

NASHOBA Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

Jeremy Roche, Principal
Tracey Calo, Assistant Principal
Brian Cote, Assistant Principal
Tom O'Brien, Athletic Director

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From the Principal's Desk

2010 VALEDICTORIAN AND SALUTATORIAN ANNOUNCED

The faculty is pleased and proud to announce the Nashoba Regional High School Valedictorian, Samantha Squires, and Salutatorian, Samantha Lindsay. Their efforts are a true reflection of the hard work and commitment that they, their teachers, and their families have helped to promote and support from kindergarten through their senior year. The following is a description of their accomplishments and character:

SAMANTHA SQUIRES: Valedictorian

Samantha Squires is inquisitive, funny, powerfully motivated and armed with phenomenal academic talent. She has contributed to our high school as well as the surrounding community in countless meaningful ways over her four years at Nashoba. Whether it has been through sports, academics or community service, she has been an impressive role model through her positive choices and behaviors which she has displayed every day. While at Nashoba she has participated in so many athletics, music, drama, and service based activities that we would need another page to list all of the accomplishments. The Nashoba community is proud to have such a student as this year's valedictorian. In addition, she was a National Merit Scholarship recipient. Samantha Squires is planning to attend Brown University next year to study biology and biomedical engineering.

SAMANTHA LINDSAY: Salutatorian

Samantha Lindsay has chosen and excelled in a rigorous academic path that has allowed her to explore many different areas. It is not unusual to hear Samantha's teachers sing her praises; she is every teacher's dream. She is innately bright, highly conscientious, unassuming and modest. She is a strong participant in the classroom, and her contributions have stimulated lively and intellectual discussions amongst her peers.

Samantha has also participated in meaningful activities outside of the classroom. Most notably, she participated in a program called *Bridges to Nicaragua* where she helped a group of doctors run a rural medical clinic. She considers

this one of the most memorable experiences of her high school career. As she aptly reflected upon the experience, "I got to see a side of the world I had never seen before." In addition, music has been a significant influence on Samantha's life as she has played the piano for over ten years and is a highly proficient member of our chorus and jazz band. Further and just recently, she was awarded a National Merit Scholarship. Samantha Lindsay plans to attend Harvard University in the fall.

NASHOBA STUDENTS EXPERIENCE GOVERNMENT AT THE HIGHEST LEVEL

United States Congresswoman Niki Tsongas visited Nashoba on Monday, May 17th and spoke with a number of students from our American Government and US History classes. The Congresswoman gave students an overview of what her job is like as a member of the US House of Representatives. She described her work on the Armed Services Committee, what an average day is like for a member of Congress, and shared stories from her recent trip to Afghanistan. Students had the opportunity to ask Congresswoman Tsongas questions and the students took full advantage of the opportunity by asking thoughtful, challenging, and probing questions. It was a great learning experience for students, many of whom will vote in their first national election come November. Senior student Peter CampoBasso, an intern in Congresswoman Tsongas' office, helped to arrange the visit and presentation. In addition, Mrs. Pagington helped facilitate the process of scheduling this great learning activity.

END OF YEAR SCHEDULE

The end of the school year provides a great number of opportunities for students, parents, and community members to come together and celebrate the many successes of our students. For example, the Senior Scholarship/Awards Ceremony (June 7th) validates all of the hard work that so many students and teachers have undertaken throughout this and the previous four years. Similarly, the Underclassmen Awards Ceremony (June 14th) is a positive way to move into the summer. Finally, the NRHS Graduation (June 13th) is the crowning achievement for all of us in the Nashoba Regional

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School District. It is a celebration of the entire community, the respective communities, and all of the families involved. I would like to take this opportunity to acknowledge every graduating senior for their accomplishment. It is an important feat and one of many gradual steps to adulthood and independence. We here at Nashoba are proud of the role that we have played in supporting their success. That said, we also recognize that it is the individual who ultimately achieves and makes something of themselves. Congratulations and best of luck in the future.

