

Nashoba Pride

Integrity—Communicate—Achieve—Relate—Engage

Parry Graham, Principal
Brian Cote, Assistant Principal
Kerri-Ann O'Donnell, Assistant Principal
Tania Rich, Athletic Director

High School Office (978)779-2257

<http://nrhs.nrsd.net>

Guidance Office (978)779-0122

Volume 17 Issue 5

January 2016

DECA NEWS

Nashoba DECA is back in business, literally! DECA members have been enthusiastically working on their 5, 11 and 30 page papers, as well as role plays, all in preparation for Nashoba's DECA Mock Competition. The competition took place on December 10th in the Nashoba Auditorium. The volunteer judges were community professionals in the business field. The event was a success for the DECAcated students of Nashoba with a fun twist in the competition for the Nashoba Best Buddies.



The day kicked off with students rushing to the business classroom before first period to greet their group and drop off their posters. For newcomers, this is where the angst set in. The daunting plan board boasted #RoadToNashville setting the bar high for nationals. The first wave of students headed down to compete around 8 am.

Each wave of presentations was given 10 minutes to prepare within their group. Note cards were flying, posters were flopping, and stress was through the roof. When the teams were ready to compete, they were called into the auditorium where they met their judge.

DECA teams presented in a one-on-one setting with a judge. They were given 10 minutes to present and another 20 minutes to chat about the project. Judges gave valuable feedback to the presenters. In addition to verbal constructive criticism, judges filed a feedback sheet with further suggestions in the group's folder. The stress of the presentation finally concluded after judges sent the students back to class.

When DECA members headed back to class, the Nashoba Best Buddies headed down to face their judges in their very first Best Buddies business competition. In the few weeks leading up to the competition, the Best Buddies had a blast preparing their presentations. They were prompted to create a roller coaster based on their favorite movie and favorite colors. After their coaster was drawn out and decorated, they created a presentation that described why their design plan was the best. On competition day, they present-

ed in a low-stress environment to the same judges that judged the DECA mock.

Each Best Buddy was paired with their peer buddy and other students from the Marketing and Community Partnership class. The roller coasters created by the Best Buddies were influenced by movies such as Batman, Star Wars, and Frozen. Each group won a prize unique to their roller coaster design. The whole day would not have been possible without the tireless effort by Mr. A, Mr. Murphy, Mrs. Foley, and all of the Best Buddies teachers.

The exciting day got the Nashoba DECA members ready to rumble for the District competition which will be held on Thursday, January 7th at the Radisson Hotel in Chelmsford and State DECA competitions, which will be in March. Though the business-filled day was formal, students and judges got to relax and enjoy the tremendous efforts of the Nashoba Best Buddies in the presentation of their roller coaster. Mr. A is already planning improvements for next year! Nashoba DECA would also like to give a big thanks to our amazing and generous sponsors, Clinton Savings Bank, Mass Gymnastics and TD Bank.

A NOTE FROM THE NURSES:

Holidays for High Schoolers:

We would like to send out a special thanks to our caring and giving communities of Bolton, Lancaster and Stow. We received contributions to our "Holidays for High Schoolers" program. Although the number of students in need has grown considerably for the past few years, we were able to provide generous gifts to 53 students this year. There's nothing like a true "Secret Santa" gift to light up the faces of teenagers who might otherwise go without. As always, we appreciate your support from the bottom of our hearts and hope that you all have a happy and healthy New Year!

PS. A tax deduction letter will be mailed out to anyone that made a donation.

Migdalia Rivera , Rosemary Sullender, Linda Oetman,
NRHS Nurses

(Continued on page 2)

KIDGER AWARD RECIPIENT

Congratulations to Nashoba Social Studies teacher Tim Castner, who is this year's recipient of the Kidger Award. First awarded in 1952, the Kidger Awards are given each year to one college or university faculty member and one pre-college history teacher for excellence in teaching, research and writing, and service to the profession. The award honors Horace Kidger, a teacher in the Newton School and at Harvard who served as secretary for the NEHTA for a period spanning the two World Wars and some forty years. Mr. Castner will be formally presented with the award in April at the New England History Teachers Association conference.

FRIENDS OF MUSIC NEWS

FRIENDS OF MUSIC MEETING: January 11th

Parents, please join us at our next meeting on Monday, January 11th, at 6:30 pm, in the chorus room.

CENTRAL DISTRICT FESTIVAL:

The 2016 Senior District rehearsals will take place on Wednesday, January 13th (snow date: January 14th) and Friday, January 15th (snow date: January 16th) from 3:00 pm - 9:00 pm. The ensembles will rehearse at Wachusett Regional High School in Holden, MA. We will be leaving NRHS at 2:00 pm on rehearsal days and return by 9:30 pm.

TICKETS: Tickets for the concert will be on sale during the Wednesday, January 13th rehearsal. Students are allowed three tickets per student on the first day. Remaining tickets will be sold on the Friday rehearsal. Tickets are sold only to teachers. Students need to bring in their ticket money and orders to Mr. McCarthy so that he may buy them during the January 13th rehearsal. Mr. McCarthy will take the orders the day of the rehearsal. Tickets are \$15 each. Checks should be made out to CDMMEA.

