

NASHOBA Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

Ralph Olsen, Interim Principal
Tracey Calo, Assistant Principal
Brian Cote, Assistant Principal
Tania Rich, Athletic Director

High School Office (978)779-2257

<http://nrhs.nrsd.net>

Guidance Office (978)779-0122

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A Note from the Nurses:

Holidays for High Schoolers

We would like to send out a special thank you to our caring and giving communities of Bolton, Lancaster and Stow. We received an amazing outpouring of contributions to our Holidays for High Schoolers program. Although the number of students in need has grown considerably this year, we were able to provide generous gifts. There's nothing like a true "Secret Santa" gift to light up the faces of teenagers who might otherwise go without.

As always, we appreciate your support from the bottom of our hearts and hope you all have happy and healthy holidays.

Your nurses: *Migdalia Rivera, Rosemary Sullender, and Linda Oetman*

Nashoba Regional High School Presents the 2011/2012 Youth Hockey Nights at Nashoba Chieftains Hockey

Once again this year, the Nashoba Regional High School varsity hockey team would like to invite our youth hockey programs and middle school players to come cheer on The Chieftains! Any player wearing his or her game jersey will be given free admission (accompanied by a paying adult) to the games listed below.



Please come out for a fun and exciting afternoon of hockey and support our team. Before you know it, it could be your son or daughter out on the ice wearing the green and gold for Nashoba.

This year, all Nashoba home games are played at NESG in Marlboro.

Dates:

Saturday, Jan.14 at 1:50 pm vs. Marian High School

Saturday, Feb. 4 at 4:10 pm vs. Fitchburg High School

Please come out and support our team. Hope to see you all there. Thank you. *Nashoba Chieftains Hockey*

Basketball Program Seeks

Special Athletes & Student Volunteers:

Nashoba Unified Sports, the local program pairing special athletes with typical age-mates, invites student volunteers and special athletes to participate for the 2012 winter season. Beginning Sunday afternoon, January 22nd, at the Emerson School Gym in Bolton, practices will continue weekly from 2:30 to 4 pm (check in at 2:15) through March, with the exception of the February vacation weekends. For more information or to express interest, please contact Joan Finger at Joan@ZooterGroupTutoring.com (978-337-5132).



Elementary, middle school and high school athletes interested in helping coach or play as part of the team with the special needs students should also contact Joan Finger.

Friends of Music News

Central Senior District Festival

Students who are involved in the Central Senior District Festival will have rehearsals at Wachusetts Regional High School on Wednesday, January 11th, and Friday, January 13th, from 3:00—9:00 pm. The bus will leave NRHS at 2:00 pm and return at 9:45 pm. Students are to bring a bagged lunch and several pencils. Instrumental students will need to bring a music stand. The concert will be on Saturday, January 14th, at Mechanics Hall in Worcester.



All State Auditions

All State auditions will be held on Saturday, January 21st at Shrewsbury High School. Good luck to Emily Castner, Danielle Storm, Kerry Anne Conlin, Angie DeSocio, and Connie Jiang.

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International Championships of Collegiate a Capella (ICCA): February 4th

FOM will be providing the opportunity to see the north-east region quarterfinal of the ICCA at Boston University's Tsai Performance Center on Saturday, February 4th, at 8:00 pm. Each year the ICCA tournament, which is a judged competition of collegiate a capella groups, is held from January through April in six regions. Each region holds several quarterfinal events. The top two college groups from each quarterfinal advance to the regional semifinals. The winners then advance to the finals held in New York at the Lincoln Center for Performing Arts. The groups performing on February 4th include:

- Drastic Measures (Skidmore College)
- For Good Measure (Emmanuel College)
- Partial Credit (Rensselaer Polytechnic Institute)
- Power Chords (Olin College of Engineering)
- Serendipity (University of Albany)
- The Girls Next Door (The College of Saint Rose)
- The UniSons (Northeastern University)
- Chorallaries (MIT)

Forty-two student tickets and six chaperone tickets are available for purchase. The tickets are \$25 each; checks are to be made out to Nashoba Friends of Music. Permission forms are available from Mr. O'Toole, Mrs. Mianulli or online at www.nashobamusic.com. Tickets are first come, first served to those students who return their payment and permission slips. Interested chaperones – please contact Mr. O'Toole or Mrs. Mianulli prior to purchase. The bus will leave at 6:15 pm.

Friends of Music Meeting: January 9th

Parents, please join us at our next meeting on Monday, January 9th, at 6:30 pm in the chorus room. We'll be discussing options and ideas for next year's 'music trip' and would welcome your input and participation.



Nashoba Friends of Drama News

The class plays are quickly moving forward. Casts have been selected and rehearsals are going well. The students are responsible for all aspects of the production. They will all come together for one exciting **Class Play Competition** on January 20, 2012, at 6:30 pm. Be sure to come, enjoy and show your support for our talented directors, producers, actors and crew!!