SUMMER OFFICE HOURS

The summer main office hours will begin the week of June 21st through August 27th. The high school office will be open Monday through Thursday from 8:00-4:00 unless otherwise noted on our website. Appointments can be made throughout the summer. We simply ask for those to be made in advance, although it is quiet in the summer, it is still a busy time for administration and the office. Thanks very much.



UNDERCLASSMEN FINAL EXAM SCHEDULE

The final day of school will be Friday, June 18th. This year our final exam period will begin on Tuesday, June 15th and run through Friday, June 18th. Tuesday, Wednesday, and Thursday we will run our late start schedule where students will arrive to school at 9:40 with dismissal at 2:20. Students will complete two exams each day and lunch will be served. On Friday, June 18th, school will start at 7:40 with one final exam followed by a make-up period. The final bus will arrive at 10:45 to transport students home. Students may leave after their last final exam on 6/18; however, there will only be the one bus provided at 10:45. Students must provide their own transportation to leave after the last final exam at 9:15 on Friday, June 18th. Please monitor our website in the upcoming weeks for specific information about the periods and times. Have a happy and safe summer.

FALL SPORTS MEETING: JUNE 16TH, 2010

Nashoba Regional High School will hold its Fall Sports Informational Meeting on **Wednesday, June 16 at 6:30 PM** in the upper gym at the high school. The meeting is open to all students interested in participating in a fall sport. Students currently in grades 8-11 are invited to attend with their parents. The coaching staff will discuss such topics as, fall reporting dates, summer conditioning, eligibility requirements and more.

Fall sports offered include cheerleading, boys' & girls' cross country, boys' & girls' soccer, football, field hockey, golf, and girls' volleyball.

STUDENT SERVICE ACTIVITY:

As part of our mission, Nashoba Regional High School values community service and strongly encourages and supports students who give their time to others. So many of our students rise to accept the responsibility of this important component of learning during their time at NRHS. Specifically, PJ Gjeltma and Brendan Aylward, juniors, have been actively participating in an invaluable activity for the past few years.

Both young men have contributed countless hours and energy to the Nashoba Unified Sports program. The Unified Sports program pairs special needs athletes with typical athletes to allow the special needs community to have a meaningful opportunity to join together to share in the love of sports. This program and the coaching efforts of both these boys have allowed special needs students to be part of a team sport when they might not have had the opportunity otherwise. Both young men were selected to present a workshop at the recent Youth Leadership Summit about their experiences helping people with distinct needs. We are fortunate to have students who are so passionate about helping others. They are each one of many students who are working in these various positive ways throughout our communities.

NASHOBA MATH TEAM CAPS OFF A WINNING SEASON

The Nashoba Varsity Math Team competed at the New England Regional Finals on April 30th. The team of Thomas Granger, Campbell Hewett, Steven Tang, Sorin Vatasoiu, Zachary Wassall, and Caleb Wisch represented Nashoba at this competition of 360 students from 52 public and private high schools from all the New England states. The Team competed in the medium size school division and finished 4th in their division and 9th overall. An individual award for a high score was given to Thomas Granger who placed 31st in the competition.



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NASHOBA FRESHMAN MATH TEAM WINS THE LEAGUE – 3RD YEAR IN A ROW

The Nashoba Freshman team finished their season earlier this year by winning the Worcester County Freshman Math League for the 3rd year in a row. The league has 330 students competing from 26 public and private schools in Worcester county. Six Nashoba students finished in the top 20 freshmen: Steven Tang (3rd place), Sorin Vatasoiu (4th), Madeline Jenkins (9th), David Tang (14th), Connie Jiang (17th) and Joel Sharin (19th). All the students finished in the top 20%, including Catalina Damarti, Emma Hewett, Sam Kirschbaum and Austin McMeekin. Well done Freshmen!



cost you any more!! You pay the same price you would anyway, but the merchant sends a donation to our school (it's usually 2-4%; not much but it adds up).

