#### Nashoba Regional High School http://nrhs.nrsd.net

John G. Smith, Principal Jeremy Roche, Assistant Principal Peter Richards, Dean of Students

High School Office (978)779-2257

Guidance Office (978)779-0122

## Nashoba Pride

The Nashoba Regional High School community works together to achieve high intellectual and ethical standards while discovering and developing the gifts and talents of all. Each member of our school community recognizes his or her role and responsibility in creating a learning environment based upon respect, trust, teamwork and enthusiasm.

Volume 7 Issue 4 December 2005

#### From the Principal's Desk



Dear Nashoba parents and students:

The district is offering an opportunity for a late bus this year. The cost for the program is \$25 per month. The bus will leave Nashoba at 5 P.M. and will drop students off at each of the three town's libraries. If interested please bring a check made out to Nashoba Regional School District to the main office. Students will be given a monthly pass. We need to sell approximately 84 passes in order for this program to run. This program will enable students to attend extra help sessions, take care of disciplinary obligations and participate in some athletic and intramural programs. For more information please contact the high school.

Sincerely

John G. Smith Principal

#### **Student Spotlight**

Congratulations to senior Connor Hogan who won a \$2000 college scholarship from the Verizon Future Leaders Scholarship. The scholarship identifies young men and women who will be tomorrow's leaders. In partnership with Verizon, the Massachusetts Amateur Sports Foundation (MASF) awarded the scholarship to Connor for his leadership through community service, academic excellence, and athletic achievement.

The MASF and Verizon award scholarships because they believe the true value of athletic participation lies not in the outcome, but in the lessons learned. Sports teach responsibility to self and to others, foster a sense of selfworth, and develop an appreciation for the importance

of setting goals and working to achieve them. When learned well, these lessons help make effective leaders – in business, education, and the community. Connor has proven to all that he has all the qualities to be that effective leader. Congratulations Connor!



## Parent Conferences Thursday, December 8, 5:00—8:00 PM Friday, December 9, 7:30—11:30 AM

Call 978-779-2257 X 0 on November 29th, 30th, and December 1st between 9:00 AM and 2:00 PM to schedule your conferences.

Please have a list of teachers you would like to meet with, as the scheduler does not have this information available.

We encourage you to bring your son/daughter with you to the conference.

#### Notes from the Media Center

I'd like to thank everyone who visited the Media Center during Open House in September and participated in the annual Apple Pie Contest. Many thanks to Bolton Orchards for donating the gift certificates for the apple pies!

Due to the generous grant from 3M Company, the Media Center will be activating its new security system within the month! Thanks to the effort and time donated by the scouts and parents of Troop 1 BSA, Stow, the activation of the system is on track, having prepared almost 5,000 books for the implementation of the new system over the Veterans' Day weekend.

### Classics Professor to Visit Nashoba's English Classes

Two members of Nashoba's English Department participated in a summer institute sponsored by the Massachusetts Department of Education with the instructor Stephen Esposito, a professor in the Classics Department at Boston University. The summer course, entitled "Hope and Tragedy in Ancient and Modern Texts", incorporated The Odyssey, Night, Antigone and Medea. These works are taught by Ms. Winkler and Mrs. Lynch to their ninth and tenth graders. As one follow-up activity, Professor Esposito has graciously agreed to visit classes here at Nashoba on December 8. During the time he will spend with Nashoba's students, he will share his extensive knowledge of Greek culture, history and geography. In addition, Professor Esposito will demonstrate how to examine Homer's epic similes and themes. Such background enrichment will support the efforts of both the teachers and the students.

As inspiring as this activity promises to be, it is not the only follow-up to the course which had tremendous benefits for each teacher. Ms. Winkler and Mrs. Lynch were required to develop and share a curriculum unit utilizing strategies modeled in the course during a weekend this fall. One of their curricular objectives is to help students recognize the relevance of classical themes in their modern lives.

#### **Student Council**

November has been a busy month for student council! We attended the annual CDMASC Fall Conference at Bartlett High School in Webster, MA. Members Betsy Hagermoser and Lindsey Murray, and advisor Mrs. Peer presented a successful workshop on Relieving Stress. November 18th was the onset of the annual Class Competi-

tions!!! Along with class officers and many other student leaders, Council helped run the various events including Powderpuff Football, Penny Wars, Theme Days, Hall Decorating, and of course, the annual Thanksgiving Rally. All proceeds from the week will be donated to the American Red Cross.

December is fast approaching and we are getting ready for our annual Holiday Food Drive. Students will compete in their B period classes by bringing in nonperishable food items. The class with the



most will win Dunkin Donut gift certificates. The drive is being held from Monday, December 5, through Thursday, December 15. We would like to thank you in advance for your donations.