The cast has been announced for the Spring Musical, **Disney's® Beauty and the Beast**. Forty of our best and brightest invite you to "be our guest" on this spectacular journey! Show dates are Friday, March 23rd at 7:30 pm, Saturday, March 24th at 2:00 pm and 7:30 pm and Sunday March 25th at 2:00 pm. After the Sunday matinee,

be sure to join us for tea with the cast of the show!!

The next Drama Society meeting will be Wednesday, January 4th at 5:30 pm in the auditorium. The Friends of Drama meeting for parents will be the same night at 7:00 pm in the foyer. Please visit our website at www.NashobaDrama.com.

Contact Diane Sestito (dianesestito@gmail.com) or Audrey MacLean (samjackaud@yahoo.com) for more information.

Nashoba Regional Scholarship Foundation Seeks Volunteers

Would you like to help continue providing scholarships to our graduating seniors at NRHS?

Please consider joining the [Nashoba Regional Scholarship Foundation](http://www.NashobaRegionalScholarshipFoundation.org).



The Nashoba Regional Scholarship Foundation (NRSF) Is in Need of Parent Volunteers. The group meets about eight times during the school year, usually on the fourth Monday of the month. A non-profit group (established in 1990), NRSF is a group of parents of current and former Nashoba students responsible for raising and giving out many thousands of dollars each year in scholarships. In 2011, we awarded twenty \$1,000 scholarships to deserving students. A number of the long time members of the foundation are stepping down this year after many years of service. The Foundation needs new members this year in order to continue providing these scholarships.

There are many interesting opportunities for NRSF members. You may read & evaluate student scholarship applications, oversee investments or finances, work on fundraisers, help decide how we award scholarship funds, build our membership, publicize our accomplishments, or create a web presence for us. Please contact Sean Doyle at sdoyle@alumni.nd.edu if you would like to join or would like more information. All are welcome to attend our next meeting on Monday, January 23, 2012 at 7:00 pm in the Academic Support Center at NRHS.

See attached brochure for additional information.

Nashoba PTSA (Parent Support Group) News

Next Meeting -- The next PTSA meeting will be held at the high school on Tuesday, January 10th, at 7pm in the cafeteria. Please join us!

Upcoming Events

Staff Appreciation Luncheon: Every year the PTSA hosts a Staff Appreciation Luncheon for the entire high school

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staff (over 120 people). This year's Staff Appreciation Luncheon will be held on Friday, February 17th. In addition to donations of food or money, we will also need some volunteers to help for a couple hours on either February 16th or February 17th. Stay tuned for more information coming in January.

Retirement Event: Also, the PTSA coordinates the NRSB Retirement Gala on behalf of all the schools in the NRSB. Although the exact date has not been finalized the Retirement Gala usually occurs mid-May.

School Directories

Student Phone Directories are still available for sale and our sole means of fundraising. The cost is \$10 for one, or two for \$15. Contact Karen Rodrigues at karen-rodrigues@comcast.net if you would like to purchase one. All proceeds from the sale of these directories go towards the PTSA Scholarship fund, which is awarded to two graduating seniors at the end of each year, the Staff Luncheon, and our portion of the Retirement event.

If you are interested in learning more about the PTSA or want to help out, please contact Susan Reverdy at reverdy5@earthlink.net or (978)461-1428. Thank you!

CERT Program Still has Openings

The second round of training in Bolton's Citizens Emergency Response Team (CERT) training starts January 11th, and there are still plenty of openings for those who may be interested. Although priority for seats in the class is given to Bolton residents, the program is open to all interested citizens.

CERT volunteers are not first responders, but are trained to provide assistance to first responders, and in an emergency like that caused by October's freak snowstorm, can offer valuable assistance to the town's Emergency Management team. (More information about the program is available at <http://www.citizencorps.gov/cert/>)

Classes in the CERT training program, which is offered at no charge, will be held in Bolton's Public Safety Building from 6:30 to 9 pm on the following dates: Jan. 11, 25; Feb. 1, 8, 13, 29; March 7, 14, 21.

The program is open to people age 18 and older; participants must apply for a CORI background check (Criminal Offender Record Information), which can be done through Linda Day at Bolton Town Hall. (CORI forms will also be available at the first training session.) Students younger than age 18 may participate in the training when accompanied by an adult, but are not eligible for certification and would not be deployed in the event of an emergency.

To register, contact Lynda King at l.king42@verizon.net or 978-365-3314.

SPED PAC

Programs and Policies

The SPED PAC meeting on Wednesday, January 25th at 7:15 pm at Nashoba Regional High School will focus on a variety of issues and programs impacting special needs students. Included will be a presentation and discussion about the district's physical restraint policy.



The district-wide SPED PAC offers presentations on a variety of subjects and provides a forum for interaction with other parents, professionals and community members who have experience with children with special needs. For more information, other meetings, or to be added to the monthly email distribution, please contact Joan Finger (978)337-5132 or Joan@ZooterGroupTutoring.com or visit the SPED PAC page at www.nrsd.net.