The way this works is if you shop online, you first log into www.onecause.com before you start, and you can go to pretty much any site from there (Amazon, Home Depot, Staples, EBay, LLBean, Nordstrom, Delia's, American Eagle, etc., etc.!!!).

So, if you are doing any online shopping this summer, maybe some fun summer reading items, back-to-school or the off-to-college shopping, please help our Math team by doing it through OneCause.



NASHOBA MATH STUDENTS CAPTURE AWARDS AT ELIZABETH HASKINS MATH COMPETITION

A group of 24 Nashoba math students (grades 10-12) competed at the annual Fitchburg State Elizabeth Haskins math competition. The students took a 50 question competitive exam covering topics from Algebra through Pre-Calculus and Probability to Number Theory. The top three students in each grade are awarded plaques. Nashoba students captured 5 of the top 9 places. Nashoba seniors Zach Wassall took 2nd place and Joshua Herbison captured 3rd place, with honorable mentions going to Chris McAndrews & Lars Gjestebj. Campbell Hewett took 1st place with honorable mentions for Nick Alberts, Thomas Granger, RC Howe, Kelleigh Maroney, and Caleb Wisch. The sophomores also fared well with Rebecca Tang capturing 2nd place and Kevin Sprague taking 3rd place with honorable mentions for Aurora Doe-hring, Oliver Jenkins, Lisa Sangermano, and Beatrice Zhang. Well done Nashoba!

SUPPORTING THE MATH TEAM – EASY AS ONE-TWO-THREE WITH ONECAUSE

Thanks to some of the Nashoba Math Team parents, Nashoba Regional High School has been signed up for the OneCause online shopping donations. OneCause gives a percentage of your purchase back to Nashoba. It doesn't

MARY ANN SESSIONS EXCELLENCE IN EDUCATION 2010 NOMINEES

The Nashoba Regional High School Endowment Fund is pleased to announce this year's nominees for the Mary Ann Sessions Excellence in Education award. The award honors a staff member who is a role model to his or her students and colleagues, enjoys being a mentor, exhibits a positive attitude, has passion and enthusiasm for education, goes above and beyond his or her commitment to NRHS, is a team player, and shows school spirit inside and outside of the classroom. Nominated by students, parents, and fellow staff members, this year's nominees are:

- | | |
|---------------------|------------------|
| Elizabeth Alberts | Harold Becker |
| Sarah Dodd | Adrienne Locke |
| Mike Poirier | Art Sticklor |
| Susan Triantafillou | Christine Winter |

The award is in honor and memory of Mary Ann Sessions, a teacher at Nashoba who was known for her passion for teaching and her commitment to her students.

The NRHS Endowment Fund will present the award to the winner at the Underclassmen Awards Night on June 14,

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2010. Please join us in congratulating all of the nominees who have made a difference in the lives of our students. For more information about the NRHS Endowment Fund, select NRHS Endowment from the Community tab of the nrhs.nrsd.net website.

GOT BOOKS! CAMPAIGN A HUGE SUCCESS

The Nashoba Regional High School Faculty Senate would like to thank all who donated books for charity. Roughly 130 boxes of books were collected and loaded onto the *Got Books!* truck. This could not have been accomplished without help from the following people:



- | | |
|---|-------------------|
| Custodian Ronnie Burgwinkel and students: | |
| Scott Farrell | Doug Ernst |
| Kyle Bonazzoli | Rodney El Hayek |
| Matt Glover | Scott Mahon |
| Justin Labier | Trevor Weatherbee |
| Warren Harris | Joe Gallagher |
| Demetrius Whittington | Matt Nixon |
| Mike Cummings | Eric Lidstone |
| Rob Herbison | Sam Buffum |
| Lindsay Howell | Jackie Nestor |

MERCI BEAUCOUP!

French teacher Kathy McHale would like to thank all her French III students and the Florence Sawyer School teachers who participated in her “Teaching French in the Elementary School” program this year. A total of 26 high school students and 4 elementary school teachers were involved. Of the 26 students, 4 acted as secretaries and 22 actually taught lessons to students in grades kindergarten and second grade.