#### Senior Class News

The Senior Class is beginning to plan senior banquet and prepare for senior festivities. In order to participate in these fun activities, seniors need to pay class dues. The majority of the Senior Class still owes dues of \$25. Please give your dues to Miss McAuliffe or Miss Siciliano.

**Senior Parents**: Please see the Yearbook News section for an opportunity to celebrate your senior's achievement"

#### Yearbook News

Yearbooks are now on sale for underclassmen! There are a limited number of copies that will be available, so reserve your yearbook today! The cost is \$70 for 184 pages chronicling the 2005-2006 year at Nashoba Re-



gional High School. See Miss Siciliano with your check for \$70 to reserve your copy today! The Yearbook still has space for advertisements from senior parents to their children. This is a fabulous opportunity for senior parents to show their pride and love for their graduating student in the yearbook. Submit a message and photos and we will design a page for you. Prices are as follows: full page \$200, half page \$150, quarter page \$100, eighth page \$50. The deadline has been extended until Wednesday, December 7<sup>th</sup>. Send your advertisement and check written to Nashoba Regional High School to Laura Siciliano, Nashoba Regional High School, 12 Green Road, Bolton, MA 01740

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#### **Attention Parents of Juniors**

WE NEED YOUR HELP!! The Junior class is currently in the process of planning for next Springs junior prom and after prom party. In order to acquire a location to hold the after prom party, we must raise a significant amount of money. Traditionally, the parents of the junior class have helped raise the funds for this event. If you are able to contribute to this effort in any way you can contact Dan Glover, Junior class advisor, at 978-779-0122 or at <a href="mailto:dglover@nrsd.net">dglover@nrsd.net</a>. We will be having a meeting in early December to begin this process. Please remember that having an after prom party allows our students an enjoyable and safe location to attend that is alcohol and substance free.

#### **Attention Parents of Sophomores**

Your late night supervisory skills are being sought. The Junior class is in need of chaperones for the upcoming After Prom Party that will be held from 11:00 PM until 5:00 AM on the night of Friday, May 12th. If you are interested in staying up all night (or part of the night) watching tired teenagers hang out and eat, please contact Dan Glover, Junior class advisor at 978-779-0122 or dglover@nrsd.net.

#### Notes from the Nurse's Office

Welcome to November everyone!

A Little History....Last month, school nurses all over Massachusetts celebrated the 100th Anniversary of School Nursing in Massachusetts. The first school nurse in Boston was Annie McKay. She was hired to cover three very busy schools and her primary focus was to teach children how to be healthy by teaching them cleanliness and personal hygiene. Annie, however, also found herself dealing with the major problem of high absenteeism because of illness or work. In a very short time, the numbers of absenteeism fell so significantly that they hired 4 more nurses in 1906 and 33 more nurses and a supervisor in 1907. And so it all began.

#### The Great American Smokeout



On Thursday, November 17, 2005, the American Cancer Society sponsors its annual Great American Smokeout. If you have thought about quitting, why not try this out

for the day. It never hurts to try. Go to the following web sites for more information or STOP by the nurse's office. We can help you start a smoking cessation program. Good Luck !!!!!!!!

http://www.cancer.org/docroot/PED/ped 10 4.asp http://www.quitsmoking.com/info/articles/smokeout.htm

#### Influenza

It is time to start thinking flu and flu shots. Check with your pediatrician about your children getting flu shots. Check with your own primary care physician or your town Board of Health about your flu shot.

- The Mass Department of Public Health offers wonderful information about the influenza virus.
- Avoid close contact with others who are ill.
   Avoid holding, hugging or kissing anyone who has a cold or the flu.
- Those with young children, immune system problems and the chronically ill should avoid large crowds, unless necessary.
- Avoid bird markets and farms, or direct contact with birds when visiting countries that have bird flu.
   For additional information about travel to countries that have bird flu (H5N1), visit the CDC traveler's website at: <a href="http://www.cdc.gov/flu/avian/index.htm">http://www.cdc.gov/flu/avian/index.htm</a>
- Get a flu shot annually.

  The current flu vaccine does not provide protection against bird flu. But, getting a flu shot every year is an important way to stay healthy.
- Ask your health care provider if you should get a pneumococcal shot.
   You may need it if you are at high risk. <a href="http://www.mass.gov/dph/cdc/epii/flu/flufacts.htm">http://www.mass.gov/dph/cdc/epii/flu/flufacts.htm</a>

#### **Cold Weather**

Dress well in the morning and remember that it is November and along with that comes the colder weather!!!!!

## Help Support the New Nashoba FIRST Robotics Team!

FIRST (For Inspiration and Recognition of Science and Technology) is a multinational organization which promotes the advancement of interest levels in Science, Technology, and Engineering. Every year, high school FIRST teams compete in the FIRST Robotics Challenge. Teams have six weeks, starting in January, to design, build, and program a robot.

