF student representatives for more information. Student representatives are: Donnie Allison, Duncan Amos, Leah Chow, Betsy Hagermoser, Ben Langelo, Risa Langelo, Alyssa Lawrence, Katie Ledoux, Kelly O'Kane, Chris Trinkaus-Randall, Ashley Vannasse.

Student Council

March is an important month for Student Council!!! Here is a list of events:

- Annual school wide volleyball tournament Monday, February 27 — Thursday, March 9
- Annual MASC Spring Conference, Wednesday, March 8 — Friday, March 10 in Hyannis, MA.
- Annual American Red Cross Blood Drive, Monday, March 13 in the lower gym. This is open to the public and runs from 8:00 AM until 2:00 PM.
- General meetings are Wednesday, March 1, March 15, and March 29. Meetings will now be held in room 113 (Ms. McAuliffe's room) at the same time (6:00 PM).
- Get ready for the Mr. Nashoba Pageant in April!

Community Service Club

The Community Service Club has been up to quite a lot lately! We made Valentine's Day cards for the soldiers overseas, cookies and cards for the staff at Nashoba, and sang songs and made cards for residents at a local

nursing home. We are hoping to get as many members as possible to volunteer with the MICCA festival, which will be coming to Nashoba in a few weeks. CSC participants have also been busy with a local soup kitchen, an ongoing volunteer project since September. Several exciting CSC raffles will be going on in the near future, so stay tuned. We are always looking for more members to join, so if you have any interest in community service then the Community Service Club is for you! Come check us out after school on Wednesdays in Mr. Adams' room. Donations or volunteer requests are also always welcome. Contact Jen Danowitz or Lindsey Murray if you have any questions.

Baile, Boum, Tanz, Danza!

The Foreign Language Club of Nashoba Regional High School invites all current eighth grade students to the annual tri-town dance. The dance will be held this year on Friday, March 3rd from 7:00 -9:00 PM in the high school gym. The cost is \$5. Come and meet your future classmates!



Nashoba Regional Scholarship Foundation Annual Phonathon

On Sunday, March 19, students from Nashoba Regional High School will make telephone calls from 11:00 AM to 5:00 PM to residents of Bolton, Lancaster and Stow asking for their support in raising funds for college scholarships.

Students will concentrate efforts on making as many telephone calls as possible in the hope of increasing scholarship funds. If you are not called and would like to make a tax-deductible contribution, you may send your donation to **NRSF, P.O. Box 523, Bolton, MA 01740**. Your generous contribution will help students take their first steps toward their tomorrow.

The NRSF is a local chapter of Dollars for Scholars. It is a non-profit, tax-exempt organization which provides scholarships for Nashoba Regional High School students. Scholarships have been awarded to students on the basis of academic accomplishment, community service and leadership. The foundation believes strongly that there are many paths to success and with this understanding, seeks to acknowledge a broad range of students with differing talents and achievements who are seeking to further their education. Last year, the NRSF was delighted to award graduating senior class members 19 scholarships in the amount of \$750 each.

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The NRSF is made up of parents, students, faculty, alumni and other community members who desire to aid students in accomplishing their goals of acquiring a higher education. The scholarship committee organizes fundraisers such as this Annual Phonathon to raise the needed funds for scholarship awards. Future goals of the NRSF are to expand its current scholarship program. We are always on the lookout for new members. If you are interested in joining the NRSF, please contact Bonnie Amos at 978-568-8541. All parents/guardians and interested community members are invited to attend the meetings.

Picture Movie Project

Jen Danowitz is making a picture-movie for the senior class. It is going to include pictures of the seniors from the past four years of their high school experience, as well as photos from their elementary and pre-school years. She especially needs "younger days" pictures from kids from Bolton and Lancaster. If you have any pictures of your son/daughter - baby pictures, pre-school, K-12, prom, summertime, anything! - send them in with your child to be given to Jen Danowitz. You can e-mail her pictures at Jay.S.Danowitz@prodigy.net or give her copies. She will scan the copies and give them back to you. Please put a piece of tape with your name on it on the back of the pictures or put them in a marked envelope. This is the last month she will be collecting pictures, so be sure to get them in right away. If you have any questions, feel free to contact her via e-mail or at (978) 897-7557. Thank you!

Register Your Relay For Life Team Now!!!



The American Cancer Society's Relay for Life of Bolton is just around the corner. Register your team today by calling the American Cancer Society at 1-800-952-7664, x4639. This "celebration of life"

brings the Bolton community together in a unified effort to fight cancer.

Former and current cancer patients, their families, businesses, civic organizations, and the public are invited to take part in this exciting team event. Relay For Life takes place on June 2 until June 3 at the Nashoba Regional High School.

Relay For Life is the American Cancer Society's version of an athletic relay, but with a new twist. Relay For Life is a family-oriented event where participants enjoy the camaraderie of a team and also raise funds to support the activities of the American Cancer Society. Participants camp out at the Relay site, and when they are not taking their turn walking, they take part in fun activities and enjoy local entertainment.

Teams from companies, churches, organizations, hospitals, and schools collect donations and can win individual and team prizes for their efforts.

The funds raised enable the American Cancer Society to continue its investment in the fight against cancer through research, education, advocacy, and patient services. The money raised by participants goes directly to the American Cancer Society's lifesaving programs.

For information about how to form a local team or how to become involved with Relay for Life of Bolton, contact Jen Danowitz at (978) 897-7557. For more information on cancer, call the American Cancer Society at 1-800-ACS-2345, available 24 hours a day, seven days a week, or visit www.cancer.org.

March 2006 Friends of Drama News

Moses Supposes that a *Broadway Melody* as *Beautiful Girls*, comic antics, and true love come together will make it seem as if *You Stepped Out of a Dream* when Nashoba Drama presents the annual spring musical, *Singin' in the Rain*.



Dozens of Nashoba students and volunteers are *Fit as a Fiddle* and preparing to *Make 'Em Laugh* on **March 24 & 25 at 7:30 pm** and **March 26 at 4 pm**. The show is sprinkled with comedy, romance, and high-energy dancing to these and other classic theatrical songs. *Would you want to miss seeing it rain on stage?* If you didn't pre-order your tickets, get there early to be sure you get a seat! Doors open for seating a half hour before each show.

During the run of the show the Friends of Drama will be hosting a **Silent Auction** of goods and services. Donations are still welcome! Audience members who think *You Were Meant for Me* as they view the display will enter chances to win. You may get a *Good Morning* call - winners will be drawn after the last show.

Mark your calendar now for this fun-filled production!

If you need information contact Trisha McNally Trishamcn@aol.com or Donna Capone GotoLindsay@aol.com, or check the Drama website at: www.nashobadrama.com

The Drama Society *Cabaret Night* planned in January was postponed. Look for the cabaret acts during the Lip Sync on **March 10**. Stay tuned for information about the *Indie* and the *Drama Banquet* on May 7.