Mrs. McHale began this program several years ago. Her students go to the elementary school during their French long block class time, and they teach a 20 minute lesson to the young students. This program has been very well received by everyone involved in the past. Of course the high school students are not the solution to teaching a foreign language at the elementary level, but Mrs. McHale’s feeling is “a little foreign language exposure is better than none”. Her students very much enjoy the experience of being able to expand their knowledge of French outside the classroom, and some have even expressed an interest in becoming an elementary school teacher!

The program began in October and ended in May. Topics for most classes included numbers, alphabet, colors, classroom objects, family, body, clothing, sports, and animals. Student-made storybooks, flashcards, and games were used to reinforce the lessons. The elementary school teachers completed evaluations after every few classes.

All evaluations were very positive and included some excellent suggestions for future classes.

A big “Merci beaucoup” goes out to teachers Joanne Gaynor, Carolyn Pokorney, Patrice Heffernan, and Diane Finan in addition to administrators Jeremy Roche and Ken Tucker who allowed this program to run.

Mrs. McHale is always looking for props to reinforce the topics taught. While cleaning out those garages, attics, or cellars please remember: your trash may be her treasure. Contact her at Nashoba if you can donate anything.

Again, Merci Beaucoup to everyone who helped make the “Teaching French in the Elementary School” program a success!

AFTER PROM THANK YOU

The After-Prom Committee wishes to wholeheartedly thank everyone who contributed in any way to the success of the After-Prom party held on May 15th. Your contribution helped make possible a safe, drug and alcohol-free all night party at Orchard Hills Athletic Club in Lancaster. More than 120 juniors and their guests attended the party and everyone involved felt it was a tremendous success!

Special thanks go out to the sophomore and junior parent chaperones that stayed up through the night to supervise. We could not have done it without you! They include:

- | | |
|-------------------|-------------------------|
| Ann Boucher | Lisa & Doug Aylaian |
| Jen d’Entremont | John Sangermano |
| Deanna Montgomery | Sue Allaire |
| Karen Wall | Jim Eckland |
| Ann Sabourin | Maureen Douch |
| Mike Kopczynski | Karen Bricknell |
| Harriet Webb | Wendy Conry |
| Dave Emerson | Michelle & Peter Hoover |
| Ed Reverdy | Adam Tocci, Sr. |
| Tracey Calo | Laurie Griffin |

NEED A WEEKEND GETAWAY NEXT FEBRUARY?

Bonjour! I am French teacher Kathy McHale and I am offering a trip next winter to Quebec City. The plans for the trip have been finalized. The date for this trip is February 3 – 6, 2011. We will leave by coach after school on Thursday, February 3rd and we will return to Nashoba on Sunday night, February 6th. The school absence on Friday will count as a field trip absence. The cost of this trip is approximately \$600 based on a full bus load of 40 participants. It includes roundtrip transportation via a luxury motorcoach, three nights in a hotel, three breakfasts, two



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dinners, admission to all services as per the itinerary, a tour guide trained in first aid and CPR, a nighttime hotel security guard, and liability, medical, and trip cancellation insurance.

It does not include the two supper stops to and from Nashoba Thursday and Sunday, lunches, tips to the tour guide and bus driver, and of course spending money. Rooming is in quads in two double beds. A double and/or single room is available for an additional supplement of \$136 and \$271 per person.

Some of the highlights of the trip are visits to the: Plains of Abraham, Parliament Building, Chateau Frontenac, Sainte Anne de Beaupre Shrine, and Montmorency Falls. Some activities include breakfast at the Huron Village where Native American Indians explain how their tribe survived, a 17th century dinner with dancing and a taffy pull concluding with a dog-sled ride through the maple grove, a visit to the Ice Hotel, attending the Carnaval parade, and the "piece de resistance" is an afternoon of inner-tubing at the Village des Sports.

The tour company used is Jumpstreet Tours from Montreal. I have traveled with Jumpstreet since my arrival to Nashoba in 1986. They treat each client as family and I trust them implicitly to give us the most educational, fun, safe, and economic trip possible.