Not only is FIRST a great way to increase student interest in Science and Engineering, it also provides invaluable learning experience for students who are already planning on focusing on an engineering career.

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This is the first year that Nashoba Regional will be competing in a FIRST event. Although we only started assembling a team in September, we already have over 20 students as well as a number of teacher and community advisers. We are all looking forward to a great season!

Due to registration, travel, and equipment needed, a FIRST team typically requires approximately \$12,000 to be successful. Because of this, we are asking for your help in the form of individual donations. Any donation would be appreciated and will help Nashoba be a part of this great organization for many years to come.

Please make checks payable to:

Nashoba FIRST C/O Alan R. Levin 128 Eastend Road Bolton, Ma 01740.

Name:	
Address:	_
Amount:\$	
All donations are tax-deductible.	

#### **Drama News**



Congratulations to all who participated in making this fall's comic presentation, *Auntie Mame* a success! Once again we especially thank Bill Grady who produced the show and directed a cast of 38 Nashoba students as they presented the story of young Patrick's life with his *Auntie Mame*. With Mame's apartment redecorated for every scene, multiple props, and costumes for the large cast,

the technical crew was especially busy. Kudos to the actors for their hilarious portrayals of the zany characters Mame brought into her nephew's life. Congratulations and thank you to all the adult volunteers who labored behind the scenes to support the show. Their work is seen in the sets, costumes, make-up, refreshment stand, tickets, and more as well as the redesigned program books.

Mark your calendar for the next Nashoba Drama event, the *Class Play Competition*. Students from each class manage every aspect of these one-act plays, from performing to producing, directing, technical crews, and sometimes writing. Parents, please support the students' efforts by monitoring a rehearsal if requested by one of the producers. The *Class Play Competition* will take place on Friday, January 20, at 7:30 PM (snow date Jan. 21). Good luck to all participating students, and may the best

class win!

This year Friends of Drama will be holding a raffle for goods and services during the Spring Musical. We have some exciting offerings so far! If you have a nice item or gift certificate to donate, please contact Trisha McNally <a href="mailto:Trishamcn@aol.com">Trishamcn@aol.com</a> or Donna Capone <a href="mailto:GotoLind-say@aol.com">GotoLind-say@aol.com</a>.

Auditions for the spring musical, *Singin' in the Rain*, will be held in <u>early January</u>. This is the biggest production of the year, and all students are encouraged to participate. Along with principal roles, there are many opportunities for students to contribute to a successful and exciting show. Available spots include minor roles, chorus, stage crew, lighting, set construction and painting, props, costumes, make-up, tickets, ushers, and refreshments. Each part is crucial to the overall achievement of a fun-filled, crowd-pleasing show — all are welcome!

The next Friends of Drama meeting will be on Wednesday, January 4, at 7 p.m. in the NRHS cafeteria. Don't forget to check our website: <a href="www.nashobadrama.com">www.nashobadrama.com</a>

## Nashoba Regional Scholarship Foundation Annual Campaign

NRSF would like to thank those who have already made donations to this year's Annual Campaign. We have been pleased with the response so far and would like to remind you that if you have not already made a donation, it is not too late! We would love to have your help in making scholarships available to more students. If you haven't yet had a chance to respond, donations can be made at any time and are tax deductible!

### Men's and Women's Basketball Alumni Information Needed

Do you or anyone you know have statistics from years past? We are looking for career point totals, wins, losses, all-star achievements, etc. If you have any of this information or know of anyone who has the information could you please contact Jim Adams, Boys' Varsity Basketball Coach at jadams@nrsd.net or write to him at NRHS C/O Jim Adams 12 Green Rd., Bolton, MA 01740. Thank you for helping get our records updated.

# WERE YOU A NRHS BASKETBALL PLAYER? OR ARE YOU A PART OF THE NRHS FACULTY? IF SO,

## WE WANT YOU!



# PLEASE JOIN US FOR THE RE-INSTATEMENT OF THE ANNUAL ALUMNI/FACULTY BASKETBALL GAME MONDAY, DECEMBER $26^{\mathrm{TH}}$ , 2005 5:30 PM — 7:30 PM

To play on the faculty team please contact <a href="mailto:dspedding@nrsd.net">dspedding@nrsd.net</a>
To play on the alumni team please contact <a href="mailto:trich@nrsd.net">trich@nrsd.net</a> or <a href="mailto:laundry2002@yahoo.com">laundry2002@yahoo.com</a>

Thank you for your support of 2005-2006 Nashoba Basketball Tickets for the game will be available at NRHS 12/20-12/23 Or at the Door on December 26<sup>th</sup>....T-Shirts, Prizes and More!