Join us for the Relay for Life Kickoff

**Come fight cancer and have
a fun night out!**

**Challenges for a Cure
the "Minute To Win It Way"!
Friday, January 6, 2012
(Snow date January 12th)**

Pasta Dinner and Show

Dinner: 5 - 6:30 pm
Show: 7:00 pm
Combo Ticket: \$10
Show: \$5

**Nashoba Regional High School
12 Green Road (Rte 117)
Bolton, MA 01740**

MID-YEAR EXAM SCHEDULE 2012

Date	Period	Time	Date	Period	Time	Date	Period	Time	Date	Period	Time
1/20/12			1/23/12			1/24/12			1/25/12		
Fri Day 7	A-Exam	7:40-9:10	Mon Day 8	B-Exam	9:40-11:10	Tues Day 1	D-Exam	9:40-11:10	Wed Day 2	F-Exam	9:40-11:10
	Break	9:10-9:16									
	B	9:20-10:06		D-Period	11:12-12:46		F-Period	11:12-12:46		A-Period	11:14-12:48
	C	10:10-10:56		C-Exam	12:50-2:20		E-Exam	12:50-2:20		G-Period	12:50-2:20
	G	11:00- 12:38									
	E	12:44- 1:30									
	F	1:34 -2:20									

- Exam Periods will be 90 minutes
- On Friday January 20th, a 6 minute break will be for the whole school. Students may visit the snack shack during this time.
- Lunch Mon., Tues., and Wed. will be:
 - 1st lunch.....11:12-11:34 (22min)
 - 2nd lunch.....11:36-11:58 (22min)
 - 3rd lunch.....12:00-12:22 (22min)
 - 4th lunch.....12:24-12:46 (22min)
- Students should remain in their scheduled exam classroom for the entire time. Remind students to bring reading or study materials with them.
- In the event of inclement weather cancellations, the schedule will be pushed back additional days as necessary.
- It is the teacher's choice whether to use the periods between exams as a study period or a review period for the next exam.

Join the Nashoba Regional Scholarship Foundation

Provide your name and contact information below and we will let you know about our next meeting.

Title: Mr. Mrs. Ms.

First Name: _____

Last Name: _____

Phone: _____

Email: _____

Town: _____

Check any sub-committees or roles you are interested in:

- | | |
|---------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Secretary | <input type="checkbox"/> Fundraising |
| <input type="checkbox"/> Investments | <input type="checkbox"/> Publicity |
| <input type="checkbox"/> Treasurer | <input type="checkbox"/> Database |
| <input type="checkbox"/> Governance | <input type="checkbox"/> Membership |
| <input type="checkbox"/> Awards Committee | <input type="checkbox"/> Webmaster |
| <input type="checkbox"/> General assistance | |

Drop this information off with a member, with NRHS Guidance Office, or mail it to:

NRSF
P.O. Box 523
Bolton, MA 01740



Nashoba Regional Scholarship Foundation

A Chapter of Dollars for Scholars®

P.O. Box 523
Bolton, MA 01740

Membership Contact: Sean Doyle
Phone: 978.365.2303



Nashoba Regional
Scholarship Foundation
A Chapter of Dollars for Scholars®



!!! HELP !!!
WE NEED
VOLUNTEERS

Nashoba Regional Scholarship Foundation

A Chapter of Dollars for Scholars®



What is NRSF?

The Nashoba Regional Scholarship Foundation (NRSF) is a group of parents of current and former Nashoba students responsible for raising and giving out many thousands of dollars each year in scholarships.

For over 20 years the NRSF has been providing scholarships to NRHS Seniors. In 2011, we awarded twenty \$1,000 scholarships to deserving students.

Well Established Chapter

NRSF is a 501(c)(3) tax-exempt nonprofit and a chapter of the national Dollars for Scholars® organization. This structure gives our local chapter stability, guidelines and some assistance but all decisions and funds raised stay with our local chapter.

In Search of New Blood

Our chapter has many long time members and is looking for new members to bring in new ideas.

The committee is welcoming and encourages fresh thoughts. One recent recruit commented, "The NRSF members have been so supportive of my ideas and I like that there's no pressure to get more involved than I want."

What's Involved?

Meetings are once a month during the school year for about an hour. Involvement beyond that depends on your role or tasks undertaken.

All levels of commitment are welcome. We need people who can only make a minimal time commitment as well as those interested in being a leader of a subcommittee or serve on the Board of Directors.



The best news is that the NRSF is in great shape financially. However, we need to add new people and ideas in order to build upon the great foundation that currently exists.

The people of Stow, Bolton and Lancaster are generous supporters of this scholarship fund. Please consider joining the team that makes sure their support gets to our NRHS Seniors.

There are many interesting opportunities for NRSF members. You may read & evaluate student scholarship applications, oversee investments or finances, work on fundraisers, help decide how we award scholarship funds, build our membership, publicize our accomplishments, or create a web presence for us.

We need your help! Please fill out the form on the back of this brochure and return it to the NRSF. Thank you!