In addition to present and former French students, their family and friends are also invited to come on this trip. A \$200 deposit is due by October 1st and the balance is due by Thanksgiving. If you are interested in coming please contact me as soon as possible for the itinerary and complete information. Once you give me a deposit I will send you a newsletter with all the travel information you will need. You can reach me at 978 779-2257 # 4164 or email at kmchale@nrsd.net. You will have a "fantastique" time!

APRIL 2011: GREECE – LAND AND SEA

If you are looking for a fun, exciting, and educational trip, look no further! The plans are being finalized for a trip to Greece during the April school vacation of 2011. The dates are Friday April 15 – Saturday April 23. Let me tell you a little about me and the trip, then hopefully you will decide to join me on this exciting adventure.

My name is Kathy McHale (foreign language teacher at NRHS) and I have offered trips every year, although some years the trip was canceled due to lack of interest. Sometimes the trips are to Quebec, and other times they are to another continent, mostly Europe; although I have taken groups as far away as Australia. I'm sure that if



you ask those who have traveled with me, they will say I am a very organized and responsible person. You need not worry if you send your child on a trip with me. Anyone is welcome to come on these trips: students, parents, friends, relatives, etc.

The 2010 brochure price of the "Greece – Land and Sea" trip is \$2818 based on 15-19 participants. The price is \$2708 if we have 25 or more participants. There is a **great** early incentive for those who make a \$295 deposit before June 30, 2010: You subtract \$100 from the above price. A 2nd payment of \$200 is due by September 15, 2010. These 2 payments guarantee your 2010 price for 2011 travel. Should you not take advantage of this early incentive price and sign up after the June 30th deadline, you will be charged the 2011 total price. The final payment is due by December 15, 2010 unless you opt to pay with the budget plan that allows you to make monthly payments until February.

This price is based on a group size of 20-24. In the event that the total number of participants is below the minimum group size, our group will be combined with other American groups that have chosen the same trip to meet the minimum number. If the entire combined group is below the minimum, a substitute trip or a rebate will be offered, or we will still be able to go at an additional fee. Try to get your friends and family to join us!

Prior to making any deposit on this trip, you must read the "Terms and Conditions" which explain all the rules. This is on the back of the application form. The most important part of joining me on any trip is the ability to be flexible. It will be well organized, and you will receive monthly newsletters from me with tons of trip information, but sometimes things beyond my control happen, and flexibility is required. For example, travel dates may change by a day or two, a hotel change may happen, the itinerary may be reversed, or luggage may be lost for a day. These things rarely happen but you must be aware that they are possible. C'est la vie!

The price includes:

- roundtrip airfare from Boston
- hotel accommodations for 7 nights / hotel rooms are 3 people to a room, however, an upgrade to a twin room is only an additional \$100.
- transportation/entrance fees to all sightseeing as per the itinerary
- daily breakfasts and dinners
- city tour of Athens, island tour of Santorini and Mykonos
- all other fees such as weekend surcharges, airport security, etc.

A full-time Tour Director is with us throughout the trip. The tour company I am using is Teach By Travel. If you would like to check them out before signing on, the web site is www.teachbytravel.com. Our tour consultant is Sue Scanlon and her phone number is 1-888-828-2292 # 115. What is not included in the price are lunches/beverages, free-time activities, tips to our tour director and bus driver, extra optional insurance, spending money, and of course a passport if you don't already have one.

If you would like to come on this trip please contact me to pick up a registration form and an itinerary. Please complete the application and return it to me. Include a check or money order for \$295 made out to Teach By Travel. Don't forget to read the "Terms and Conditions" in the registration booklet before making any commitment.