DRESS REHEARSAL: Dress rehearsal for Central Districts will be Saturday, January 16th (Snow date January 18th) at 10:00 am at Mechanics Hall in Worcester. Our bus will leave NRHS at 9:00 am. Students may not drive themselves to this rehearsal. We do ask that our students get picked up at Mechanics Hall. If this is not possible, please indicate this to Mr. McCarthy or Ms. Pelchat by Wednesday, January 14th.

CONCERT: The Central MA district ensembles concert will be held at Mechanics Hall in Worcester on Saturday, January 16th (snow date: January 18th) at 4 pm.

ALL STATE AUDITIONS:

All-State auditions will be held on Saturday, January 23rd (snow date: January 24th) at Shrewsbury High School. Good luck to senior, Dan Yapp, and junior, Evan

Daisy, who will be auditioning for these prestigious ensembles.



January 13, 2016

Parent Workshop: How Can DDS Help Your Family?

If your special needs child is 16 years old and will require housing, transportation, daily living and/or job assistance as an adult, then this workshop is a must. Planning for your student's post-school life should be started earlier than you think.

Catherine Keese, DDS Service Coordinator Supervisor, will provide a general overview of DDS services and how DDS Service Coordinators work with families, focusing on the transition years 18-22. She will also discuss the new population that DDS is beginning to provide services for: high functioning autism.

Where: High School, Room 216, 12 Green Rd, Bolton
Time: 7:00 – 8:30 pm

BASKETBALL PROGRAM SEEKS SPECIAL ATHLETES & STUDENT VOLUNTEERS:



Nashoba United Sports, formerly Nashoba Unified Sports (Central MA Community Sports), the local program pairing special athletes with typical age-mates invites student volunteers and special athletes to participate for the 2016 winter season. The program meets on Sunday afternoons at one of the schools in Stow beginning January 24th and continues through March 20th (week before Easter) with the exception of the February vacation weekends. Calendar and school location will be sent to those who register. Students will not be turned away for late registration, but to ensure a T-shirt, please register by January 9th.

For more information, times and registration materials or to express interest, please contact Joan Finger at Joan@ZooterGroupTutoring.com (978-337-5132) or Bob Moalli at bobmoalli@gmail.com. Upper elementary, middle school and high school athletes interested in helping coach or play as part of the team with the special needs students should also contact Joan Finger or Bob Moalli.

(Continued on page 3)

BOOSTER NEWSLETTER – JANUARY 2016

MAKING A DIFFERENCE! Please join us for the Winter Open Meeting to be hld on January 28, 2016 at _____ in the high school cafeteria. Parents of all student athletes are welcome and encouraged to attend. If you would like to become more actively involved but cannot attend the meeting, please contact Mark Shaye at NashobaBoosters@nrsd.net.

TRIVIA NIGHT. Thank you to everyone who supported the Booster Club's second annual Trivia Night. It was a huge success with not a seat to spare. We raised over \$700 to support our student athletes.

VINEYARD VINE TIES. Great Opportunity for the Preppy Lover to purchase one or more of these **Limited Edition** Nashoba Vineyard Vines ties. We have limited quantities of the two classic colors pictured on the attached flyer. Regular Vineyard Vines ties retail for \$85 but the custom Nashoba Vineyard Vine ties are available for only \$55. See flyer for ordering instructions.

APPAREL. The on-line store is always open! Please note we have a new web address -<http://shopnhs.itemorder.com>. Check it out to see what Chieftain items are offered!

Also, the Booster Club will continue to offer select items for purchase (water bottles, head bands, cinch sacks and socks) at games or by contacting Rosanna Chiodo at rhodysam@aol.com.

TEAM BONDING CONTEST. The Winter Team Bonding contest has begun. If you became a member this Fall you will automatically be counted for the Winter contest. If you have any questions please contact Catherine Hammill at catherinehammill@gmail.com.



Executive Board

President	Mark Shaye
Vice President	Jen Cunningham
Treasurer	Gena Trant
Secretary	Danielle Hill

Committee Chairs

Membership	Catherine Hammill
Concessions	OPEN
Fundraising	Jennifer Cunningham
Scholarship	Patti Colarossi
Publicity	Gigi Lengieza and Lynn Burke
Apparel	Rosanna Chiodo & Michele Basile
Volunteer Coord	OPEN

Visit our website www.NashobaBoosters.com.

And follow us on Facebook, Twitter (@NashobaBoosters) and Instagram (NashobaBoosters)

Nashoba Athletics

Booster Club

2015 – 2016 Membership

The Nashoba Athletics Booster Club is the official parent volunteer support organization for NRHS Chieftain Athletics! The Booster Club proudly supports all NRHS student athletes. Please join the Booster Club to support our student athletes! Your participation will help us fund the “wish lists” for extra/new equipment, supplies and materials to promote Chieftain spirit, and provide scholarships for senior athletes!