If you would like more information or names of previous travelers to check me out, please contact me as soon as possible. I can be reached by email at kmchale@nrsd.net, or on my cell phone at 508 717-4894. I'd be happy to meet with you if you don't know me before you sign up too. I don't normally have a meeting at the beginning because it is too difficult to arrange a time when everyone can attend and people are signing up at all different times. However I do have one a few weeks before departure to finalize plans. All necessary information is included in my monthly newsletters. I cover every detail. I do need you to give me your email address so you can receive these newsletters. If you are under 18 years old I need a parent's email address too. I send my newsletter to both of you so there is no miscommunication in the family. You can write these email addresses anywhere on the application form or on your check.

Remember: **Sign up early to save hundreds of dollars!** I hope you can join me!

FRIENDS OF MUSIC NEWS

AWARDS FOR MICCA SOLO FESTIVAL

Yivan and Connie Jiang each participated in the MICCA Solo and Ensemble festival last month. Yivan's performance earned him a gold medal and Connie received a silver medal. Yivan impressed the Nashoba community when he performed his medal-winning flute solo at the May band concert. Congratulations to Yivan and Connie!



MAY "POPS" CONCERTS

The final concerts of the school year were performed in May to very appreciative audiences. The Band/Jazz Bands "Pops" Concert, directed by Mr. Tom O'Toole, in-

cluded Concert and Jazz bands as well as several solo and small group performances including a Jazz Sextet, clarinet trio, percussion band, and piano and flute solos. It was truly an amazing concert showcasing Nashoba's talented students. Proceeds for the concert were donated to the Alexander C. Doucette Memorial and Scholarship Fund.

Ms. Susan Mianulli presented a Choral "Pops" Concert on Thursday evening, May 27th. The Women's Pops Choir, Concert Choir, Madrigal Choir and Women's Ensemble all performed. Senior band and chorus members were recognized.

THANKS FOR YOUR HELP!

The Friends of Music organization is grateful for the support it received this year from local businesses, parents, community members, and the NRHS administration, staff, and custodial team. Many businesses and families contributed to our financial well-being by purchasing advertisements and sponsorships for our programs. Parents prepared and served food, chaperoned trips, helped with fundraising and publicity, decorated for concerts and sold tickets. The Nashoba administration and staff helped with publicity and the custodians made certain that the auditorium area was sparkling prior to each concert. Thank you all very much!!!!



MEMBERS WANTED!

Many of the Friends of Music members are "graduating" in June, so we are in need of new parent involvement to help support the NRHS band and choral programs. In addition to adding to our general membership, there are several openings on the Friend of Music board of directors. Please consider lending a hand in support of Nashoba's outstanding music program. To obtain more information, visit our website at <http://nashobamusic.com/> or email info@nashobamusic.com. Look for the date of our September meeting in the next newsletter. We hope you'll stop by in the fall to learn more about ways you can support the music program.

NASHOBA REGIONAL SCHOLARSHIP FOUNDATION (NRSF)

The NRSF is made up of a group of volunteer parents, student representatives, and school staff. Members become involved in various activities to help raise funds for scholarships that are awarded to Nashoba students at the annual Awards Night in June. This year, 25 students will receive a \$1000 scholarship. In ten years, the amount awarded has grown from \$7,000 to \$25,000!

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NRSF board members meet once a month, nine times per year. Other members only attend less frequent subcommittee meetings. The informal board meetings are an open discussion relating to the various forms of fundraising and activities that are planned throughout the year. Members may become involved in many ways, such as: the annual mailing to residents of the Nashoba communities; brainstorming about new avenues to raise scholarship dollars; attending a dance; working at the annual Phon-a-thon; or selling water at the high school graduation.

All the work culminates with one amazing Awards Night. The evening is a rewarding experience for the committee itself, the students and their families. The scholarships acknowledge the students' hard work during their time at Nashoba, whether in academics, community involvement, and/or a wide range of outside commitments. They also help students achieve their goal of a higher education during these tough economic times.

The NRSF seeks new members to bring fresh ideas and take part in keeping this Foundation part of Nashoba's legacy. Please consider volunteering your time so that this worthwhile organization can continue to acknowledge the commitment of the students of Nashoba Regional High School. If you would like to volunteer, or would like more information, contact Julie Desisto at 978-897-6617 or jad4lf@comcast.net, or join us at this year's **Awards Night on June 7th** at the NRHS auditorium. Look for information regarding our first meeting of the 2010/11 school year in the September newsletter.

THANK AN EDUCATOR

Would you like to say "Thank You" to that special teacher in your child's life? Send a donation to the Nashoba Regional Scholarship Foundation's *Thank an Educator* program. A personalized Certificate of Appreciation will be sent to the teacher(s) you designate. All funds donated are accumulated for distribution to Nashoba Regional High School students in the form of scholarships. Help the NRSF "Strengthen the world one student at a time". To make a tax-deductible donation, please complete the form at the end of this newsletter.

NRHS ENDOWMENT FUND

8TH GRADE PARENTS!

PARENT VOLUNTEERS NEEDED!

New members are invited to join the NRHS Endowment Fund Board. We are a non-profit group established in 1999 for the purpose of raising money and fulfilling grants submitted by teachers to fund various enrichment programs and pilot programs as well as equipment and materials that are outside the regular school budget. Each year in September, donations are solicited via a

general mailing to the Nashoba Regional High community. Twice yearly, applications for funds are submitted to us by teachers. We are currently in the spring grant cycle. Please support us and consider joining us! Being a member of the Endowment Fund Board is an excellent way to become involved at Nashoba. The time commitment is modest, however, the returns to the students and teachers are great. Please contact Christel Conlin at christelc@comcast.net if you would like more information.

WELLNESS DEPARTMENT WISH LIST

The Wellness Department is looking for your help! In these times of thinking 'green' (reduce, reuse and recycle!), we have created a 'wish list' of needed items to help supplement activities planned for the 2010-2011 school year.

If you would like to donate any of the listed items or anything fitness related not listed, please contact Dan Spedding at dspedding@nrds.net or call 978-779-2257 ext. 4185. Thank you for your consideration!

Household Items

- *beanie babies
- *cush balls
- *beach balls
- *men's ties
- *hula hoops
- *fleece balls
- *pool noodles
- *small foam balls
- *a set of small wooden blocks
- *bean bags-any size
- *large flat screen TV for the fitness class
- *Connect 4 (strategy game) (6 needed)

Fitness Items

- *wrist weights
- *ankle weights
- *hand weights
- *stability balls
- *sports balance
- *trainers
- *jump ropes
- *stationary bikes

Sporting Goods

- *bowling pins
- *bocci balls
- *rubber horse shoe sets
- *shuffle board
- *croquet sets
- *ping pong tables
- *x-country skis/poles
- *skate boards with or without wheels

Kitchen Items

- *cooling racks for baking
- *Foley Food Mill (3)
- *stainless steel mixing bowls
- *stainless flatware place settings
- *stainless steamer baskets
- *place settings of all-white matching dishes

SPED PAC

Year End Wrap Up & New Endeavors

A message to all parents

Besides our well attended meetings with various speakers this year, SPED PAC is launching some new endeavors. As we look toward the coming school year, we are soliciting input from all parents and members of the school community.



Watch for more information in the local newspapers. Help for some summer weeks is still needed. If you're willing to volunteer, (with or without your children), please contact one of us. To learn about **GPGP**, visit www.growingplaces.or.

At the conclusion of last September's meeting, our discussion turned to ways of helping all kids become more understanding of those with special needs, particularly of kids whose needs are more significant. Much is happening in our own district. As the year unfolded, we realized that spreading the word about these programs and helping further them is a mission we want to embrace. Still, because many of the elementary and middle school children (from Bolton and Stow, as well as Lancaster) who require more intensive programming attend school in Lancaster, or even schools in other towns, the rest of our children don't get to know them, and vice versa. This contributes to the feelings of isolation experienced by children in these programs. So, we have begun discussions with students and advisors from the high school student council and *Best Buddies* programs to explore ways to expand their efforts to include our younger students.

Some English courses at the high school already address this topic and one consideration is exploring fiction for younger children that portrays disabled youngsters in a positive light. We've begun to look at some books, and welcome both suggestions and volunteers to preview books with their children.