Parent(s) Name: _____

Street Address, Town & Zip: _____

Phone: _____ Email: _____

Please tell us about the high school athletes you have in your family!

Student(s)	Grade(s)	Sport(s)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Membership - 2015-2016 (Sept '15 – Jun '16)

Membership at any level is welcome—select the level below. (Members will be recognized for their support on our website).

- Chieftain: \$ 25.00 - Members receive a Booster decal***
- MVP: \$ 50.00 - Members receive a Booster decal *plus \$10 Concession Voucher**
- Champion: \$100.00 - Members receive a Booster decal*, \$20 Concession Voucher plus a merchandise surprise spirit pack worth up to \$25**
- Other: \$_____ - Members receive items listed above based on the membership level met. (If you do not wish to receive the items please check here ____).**

*Booster decals limited to first 100 members

Please volunteer! In addition to financial support we also need volunteers. If you can volunteer (even for just a couple of hours) in any of the following areas we can use your help. Please join the fun! Check all areas you are interested in:

- Concessions Fundraising Spirit & Apparel Membership
- Volunteering Publicity Team Representative Scholarship Admin & Awards
- Executive Board Member Other: _____

Please make checks payable to: Nashoba Athletics Booster Club (NABC)
P. O. Box 621, Bolton, MA 01740 OR Leave in the Booster’s mailbox in the NRHS Main Office

Click the “Follow” button on our website [HYPERLINK](http://www.NashobaBooster.com/)
["http://www.NashobaBooster.com/"](http://www.NashobaBooster.com/) www.NashobaBooster.com to get all current information
Thank You for your support!

BOLTON REPAIR CAFÉ EVENT SATURDAY, JANUARY 23

Do you have a lamp with a frayed cord or a bike with a broken brake? Maybe a shirt or blouse with a loose or missing button? Don't toss it! Bring it to the next Bolton Repair Café on Saturday, Jan 23, from 9 am to 1 pm. The event will be held at a new location, the cafeteria at the Florence Sawyer School, 100 Mechanic Street in Bolton. The school is located behind the Emerson School, which is on the same driveway/street. Residents of Bolton and surrounding towns are invited to come and find out what a Repair Café is all about.

At the Repair Café, sponsored by the Rotary Club of Nashoba Valley, everything centers on making repairs. Knowledgeable volunteers will help repair items such as mendable clothing, lamps, small appliances, computers and other electronics, bikes, toys, jewelry, and dull blades— free of charge. (Some small parts may be supplied, such as wire or thread; you will be asked to pay for other parts.) If you know what parts are needed, please get them ahead of time and bring them to the Repair Café to save time.

Volunteers at the Repair Café will look at all items brought in and try to repair them. If the volunteers cannot repair something, they will offer suggestions about where you could go for repairs.

Unlike a "fix-it" shop where people drop off items to be repaired and continue about their day, the Repair Café is meant to get people involved with the repair process and create connections with others in the community. People bringing in items for repair are asked to stay while your items are being fixed. You can just watch, help with the repair, fix the item yourself with help from volunteers, or just have a snack and visit with neighbors.

The Repair Café idea is catching on in the area. In addition to the Bolton events, the Stow Council on Aging, with help from the Rotary Club of Nashoba Valley, held an event in Stow in September. They are planning to hold their next event in April. The Westborough Public Library, together with the Rotary Club of Westborough, is planning to hold their first event in February or March.

The Bolton Repair Café is sponsored by the Rotary Club of Nashoba Valley with support from Bolton Local and the Repair Café Foundation. These events have been held in Bolton 3 times a year starting in September, 2013.

2016 FEDCO SEED ORDER



Support the Bolton Community Garden by ordering your 2016 garden seeds from Fedco Seeds in Maine. The seed order is great to do as you get a 10% discount off Fedco's already low prices on many organic, but otherwise non-GMO vegetable, herb and flower seeds. This offer also includes free shipping. Anyone who lives in Bolton or neighboring towns is welcome to participate in this group order. A pick up date time will be set up once the seeds are available.

Orders can be placed on-line and you can start now by going to www.fedcoseeds.com/seeds/. Once you place your order on-line, when checking out, choose "Part of a group" as your shipping option. You will then need to enter the Group Name as Bolton Community Garden and the Group Order Number as 99002. Use your own address and phone number as the contact information so that we know who you are.

Payment is through us. Write a check payable to "Bolton Local" for the amount of your order less 10%. Make sure your check has your email address and a phone number so we can contact you when the order is received. Send the check to BCG, c/o David Velten, 67 Green Rd, Bolton, MA 01740. If you have questions, you can call Dave at 978-779-5422 . Note: **deadline for ordering is Sunday, February 7.** Please be sure we receive your check by Wednesday, February 10. The early order deadline is necessary so we have a good chance of receiving what we order. Some seeds are available in limited quantities and sell out early, so order your seeds now so you aren't disappointed.