In conjunction with this overall theme, students in the life skills programs, student volunteers from the *Best Buddies* program, SPED PAC and community volunteers district wide are starting a community garden project at Luther Burbank Middle School in Lancaster. Through a generous gift provided by the 8th grade class at Burbank, the project will be under the guidance of the **Growing Places Garden Project (GPGP)**. This is a wonderful opportunity to demonstrate team work and to encourage socialization while curriculum goals are met.

Nashoba Unified Sports under the auspices of the SPED PAC and in conjunction with Special Olympics-Massachusetts has completed successful soccer and basketball seasons. Posters and booklets depicting each season's events have been funded by some generous citizens, distributed to participants, and adorn many of the school offices. If your son/daughter has participated in the program and was unable to attend the last session to receive the memorabilia, please contact us. The program resumes in September and welcomes new participants. It's a great way for kids to get to know each other, learn about dealing with differences, and have fun. Volunteers have found it most rewarding. The related Challenger baseball program is underway Saturday mornings until mid-June in Lancaster. More volunteers would be great.

Looking ahead to the summer and next year, please tell us if you (or your children) are interested in any of these programs. For the coming school year, we're considering our monthly meeting on an evening other than Wednesday. Please email one of us with your preferences. For next year's evening programs we seek your ideas and topic needs. Please email those to us as well. To be added to our monthly email distribution, let us know. Lastly, best wishes to you and your family for a wonderful summer.

Joan Finger

Chairperson, Nashoba District SPED PAC
Phone: (978)779-6046/(978) 337-5132
Email: Joan@ZooterGroupTutoring.co

Lori Colby

Vice-Chair, Nashoba District SPED PAC
Email: hcolby@aol.co (best)
Phone: (978)779-2795

Support our students by showing your appreciation for the teachers in their lives.

Thank an Educator



Awards are customized to each school: above sample is representative.

Take this opportunity to say “Thank You” to that special teacher who has made a difference in your child’s learning, day, or life. For any donation to the Nashoba Regional Scholarship Foundation, a personalized recognition award will be sent to the teacher you designate.

All funds donated are accumulated for distribution to our students in the form of scholarships. These scholarships are awarded based on academics, activities, and talents.



Nashoba Regional Scholarship Foundation
Thank an Educator

Complete the information below and mail to: Nashoba Regional Scholarship Foundation
P.O. Box 523, Bolton, MA 01740

Name of Teacher: _____

Position: _____ School: _____

Donated By: _____
(Please record your name as you wish it to appear on the certificate)

Donor’s Address: _____

Donation amount: \$ _____ *(make checks payable to: Nashoba Regional Scholarship Foundation)*

The Nashoba Regional Scholarship Foundation is a nonprofit 501(c)(3) corporation. Donations are tax deductible and eligible for corporate matching funds.

HABITAT FOR HUMANITY

Habitat for Humanity will completely rehab a house in **LANCASTER** at 32 Carter Street.
WINTER/SPRING 2010-11.

You may be eligible for this home:

Are you currently living in inadequate or unsafe housing?

Do you have a steady income, but not enough to qualify for a standard mortgage?

(Example: Income for a Family of 4 is approximately \$23,450 – \$46,900)

Do you pay your bills on time? Is your debt paid regularly?

Are you willing to work hard with Habitat volunteers to help build your own home?

(300 hours/ one adult; 500 hours/ two adults)

Are you a U.S. Citizen or documented legal permanent resident alien?

**To obtain an application for a Habitat home,
you must attend an informational meeting**

All household members who will apply to be considered as owners are required to attend.

INFORMATIONAL MEETING (choose one)

Sat., June 19 10:00 am **Wed., June 23 6:30 pm**

Sun., June 27 6:30 p.m.

at the Lancaster Town Hall

695 Main Street, Lancaster, MA



office@ncmhabitat.org

www.ncmhabitat.org

978-348-2749



EQUAL HOUSING
OPPORTUNITY